

LAMPIRAN A

KUESIONER PENELITIAN

PENGANTAR

Selamat pagi/siang/sore/malam

Pada kesempatan ini, saya selaku peneliti sebelumnya ingin mengucapkan terima kasih atas kesediaan saudara/i untuk mengisi kuesioner ini. Penyebaran kuesioner yang saya lakukan ini dalam rangka pengambilan data untuk skripsi yang tengah saya buat dengan judul “Gambaran Konsep Diri Pada Remaja Putri Yang Mengalami Obesitas ” hasil yang saya dapatkan dari kuesioner ini akan saya gunakan sebagai data penunjang dalam penelitian saya.

Dalam kuesioner ini tidak ada jawaban yang benar atau salah. Oleh karena itu, saudara/i dihimbau untuk mengisinya dengan sungguh-sungguh sesuai dengan keadaan diri saudara/i, dan sesuai dengan apa yang anda rasakan. Tidak ada penilaian dalam kuesioner ini. Saudara/i tidak perlu khawatir, karena identitas saudara/i tidak dipublikasikan. Demikian juga dengan hasil penelitian ini, murni hanya untuk kepentingan akademis saja.

Atas perhatian dan kesediaan saudara/i saya ucapkan terima kasih.

Hormat saya,

Agung Nugraha

Petunjuk Pengisian Kuesioner

Berikut ini terdapat beberapa pernyataan yang menggambarkan kondisi tertentu. Setiap pernyataan memiliki empat pilihan jawaban, pilihlah jawaban yang menurut anda paling menggambarkan diri anda. Pilihan tersebut adalah :

SS : Sangat Sesuai

S : Sesuai

TS : Tidak Sesuai

STS : Sangat Tidak Sesuai

Contoh :

➤ Badan saya ideal.

SS	S	TS	STS
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Pastikan tidak ada pernyataan yang terlewat pada saat anda akan mengumpulkannya.

SELAMAT MENGERJAKAN

DATA PRIBADI

Bagian ini berisi sejumlah pertanyaan. Kamu diharapkan untuk melengkapi semua pertanyaan yang diberikan.

Usia :

Pekerjaan Orang tua :

Ayah :

- a. PNS
- b. Wiraswasta
- c. Pegawai Swasta
- d. Guru
- e. Dll.....

Ibu :

- a. PNS
- b. Wiraswasta
- c. Pegawai Swasta
- d. Guru
- e. Dll.....

Hobby :

- a. Olahraga
- b. Traveling
- c. Dll.....

Apakah anda mempunyai anggota keluarga yang obesitas :

- a. Ya
- b. Tidak

Status :

- a. Pacaran
- b. Tidak berpacaran

NO	PERNYATAAN	SS	S	TS	STS
1.	Saya cantik dan sederhana.				
2.	Saya tampil percaya diri.				
3.	Penampilan fisik saya menarik.				
4.	Saya orang yang taat beragama.				
5.	Membantu mengerjakan pekerjaan rumah.				
6.	Saya disukai teman				
7.	Saya bukan orang yang cantik.				
8.	Malu untuk tampil percaya diri				
9.	Objek bagi orang lain.				
10.	Penampilan fisik saya kurang menarik.				
11.	Saya orang yang malas beribadah.				
12.	Saya cuek dengan diri saya.				
13.	Saya malas membantu pekerjaan rumah.				
14.	Saya mampu mengendalikan diri bila banyak orang.				
15.	Saya adalah orang yang sehat.				
16.	Saya puas dengan agama yang saya yakini.				
17.	Saya mampu mengendalikan amarah saya.				
18.	Keluarga saya sayang kepada saya.				
19.	Saya adalah orang yang mudah bergaul				
20.	Saya bukan orang yang pandai.				

NO	PERNYATAAN	SS	S	TS	STS
21.	Saya sulit mengendalikan diri bila banyak orang.				
22.	Saya merasa bahwa saya pecundang.				
23.	Saya cuek dengan kesehatan saya.				
24.	Saya orang yang sulit mengikuti aturan.				
25.	Saya melakukan sesuatu tanpa memikirkan terlebih dahulu.				
26.	Keluarga saya cuek terhadap saya.				
27.	Saya sulit bergaul dilingkungan.				
28.	Saya orang yang penyayang.				
29.	Saya merasa pintar dibandingkan teman-teman saya.				
30.	Saya menyukai tubuh saya.				
31.	Saya orang yang mengikuti aturan				
32.	Saya adalah orang yang rajin belajar.				
33.	Saya orang yang dihargai oleh keluarga saya.				
34.	Sulit menyayangi orang lain.				
35.	Saya merasa bahwa saya orang yang bodoh.				
36.	Saya melanggar peraturan yang ada dilingkungan.				
37.	Saya orang yang malas belajar.				
38.	Sulit dihargai didalam keluarga.				
39.	Saya malas ikut kegiatan organisasi manapun.				
40.	Orang yang bertanggung jawab.				

NO	PERNYATAAN	SS	S	TS	STS
41.	Saya memikirkan terlebih dahulu dalam bertindak.				
42.	Saya puas dengan kecerdasan saya saat ini.				
43.	Dapat berlaku adil pada teman atau orang lain.				
44.	Saya mampu memahami diri saya.				
45.	Orang yang penting dalam keluarga.				
46.	Sulit bertanggung jawab pada apapun.				
47.	Saya melakukan sesuatu tanpa memikirkan terlebih dahulu.				
48.	Saya merasa bahwa saya kurang cerdas.				
49.	Saya cuek terhadap penampilan saya.				
50.	Sulit berlaku adil pada teman atau orang lain.				
51.	Saya sulit memahami diri saya.				
52.	Orang yang tidak berguna dalam keluarga.				
53.	Orang yang bahagia.				
54.	Saya berkata jujur dan apa adanya pada orang lain.				
55.	Peraturan penting untuk kehidupan saya sehari-hari.				
56.	Mampu untuk mengerjakan sesuatu.				
57.	Keluarga saya nasehati saya bila saya salah.				
58.	Saya peduli terhadap lingkungan saya.				
59.	Orang yang pemurung.				
60.	Sulit menyesuaikan diri dengan hal-hal yang baru.				

NO	PERNYATAAN	SS	S	TS	STS
61.	Saya sulit untuk berkata jujur.				
62.	Bagi saya peraturan tidak terlalu penting.				
63.	Sulit untuk mengerjakan sesuatu.				
64.	Saya cuek dengan lingkungan saya.				

LAMPIRAN B

VALIDITAS DAN RELIABILITAS

```

RELIABILITY
/VARIABLES=VAR00001 VAR00002 VAR00003 VAR00004 VAR00005 VAR00006
VAR00007 VAR00008 VAR00009 VAR00010 VAR00011 VAR00012 VAR00013
VAR00014 VAR00015 VAR00016 VAR00017 VAR00018 VAR00019 VAR00020
VAR00021 VAR00022 VAR00023 VAR00024 VAR00025 VAR00026 VAR00027
VAR00028 VAR00029 VAR00030 VAR00031 VAR00032 VAR00033 VAR00034
VAR00035 VAR00036 VAR00037 VAR00038 VAR00039 VAR00040 VAR00041
VAR00042 VAR00043 VAR00044 VAR00045 VAR00046 VAR00047 VAR00048
VAR00049 VAR00050 VAR00051 VAR00052 VAR00053 VAR00054 VAR00055
VAR00056 VAR00057 VAR00058 VAR00059 VAR00060 VAR00061 VAR00062
VAR00063 VAR00064 VAR00065 VAR00066 VAR00067 VAR00068 VAR00069
VAR00070 VAR00071 VAR00072 VAR00073 VAR00074 VAR00075 VAR00076
VAR00077 VAR00078 VAR00079 VAR00080
  /SCALE('ALL VARIABLES') ALL/MODEL=ALPHA
  /STATISTICS=DESCRIPTIVE SCALE
  /SUMMARY=TOTAL MEANS .

```

Reliability
Scale: ALL VARIABLES
Case Processing Summary

		N	%
Cases	Valid	30	100,0
	Excluded(a)	0	,0
	Total	30	100,0

a Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	Cronbach's Alpha Based on Standardized Items	N of Items
,958	,960	80

Item Statistics

	Mean	Std. Deviation	N
VAR00001	3,3000	,59596	30
VAR00002	2,9667	,66868	30
VAR00003	2,1667	,64772	30
VAR00004	2,9333	,52083	30
VAR00005	3,1667	,64772	30
VAR00006	3,1333	,68145	30
VAR00007	3,2333	,62606	30
VAR00008	3,2000	,40684	30
VAR00009	3,0333	,66868	30

VAR00010	2,9000	,80301	30
VAR00011	2,6667	,54667	30
VAR00012	3,0667	,58329	30
VAR00013	3,3667	,66868	30
VAR00014	2,8667	,81931	30
VAR00015	3,3000	,65126	30
VAR00016	3,2667	,69149	30
VAR00017	3,0667	,44978	30
VAR00018	3,0000	,74278	30
VAR00019	2,1667	,64772	30
VAR00020	3,1000	,54772	30
VAR00021	3,6000	,49827	30
VAR00022	3,0000	,64327	30
VAR00023	3,6333	,49013	30
VAR00024	3,2000	,61026	30
VAR00025	3,1333	,62881	30
VAR00026	3,0667	,86834	30
VAR00027	3,4667	,57135	30
VAR00028	3,2333	,67891	30
VAR00029	3,0333	,88992	30
VAR00030	3,1333	,77608	30
VAR00031	3,3000	,83666	30
VAR00032	3,2667	,73968	30
VAR00033	3,4000	,49827	30
VAR00034	3,2000	,66436	30
VAR00035	2,2333	,56832	30
VAR00036	3,0667	,63968	30
VAR00037	2,9333	,86834	30
VAR00038	2,9000	,60743	30
VAR00039	3,2667	,52083	30
VAR00040	2,7333	,78492	30
VAR00041	3,2000	,61026	30
VAR00042	3,2000	,61026	30
VAR00043	3,3667	,49013	30
VAR00044	3,1000	,71197	30
VAR00045	3,2667	,63968	30
VAR00046	3,0000	,69481	30
VAR00047	3,2333	,72793	30
VAR00048	2,9333	,69149	30
VAR00049	3,3000	,53498	30
VAR00050	3,2333	,50401	30
VAR00051	2,7333	,73968	30
VAR00052	2,8000	,66436	30

VAR00053	3,1000	,60743	30
VAR00054	3,3000	,53498	30
VAR00055	3,1333	,57135	30
VAR00056	2,3000	,79438	30
VAR00057	3,1333	,73030	30
VAR00058	3,2667	,63968	30
VAR00059	3,0333	,55605	30
VAR00060	2,8333	,79148	30
VAR00061	3,0333	,80872	30
VAR00062	3,1333	,62881	30
VAR00063	3,4333	,56832	30
VAR00064	2,4667	,62881	30
VAR00065	3,3333	,47946	30
VAR00066	3,0000	,58722	30
VAR00067	3,1333	,50742	30
VAR00068	2,9000	,60743	30
VAR00069	3,0000	,64327	30
VAR00070	3,1000	,54772	30
VAR00071	3,4667	,50742	30
VAR00072	3,3333	,47946	30
VAR00073	3,1000	,71197	30
VAR00074	3,0333	,61495	30
VAR00075	3,1667	,69893	30
VAR00076	2,9667	,76489	30
VAR00077	3,1333	,68145	30
VAR00078	2,9667	,66868	30
VAR00079	3,4000	,62146	30
VAR00080	3,4333	,62606	30

Summary Item Statistics

	Mean	Minimum	Maximum	Range	Maximum / Minimum	Variance	N of Items
Item Means	3,084	2,167	3,633	1,467	1,677	,082	80

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
VAR00001	243,4000	610,041	,643	,958
VAR00002	243,7333	614,409	,436	,958
VAR00003	244,5333	629,568	-,021	,959
VAR00004	243,7667	615,840	,511	,958

VAR00005	243,5333	613,361	,484	,958
VAR00006	243,5667	619,426	,278	,959
VAR00007	243,4667	614,189	,475	,958
VAR00008	243,5000	620,259	,439	,958
VAR00009	243,6667	610,713	,550	,958
VAR00010	243,8000	605,476	,587	,958
VAR00011	244,0333	620,861	,300	,958
VAR00012	243,6333	606,723	,775	,957
VAR00013	243,3333	608,782	,609	,958
VAR00014	243,8333	603,730	,619	,957
VAR00015	243,4000	609,352	,608	,958
VAR00016	243,4333	625,013	,111	,959
VAR00017	243,6333	622,723	,285	,958
VAR00018	243,7000	607,045	,594	,958
VAR00019	244,5333	627,361	,047	,959
VAR00020	243,6000	616,593	,457	,958
VAR00021	243,1000	614,369	,595	,958
VAR00022	243,7000	608,907	,630	,957
VAR00023	243,0667	615,926	,541	,958
VAR00024	243,5000	613,914	,497	,958
VAR00025	243,5667	608,530	,657	,957
VAR00026	243,6333	600,309	,664	,957
VAR00027	243,2333	607,909	,748	,957
VAR00028	243,4667	603,637	,756	,957
VAR00029	243,6667	595,540	,759	,957
VAR00030	243,5667	604,737	,628	,957
VAR00031	243,4000	613,834	,357	,958
VAR00032	243,4333	607,220	,591	,958
VAR00033	243,3000	618,010	,447	,958
VAR00034	243,5000	630,879	-,060	,959
VAR00035	244,4667	619,637	,331	,958
VAR00036	243,6333	615,275	,430	,958
VAR00037	243,7667	605,495	,540	,958
VAR00038	243,8000	613,890	,500	,958
VAR00039	243,4333	608,668	,793	,957
VAR00040	243,9667	623,964	,121	,959
VAR00041	243,5000	611,224	,587	,958
VAR00042	243,5000	621,293	,252	,959
VAR00043	243,3333	613,954	,623	,958
VAR00044	243,6000	617,697	,314	,958
VAR00045	243,4333	607,289	,686	,957
VAR00046	243,7000	610,838	,524	,958
VAR00047	243,4667	614,326	,401	,958

VAR00048	243,7667	610,461	,538	,958
VAR00049	243,4000	612,110	,639	,958
VAR00050	243,4667	610,120	,761	,957
VAR00051	243,9667	608,033	,569	,958
VAR00052	243,9000	619,403	,287	,958
VAR00053	243,6000	613,903	,500	,958
VAR00054	243,4000	616,938	,455	,958
VAR00055	243,5667	614,875	,498	,958
VAR00056	244,4000	643,628	-,371	,961
VAR00057	243,5667	604,530	,675	,957
VAR00058	243,4333	608,530	,646	,957
VAR00059	243,6667	611,540	,635	,958
VAR00060	243,8667	605,844	,586	,958
VAR00061	243,6667	601,402	,687	,957
VAR00062	243,5667	611,909	,547	,958
VAR00063	243,2667	614,616	,510	,958
VAR00064	244,2333	634,944	-,190	,960
VAR00065	243,3667	619,137	,417	,958
VAR00066	243,7000	620,010	,307	,958
VAR00067	243,5667	619,909	,362	,958
VAR00068	243,8000	621,269	,254	,959
VAR00069	243,7000	610,838	,568	,958
VAR00070	243,6000	615,076	,513	,958
VAR00071	243,2333	619,289	,387	,958
VAR00072	243,3667	615,344	,578	,958
VAR00073	243,6000	607,352	,612	,958
VAR00074	243,6667	613,609	,503	,958
VAR00075	243,5333	609,430	,562	,958
VAR00076	243,7333	618,202	,277	,959
VAR00077	243,5667	608,323	,611	,958
VAR00078	243,7333	618,064	,325	,958
VAR00079	243,3000	620,493	,273	,958
VAR00080	243,2667	612,823	,520	,958

Scale Statistics

Mean	Variance	Std. Deviation	N of Items
246,7000	629,321	25,08626	80

RELIABILITY

/VARIABLES=VAR00001 VAR00002 VAR00004 VAR00005 VAR00007 VAR00008
VAR00009 VAR00010 VAR00011 VAR00012 VAR00013 VAR00014 VAR00015
VAR00018 VAR00020 VAR00021 VAR00022 VAR00023 VAR00024 VAR00025
VAR00026 VAR00027 VAR00028 VAR00029 VAR00030 VAR00031 VAR00032

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VAR00033 VAR00035 VAR00036 VAR00037 VAR00038 VAR00039 VAR00041
VAR00043 VAR00044 VAR00045 VAR00046 VAR00047 VAR00048 VAR00049
VAR00050 VAR00051 VAR00053 VAR00054 VAR00055 VAR00057 VAR00058
VAR00059 VAR00060 VAR00061 VAR00062 VAR00063 VAR00065 VAR00066
VAR00067 VAR00069 VAR00070 VAR00071 VAR00072 VAR00073 VAR00074
VAR00075 VAR00077 VAR00078 VAR00080
  /SCALE('ALL VARIABLES') ALL/MODEL=ALPHA
  /STATISTICS=DESCRIPTIVE SCALE
  /SUMMARY=TOTAL MEANS .

```

Reliability Scale: ALL VARIABLES

Case Processing Summary

		N	%
Cases	Valid	30	100,0
	Excluded(a)	0	,0
	Total	30	100,0

a Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	Cronbach's Alpha Based on Standardized Items	N of Items
,967	,968	66

Item Statistics

	Mean	Std. Deviation	N
VAR00001	3,3000	,59596	30
VAR00002	2,9667	,66868	30
VAR00004	2,9333	,52083	30
VAR00005	3,1667	,64772	30
VAR00007	3,2333	,62606	30
VAR00008	3,2000	,40684	30
VAR00009	3,0333	,66868	30
VAR00010	2,9000	,80301	30
VAR00011	2,6667	,54667	30
VAR00012	3,0667	,58329	30
VAR00013	3,3667	,66868	30
VAR00014	2,8667	,81931	30
VAR00015	3,3000	,65126	30
VAR00018	3,0000	,74278	30

VAR00020	3,1000	,54772	30
VAR00021	3,6000	,49827	30
VAR00022	3,0000	,64327	30
VAR00023	3,6333	,49013	30
VAR00024	3,2000	,61026	30
VAR00025	3,1333	,62881	30
VAR00026	3,0667	,86834	30
VAR00027	3,4667	,57135	30
VAR00028	3,2333	,67891	30
VAR00029	3,0333	,88992	30
VAR00030	3,1333	,77608	30
VAR00031	3,3000	,83666	30
VAR00032	3,2667	,73968	30
VAR00033	3,4000	,49827	30
VAR00035	2,2333	,56832	30
VAR00036	3,0667	,63968	30
VAR00037	2,9333	,86834	30
VAR00038	2,9000	,60743	30
VAR00039	3,2667	,52083	30
VAR00041	3,2000	,61026	30
VAR00043	3,3667	,49013	30
VAR00044	3,1000	,71197	30
VAR00045	3,2667	,63968	30
VAR00046	3,0000	,69481	30
VAR00047	3,2333	,72793	30
VAR00048	2,9333	,69149	30
VAR00049	3,3000	,53498	30
VAR00050	3,2333	,50401	30
VAR00051	2,7333	,73968	30
VAR00053	3,1000	,60743	30
VAR00054	3,3000	,53498	30
VAR00055	3,1333	,57135	30
VAR00057	3,1333	,73030	30
VAR00058	3,2667	,63968	30
VAR00059	3,0333	,55605	30
VAR00060	2,8333	,79148	30
VAR00061	3,0333	,80872	30
VAR00062	3,1333	,62881	30
VAR00063	3,4333	,56832	30
VAR00065	3,3333	,47946	30
VAR00066	3,0000	,58722	30
VAR00067	3,1333	,50742	30
VAR00069	3,0000	,64327	30

VAR00070	3,1000	,54772	30
VAR00071	3,4667	,50742	30
VAR00072	3,3333	,47946	30
VAR00073	3,1000	,71197	30
VAR00074	3,0333	,61495	30
VAR00075	3,1667	,69893	30
VAR00077	3,1333	,68145	30
VAR00078	2,9667	,66868	30
VAR00080	3,4333	,62606	30

Summary Item Statistics

	Mean	Minimum	Maximum	Range	Maximum / Minimum	Variance	N of Items
Item Means	3,135	2,233	3,633	1,400	1,627	,049	66

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
VAR00001	203,6333	561,344	,628	,967
VAR00002	203,9667	564,861	,445	,967
VAR00004	204,0000	566,759	,501	,967
VAR00005	203,7667	563,771	,496	,967
VAR00007	203,7000	564,424	,492	,967
VAR00008	203,7333	571,237	,413	,967
VAR00009	203,9000	562,438	,522	,967
VAR00010	204,0333	555,275	,622	,967
VAR00011	204,2667	571,168	,305	,967
VAR00012	203,8667	557,637	,779	,966
VAR00013	203,5667	559,151	,628	,967
VAR00014	204,0667	554,409	,631	,967
VAR00015	203,6333	559,757	,625	,967
VAR00018	203,9333	557,582	,607	,967
VAR00020	203,8333	567,937	,429	,967
VAR00021	203,3333	565,126	,594	,967
VAR00022	203,9333	559,513	,641	,967
VAR00023	203,3000	567,114	,518	,967
VAR00024	203,7333	564,616	,498	,967
VAR00025	203,8000	559,545	,656	,967
VAR00026	203,8667	550,740	,686	,966
VAR00027	203,4667	558,189	,775	,966
VAR00028	203,7000	554,700	,759	,966

VAR00029	203,9000	546,438	,774	,966
VAR00030	203,8000	555,407	,641	,967
VAR00031	203,6333	564,240	,365	,967
VAR00032	203,6667	558,023	,597	,967
VAR00033	203,5333	568,326	,458	,967
VAR00035	204,7000	570,631	,313	,967
VAR00036	203,8667	566,395	,415	,967
VAR00037	204,0000	556,483	,542	,967
VAR00038	204,0333	564,861	,492	,967
VAR00039	203,6667	559,678	,791	,966
VAR00041	203,7333	561,306	,614	,967
VAR00043	203,5667	565,082	,606	,967
VAR00044	203,8333	569,178	,287	,968
VAR00045	203,6667	558,506	,679	,966
VAR00046	203,9333	561,306	,536	,967
VAR00047	203,7000	564,976	,403	,967
VAR00048	204,0000	561,103	,545	,967
VAR00049	203,6333	562,309	,664	,967
VAR00050	203,7000	560,631	,778	,966
VAR00051	204,2000	560,097	,537	,967
VAR00053	203,8333	564,144	,517	,967
VAR00054	203,6333	567,275	,466	,967
VAR00055	203,8000	566,166	,476	,967
VAR00057	203,8000	555,269	,687	,966
VAR00058	203,6667	558,575	,677	,966
VAR00059	203,9000	563,128	,607	,967
VAR00060	204,1000	557,748	,564	,967
VAR00061	203,9000	552,093	,702	,966
VAR00062	203,8000	561,821	,578	,967
VAR00063	203,5000	566,328	,473	,967
VAR00065	203,6000	569,834	,410	,967
VAR00066	203,9333	570,892	,292	,967
VAR00067	203,8000	570,372	,364	,967
VAR00069	203,9333	561,789	,565	,967
VAR00070	203,8333	565,247	,534	,967
VAR00071	203,4667	570,740	,348	,967
VAR00072	203,6000	566,593	,553	,967
VAR00073	203,8333	557,454	,639	,967
VAR00074	203,9000	563,817	,522	,967
VAR00075	203,7667	559,495	,589	,967
VAR00077	203,8000	558,579	,633	,967
VAR00078	203,9667	567,826	,351	,967
VAR00080	203,5000	564,397	,493	,967

Scale Statistics

Mean	Variance	Std. Deviation	N of Items
206,9333	579,444	24,07164	66

RELIABILITY

```

/VARIABLES=VAR00001 VAR00002 VAR00004 VAR00005 VAR00007 VAR00008
VAR00009 VAR00010 VAR00011 VAR00012 VAR00013 VAR00014 VAR00015
VAR00018 VAR00020 VAR00021 VAR00022 VAR00023 VAR00024 VAR00025
VAR00026 VAR00027 VAR00028 VAR00029 VAR00030 VAR00031 VAR00032
VAR00033 VAR00035 VAR00036 VAR00037 VAR00038 VAR00039 VAR00041
VAR00043 VAR00045 VAR00046 VAR00047 VAR00048 VAR00049 VAR00050
VAR00051 VAR00053 VAR00054 VAR00055 VAR00057 VAR00058 VAR00059
VAR00060 VAR00061 VAR00062 VAR00063 VAR00065 VAR00067 VAR00069
VAR00070 VAR00071 VAR00072 VAR00073 VAR00074 VAR00075 VAR00077
VAR00078 VAR00080
  /SCALE('ALL VARIABLES') ALL/MODEL=ALPHA
  /STATISTICS=DESCRIPTIVE SCALE
  /SUMMARY=TOTAL MEANS .

```

Reliability Scale: ALL VARIABLES

Case Processing Summary

		N	%
Cases	Valid	30	100,0
	Excluded(a)	0	,0
	Total	30	100,0

a Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	Cronbach's Alpha Based on Standardized Items	N of Items
,968	,968	64

Item Statistics

	Mean	Std. Deviation	N
VAR00001	3,3000	,59596	30
VAR00002	2,9667	,66868	30
VAR00004	2,9333	,52083	30
VAR00005	3,1667	,64772	30

VAR00007	3,2333	,62606	30
VAR00008	3,2000	,40684	30
VAR00009	3,0333	,66868	30
VAR00010	2,9000	,80301	30
VAR00011	2,6667	,54667	30
VAR00012	3,0667	,58329	30
VAR00013	3,3667	,66868	30
VAR00014	2,8667	,81931	30
VAR00015	3,3000	,65126	30
VAR00018	3,0000	,74278	30
VAR00020	3,1000	,54772	30
VAR00021	3,6000	,49827	30
VAR00022	3,0000	,64327	30
VAR00023	3,6333	,49013	30
VAR00024	3,2000	,61026	30
VAR00025	3,1333	,62881	30
VAR00026	3,0667	,86834	30
VAR00027	3,4667	,57135	30
VAR00028	3,2333	,67891	30
VAR00029	3,0333	,88992	30
VAR00030	3,1333	,77608	30
VAR00031	3,3000	,83666	30
VAR00032	3,2667	,73968	30
VAR00033	3,4000	,49827	30
VAR00035	2,2333	,56832	30
VAR00036	3,0667	,63968	30
VAR00037	2,9333	,86834	30
VAR00038	2,9000	,60743	30
VAR00039	3,2667	,52083	30
VAR00041	3,2000	,61026	30
VAR00043	3,3667	,49013	30
VAR00045	3,2667	,63968	30
VAR00046	3,0000	,69481	30
VAR00047	3,2333	,72793	30
VAR00048	2,9333	,69149	30
VAR00049	3,3000	,53498	30
VAR00050	3,2333	,50401	30
VAR00051	2,7333	,73968	30
VAR00053	3,1000	,60743	30
VAR00054	3,3000	,53498	30
VAR00055	3,1333	,57135	30
VAR00057	3,1333	,73030	30
VAR00058	3,2667	,63968	30

VAR00059	3,0333	,55605	30
VAR00060	2,8333	,79148	30
VAR00061	3,0333	,80872	30
VAR00062	3,1333	,62881	30
VAR00063	3,4333	,56832	30
VAR00065	3,3333	,47946	30
VAR00067	3,1333	,50742	30
VAR00069	3,0000	,64327	30
VAR00070	3,1000	,54772	30
VAR00071	3,4667	,50742	30
VAR00072	3,3333	,47946	30
VAR00073	3,1000	,71197	30
VAR00074	3,0333	,61495	30
VAR00075	3,1667	,69893	30
VAR00077	3,1333	,68145	30
VAR00078	2,9667	,66868	30
VAR00080	3,4333	,62606	30

Summary Item Statistics

	Mean	Minimum	Maximum	Range	Maximum / Minimum	Variance	N of Items
Item Means	3,138	2,233	3,633	1,400	1,627	,050	64

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
VAR00001	197,5333	543,223	,624	,967
VAR00002	197,8667	546,809	,436	,968
VAR00004	197,9000	548,024	,517	,967
VAR00005	197,6667	545,471	,496	,967
VAR00007	197,6000	545,972	,497	,967
VAR00008	197,6333	552,930	,408	,968
VAR00009	197,8000	544,234	,520	,967
VAR00010	197,9333	536,823	,630	,967
VAR00011	198,1667	552,833	,302	,968
VAR00012	197,7667	539,289	,785	,967
VAR00013	197,4667	540,533	,641	,967
VAR00014	197,9667	536,033	,638	,967
VAR00015	197,5333	541,637	,622	,967
VAR00018	197,8333	539,316	,610	,967
VAR00020	197,7333	549,995	,413	,968

VAR00021	197,2333	546,875	,591	,967
VAR00022	197,8333	541,523	,633	,967
VAR00023	197,2000	548,717	,520	,967
VAR00024	197,6333	546,516	,491	,967
VAR00025	197,7000	540,976	,668	,967
VAR00026	197,7667	532,047	,701	,967
VAR00027	197,3667	540,033	,774	,967
VAR00028	197,6000	536,524	,760	,967
VAR00029	197,8000	528,441	,774	,967
VAR00030	197,7000	536,976	,648	,967
VAR00031	197,5333	545,085	,387	,968
VAR00032	197,5667	539,909	,595	,967
VAR00033	197,4333	550,116	,451	,967
VAR00035	198,6000	551,903	,325	,968
VAR00036	197,7667	548,530	,399	,968
VAR00037	197,9000	538,369	,540	,967
VAR00038	197,9333	546,754	,485	,967
VAR00039	197,5667	541,633	,784	,967
VAR00041	197,6333	542,723	,626	,967
VAR00043	197,4667	546,740	,607	,967
VAR00045	197,5667	540,461	,674	,967
VAR00046	197,8333	542,833	,543	,967
VAR00047	197,6000	546,317	,413	,968
VAR00048	197,9000	542,645	,552	,967
VAR00049	197,5333	544,051	,664	,967
VAR00050	197,6000	542,524	,772	,967
VAR00051	198,1000	542,093	,530	,967
VAR00053	197,7333	546,271	,502	,967
VAR00054	197,5333	549,223	,454	,967
VAR00055	197,7000	548,079	,467	,967
VAR00057	197,7000	536,907	,693	,967
VAR00058	197,5667	540,392	,676	,967
VAR00059	197,8000	544,579	,617	,967
VAR00060	198,0000	539,241	,572	,967
VAR00061	197,8000	533,752	,709	,967
VAR00062	197,7000	543,597	,577	,967
VAR00063	197,4000	548,110	,469	,967
VAR00065	197,5000	551,776	,395	,968
VAR00067	197,7000	552,286	,350	,968
VAR00069	197,8333	543,523	,566	,967
VAR00070	197,7333	547,030	,530	,967
VAR00071	197,3667	552,723	,332	,968
VAR00072	197,5000	548,534	,540	,967

VAR00073	197,7333	539,720	,625	,967
VAR00074	197,8000	545,614	,519	,967
VAR00075	197,6667	541,195	,591	,967
VAR00077	197,7000	540,217	,638	,967
VAR00078	197,8667	549,223	,358	,968
VAR00080	197,4000	546,110	,492	,967

Scale Statistics

Mean	Variance	Std. Deviation	N of Items
200,8333	560,902	23,68338	64

ITEM YANG GUGUR :

- 3,6,16,17,19,34,40,42,52,56,64,68,76,79.
- 44,66.
- TOTAL : 16 Item yang gugur

LAMPIRAN C

ANALISIS DATA

Uji Normalitas

NPar Tests

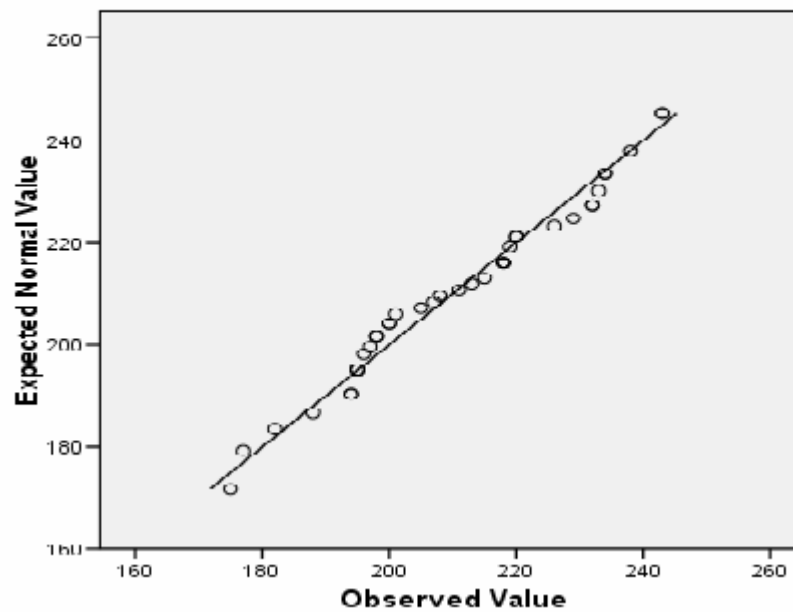
One-Sample Kolmogorov-Smirnov Test

		konsepdiri
N		39
Normal Parameters(a,b)	Mean	204,7949
	Std. Deviation	17,56519
Most Extreme Differences	Absolute	,096
	Positive	,096
	Negative	-,082
Kolmogorov-Smirnov Z		,600
Asymp. Sig. (2-tailed)		,864

a. Test distribution is Normal.

b. Calculated from data.

Normal Q-Q Plot of konsepdiri



Kategorisasi

```

FREQUENCIES
  VARIABLES=konsepdiri
  /NTILES= 4
  /STATISTICS=STDDEV VARIANCE RANGE MINIMUM MAXIMUM SEMEAN MEAN
MEDIAN SKEWNESS SESKEW KURTOSIS SEKURT
  /HISTOGRAM
  /ORDER= ANALYSIS .
    
```

Frequencies

Statistics

konsepdiri

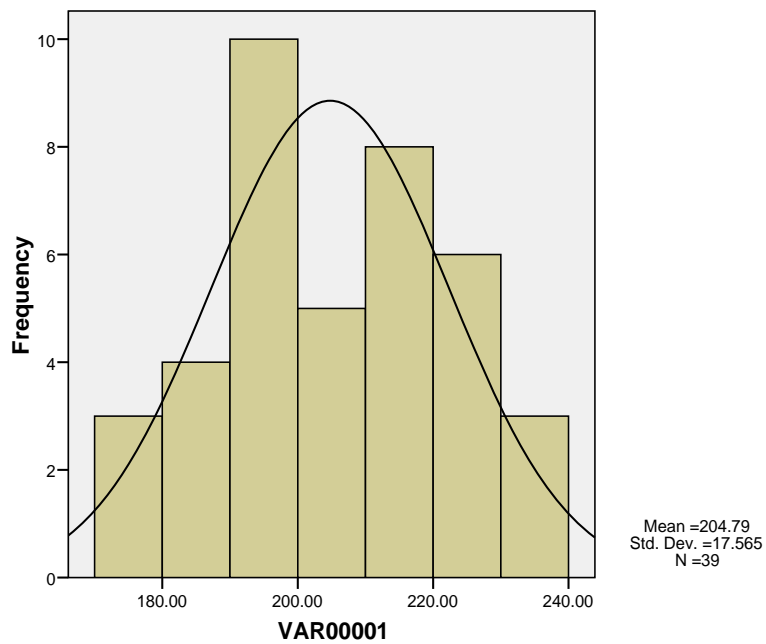
N	Valid	39
	Missing	0
Mean		204,7949
Std. Error of Mean		2,81268
Median		205,0000
Std. Deviation		17,56519
Variance		308,536
Skewness		-,017
Std. Error of Skewness		,378
Kurtosis		-,807
Std. Error of Kurtosis		,741
Range		67,00
Minimum		170,00
Maximum		237,00
Percentiles	25	190,0000
	50	205,0000
	75	219,0000

konsepdiri

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid 170,00	1	2,6	2,6	2,6
173,00	1	2,6	2,6	5,1
176,00	1	2,6	2,6	7,7
182,00	1	2,6	2,6	10,3
188,00	3	7,7	7,7	17,9
190,00	3	7,7	7,7	25,6
191,00	1	2,6	2,6	28,2
192,00	1	2,6	2,6	30,8
193,00	1	2,6	2,6	33,3

195,00	2	5,1	5,1	38,5
197,00	1	2,6	2,6	41,0
199,00	1	2,6	2,6	43,6
202,00	1	2,6	2,6	46,2
204,00	1	2,6	2,6	48,7
205,00	1	2,6	2,6	51,3
209,00	2	5,1	5,1	56,4
210,00	2	5,1	5,1	61,5
212,00	2	5,1	5,1	66,7
214,00	2	5,1	5,1	71,8
215,00	1	2,6	2,6	74,4
219,00	1	2,6	2,6	76,9
223,00	1	2,6	2,6	79,5
225,00	2	5,1	5,1	84,6
226,00	3	7,7	7,7	92,3
231,00	1	2,6	2,6	94,9
236,00	1	2,6	2,6	97,4
237,00	1	2,6	2,6	100,0
Total	39	100,0	100,0	

Histogram



DESCRIPTIVES

VARIABLES=konsepdiri

/STATISTICS=MEAN STDDEV VARIANCE RANGE MIN MAX SEMEAN .

Descriptives

Descriptive Statistics

	N	Range	Minimum	Maximum	Mean		Std. Deviation	Variance
	Statistic	Statistic	Statistic	Statistic	Statistic	Std. Error	Statistic	Statistic
konsepdiri	39	67,00	170,00	237,00	204,7949	2,81268	17,56519	308,536
Valid N (listwise)	39							

Perhitungan Berdasarkan Data Penunjang

	Cases					
	Valid		Missing		Total	
	N	Percent	N	Percent	N	Percent
usia * konsepdiri	28	71,8%	11	28,2%	39	100,0%

usia * konsepdiri Crosstabulation

			konsepdiri		Total
			positif	negatif	positif
usia	17,00	Count	8	5	13
		Expected Count	6,0	7,0	13,0
		% within konsepdiri	61,5%	33,3%	46,4%
18,00	Count	2	6	8	
	Expected Count	3,7	4,3	8,0	
	% within konsepdiri	15,4%	40,0%	28,6%	
19,00	Count	3	4	7	
	Expected Count	3,3	3,8	7,0	
	% within konsepdiri	23,1%	26,7%	25,0%	
Total	Count	13	15	28	
	Expected Count	13,0	15,0	28,0	
	% within konsepdiri	100,0%	100,0%	100,0%	

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)
Pearson Chi-Square	2,706(a)	2	,258
Likelihood Ratio	2,792	2	,248
Linear-by-Linear Association	1,016	1	,314
N of Valid Cases	28		

a. 4 cells (66,7%) have expected count less than 5. The minimum expected count is 3,25.

Case Processing Summary

	Cases					
	Valid		Missing		Total	
	N	Percent	N	Percent	N	Percent
pekerjaan.ayah * konsepdiri	28	71,8%	11	28,2%	39	100,0%

pekerjaan.ayah * konsepdiri Crosstabulation

			konsepdiri		Total
			positif	negatif	positif
pekerjaan.ayah	pns	Count	2	2	4
		Expected Count	1,9	2,1	4,0
		% within konsepdiri	15,4%	13,3%	14,3%
	wiraswasta	Count	4	9	13
		Expected Count	6,0	7,0	13,0
		% within konsepdiri	30,8%	60,0%	46,4%
	pegawai swasta	Count	7	4	11
		Expected Count	5,1	5,9	11,0
		% within konsepdiri	53,8%	26,7%	39,3%
Total	Count	13	15	28	
	Expected Count	13,0	15,0	28,0	
	% within konsepdiri	100,0%	100,0%	100,0%	

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)
Pearson Chi-Square	2,612(a)	2	,271
Likelihood Ratio	2,659	2	,265
Linear-by-Linear Association	,896	1	,344
N of Valid Cases	28		

a. 2 cells (33,3%) have expected count less than 5. The minimum expected count is 1,86.

Case Processing Summary

	Cases					
	Valid		Missing		Total	
	N	Percent	N	Percent	N	Percent
pekerjaan.ibu * konsepdiri	28	71,8%	11	28,2%	39	100,0%

pekerjaan.ibu * konsepdiri Crosstabulation

			konsepdiri		Total
			positif	negatif	positif
pekerjaan.ibu	wiraswasta	Count	7	7	14
		Expected Count	6,5	7,5	14,0
		% within konsepdiri	53,8%	46,7%	50,0%
	pegawai swasta	Count	0	2	2
		Expected Count	,9	1,1	2,0

	% within konsepdiri	,0%	13,3%	7,1%
ibu rumah tangga	Count	6	6	12
	Expected Count	5,6	6,4	12,0
	% within konsepdiri	46,2%	40,0%	42,9%
Total	Count	13	15	28
	Expected Count	13,0	15,0	28,0
	% within konsepdiri	100,0%	100,0%	100,0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)
Pearson Chi-Square	1,867(a)	2	,393
Likelihood Ratio	2,630	2	,269
Linear-by-Linear Association	,001	1	,978
N of Valid Cases	28		

a. 2 cells (33,3%) have expected count less than 5. The minimum expected count is ,93.

Case Processing Summary

	Cases					
	Valid		Missing		Total	
	N	Percent	N	Percent	N	Percent
hobby * konsepdiri	28	71,8%	11	28,2%	39	100,0%

hobby * konsepdiri Crosstabulation

			konsepdiri		Total
			positif	negatif	positif
hobby	olahraga	Count	3	1	4
		Expected Count	1,9	2,1	4,0
		% within konsepdiri	23,1%	6,7%	14,3%
traveling		Count	5	7	12
		Expected Count	5,6	6,4	12,0
		% within konsepdiri	38,5%	46,7%	42,9%
baca buku		Count	3	3	6
		Expected Count	2,8	3,2	6,0
		% within konsepdiri	23,1%	20,0%	21,4%
nonton tv		Count	0	1	1
		Expected Count	,5	,5	1,0
		% within konsepdiri	,0%	6,7%	3,6%
dengerin musik		Count	2	3	5
		Expected Count	2,3	2,7	5,0

Total	% within konsepdiri	15,4%	20,0%	17,9%
	Count	13	15	28
	Expected Count	13,0	15,0	28,0
	% within konsepdiri	100,0%	100,0%	100,0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)
Pearson Chi-Square	2,403(a)	4	,662
Likelihood Ratio	2,826	4	,587
Linear-by-Linear Association	,669	1	,413
N of Valid Cases	28		

a. 8 cells (80,0%) have expected count less than 5. The minimum expected count is ,46.

Case Processing Summary

	Cases					
	Valid		Missing		Total	
	N	Percent	N	Percent	N	Percent
kel.obesitas * konsepdiri	28	71,8%	11	28,2%	39	100,0%

kel.obesitas * konsepdiri Crosstabulation

			konsepdiri		Total
			positif	negatif	positif
kel.obesitas	iya	Count	8	10	18
		Expected Count	8,4	9,6	18,0
		% within konsepdiri	61,5%	66,7%	64,3%
	tidak	Count	5	5	10
		Expected Count	4,6	5,4	10,0
		% within konsepdiri	38,5%	33,3%	35,7%
Total		Count	13	15	28
		Expected Count	13,0	15,0	28,0
		% within konsepdiri	100,0%	100,0%	100,0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	,080(b)	1	,778		
Continuity Correction(a)	,000	1	1,000		

Likelihood Ratio	,080	1	,778	1,000	,544
Fisher's Exact Test					
Linear-by-Linear Association	,077	1	,782		
N of Valid Cases	28				

a Computed only for a 2x2 table

b 1 cells (25,0%) have expected count less than 5. The minimum expected count is 4,64.

Case Processing Summary

	Cases					
	Valid		Missing		Total	
	N	Percent	N	Percent	N	Percent
hub.lawanjenis * konsepdiri	28	71,8%	11	28,2%	39	100,0%

hub.lawanjenis * konsepdiri Crosstabulation

			konsepdiri		Total
			positif	negatif	positif
hub.lawanjenis	iya	Count	5	4	9
		Expected Count	4,2	4,8	9,0
		% within konsepdiri	38,5%	26,7%	32,1%
	tidak	Count	8	11	19
		Expected Count	8,8	10,2	19,0
		% within konsepdiri	61,5%	73,3%	67,9%
Total		Count	13	15	28
		Expected Count	13,0	15,0	28,0
		% within konsepdiri	100,0%	100,0%	100,0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	,444(b)	1	,505		
Continuity Correction(a)	,068	1	,794		
Likelihood Ratio	,444	1	,505		
Fisher's Exact Test				,689	,396
Linear-by-Linear Association	,428	1	,513		
N of Valid Cases	28				

a Computed only for a 2x2 table

b 2 cells (50,0%) have expected count less than 5. The minimum expected count is 4,18.

Z-SCORE

Internsl	Eksternal
-0,22266	-0,06514
-0,45735	-0,54579
1,88958	1,30813
0,48142	0,20951
2,35896	2,26942
-1,04408	-0,88911
-0,45735	-0,47712
0,12938	0,75882
-0,5747	-0,61445
0,01204	0,14085
-0,5747	-0,61445
-2,1002	-1,57574
-0,92674	-1,43842
1,42019	1,10214
1,06815	1,37679
1,65488	1,85744
-1,63081	-1,43842
-1,27877	-0,75178
0,36407	0,55283
-0,5747	-1,43842
0,36407	0,34684
0,83346	1,44546
-0,80939	-0,47712
-0,5747	-0,27113
0,83346	-0,47712
0,12938	-0,40846
-1,51347	-0,61445
0,71611	1,03348
-0,45735	-0,20247
0,01204	-0,82044
-1,04408	-1,16376
-0,69204	-0,75178
0,71611	0,75882
0,95081	1,37679
0,59877	1,30813

0,59877	0,34684
-0,5747	-0,82044
-0,45735	-0,54579
0,83346	0,20951
20	19

Dimensi Internal

Diri Sebagai Objek	Diri Sebagai Perilaku	Diri Sebagai Penilai
-0,3652	-0,4466	-0,9354
1,76488	1,78624	1,58295
0,54772	0,66984	-0,2159
2,06917	2,15838	2,30247
-0,6694	-0,4466	-0,5756
-0,6694	-0,8187	-0,5756
-0,6694	-0,4466	-0,9354
-0,3652	-1,563	-1,2951
1,46059	1,08624	1,50367
-0,6694	-0,4466	-0,9354
-0,0609	0,66984	0,1439
0,54772	0,29771	1,22319
-0,0609	-0,4466	0,50367
-0,0609	-0,4466	0,1439
-0,278	-0,4466	-1,6549
-1,278	-0,4466	-0,5756
0,85201	-0,4466	0,86343
-1,278	-0,4466	-0,2159
-0,6694	-1,1908	0,1439
0,85201	0,66984	0,50367
4	7	9

Dimensi Eksternal

Diri Fisik	Diri Etika Moral	Diri Personal	Diri Keluarga	Diri Sosial
-0,2122	0,04394	-0,2337	-0,7046	-0,3339
-1,8249	-0,791	-0,4949	-1,3421	-0,7303
0,19098	0,87885	0,81116	-0,0671	0,0626
0,59415	-0,3735	0,28872	-0,0671	-0,7303
-1,8249	-2,0433	-1,8011	-0,3859	-1,5232
0,99732	1,08758	1,07238	0,88916	0,85549
0,99732	1,2963	1,85604	1,20791	1,64838
-1,0185	-1,4172	-1,2786	-1,3421	-2,3161
-1,0185	-0,9997	-1,2786	-0,7046	0,0626
0,19098	0,25267	0,81116	-1,0234	1,25193
0,99732	1,50503	0,28872	1,20791	1,25193
-0,6154	-0,5822	-0,7562	-1,0234	0,0626
-0,2122	-0,5822	-1,0174	-0,0671	0,0626
-0,2122	-0,5822	-0,4949	-1,3421	-1,1267
1,40049	0,87885	-0,2337	1,52667	0,0626
-1,0185	-0,5822	-0,4949	0,5704	-0,3339
0,99732	0,04394	0,81116	0,25165	0,45904
0,59415	1,08758	1,07238	1,20791	0,85549
0,99732	0,87885	1,07238	1,20791	0,45904
4	4	1	5	5