

HASIL UJI NORMALITAS

Case Processing Summary

	Cases					
	Valid		Missing		Total	
	N	Percent	N	Percent	N	Percent
pre test trunk	5	100,0%	0	0,0%	5	100,0%
post test trunk	5	100,0%	0	0,0%	5	100,0%
pre trunk+stretching adductor hip	5	100,0%	0	0,0%	5	100,0%
post trunk+stretching adductor hip	5	100,0%	0	0,0%	5	100,0%
selisih_1	5	100,0%	0	0,0%	5	100,0%
selisih_2	5	100,0%	0	0,0%	5	100,0%

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
pre test trunk	,191	5	,200*	,958	5	,795
post test trunk	,136	5	,200*	,987	5	,967
pre trunk+stretching adductor hip	,201	5	,200*	,881	5	,313
post trunk+stretching adductor hip	,148	5	,200*	,974	5	,903
selisih_1	,367	5	,026	,685	5	,007
selisih_2	,436	5	,002	,680	5	,006

*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

UJI HOMOGENITAS

Test of Homogeneity of Variances

gmfm dimensi D

Levene Statistic	df1	df2	Sig.
2,136	1	8	,182

HIPOTESIS 1

Paired Samples Statistics

	Mean	N	Std. Deviation	Std. Error Mean
Pair 1	16,92	5	8,230	3,681
	17,95	5	8,111	3,627

Paired Samples Test

		Pair 1
		pretest trunk control - post test trunk control
Paired Differences	Mean	-1,026
	Std. Deviation	1,405
	Std. Error Mean	,628
	95% Confidence Interval of the Difference	
T	Lower	-2,770
Df	Upper	,718
Sig. (2-tailed)		-1,633
		4
		,178

HIPOTESIS II

Paired Samples Statistics

	Mean	N	Std. Deviation	Std. Error Mean
Pair 1				
pretest trunk+stretching adductor hip	16,41	5	4,292	1,920
post test trunk+stretching adductor hip	18,50	5	4,881	2,183

Paired Samples Test

		Pair 1
		pretest
		trunk+stretching
		adductor hip -
		post test
		trunk+stretching
		adductor hip
Paired Differences		
Mean		-2,086
Std. Deviation		1,065
Std. Error Mean		,477
95% Confidence Interval of the Difference		
t		Lower
df		Upper
Sig. (2-tailed)		

HIPOTESIS III

Ranks

PERLAKUAN	N	Mean Rank	Sum of Ranks
trunk control	5	4,70	23,50
selisih perlakuan 1	5	6,30	31,50
Total	10		

Test Statistics^a

	selisih perlakuan 1
Mann-Whitney U	8,500
Wilcoxon W	23,500
Z	-,894
Asymp. Sig. (2-tailed)	,371
Exact Sig. [2*(1-tailed Sig.)]	,421 ^b

a. Grouping Variable: PERLAKUAN

b. Not corrected for ties.