

DAFTAR PUSTAKA

- Alshagga MA, Rimer AR, Yan LP, Ibrahim IAA, Al-Ghamdi SS, Al-Dubai SAR. 2013. *Prevalence and factors associated with neck, shoulder and low back pains among medical students in a Malaysian Medical College*. BMC Res Notes.
- American Academy of Pediatrics, 2015. *Backpack Safety*. Available at: <https://www.healthychildren.org/English/safety-prevention/at-play/Pages/Backpack-Safety.aspx>.
- American Medical Association. 2010. *Module pain management pathophysiology of pain and pain assessment*. Available from: www.ama.com
- Amirdehi MA, Ansari NN, Naghdi S, Olyaei G, Nourbakhsh MR. 2013. *The neurophysiological effects of dry needling in patients with upper trapezius myofascial trigger points: Study protocol of a controlled clinical trial*. BMJ Open.
- Arikunto, S. 2010. *Prosedur Penelitian Suatu Pendekatan Praktik*. Jakarta: Rineka Cipta.
- Breivik H, Borchgrevink PC, Allen SM, Rosseland A, Romundstad L, Hals EK, et al. 2008. *Assesment of pain*. *British Journal of Anesthesia*.
- Celina von Stulpnagel, MD, Peter Reilich, MD, Andreas Straube, MD, Jan Schafer, PT, Astrid Blaschek, MD, Seung-Hee Lee, MD, Wolfgang Muller-Felber, MD, Volkmar Henschel, PhD,
- Dahlan, Sopiuddin. 2014. *Statistik Untuk Kedokteran dan Kesehatan Edisi 6*. Jakarta, Salmba Medika.
- Deepak Sharan , Ajeesh P S, Jerrish A Jose, Sukrit Debnath and Manjula M. 2012. *Back pack injuries in Indian school children: risk factors and clinical presentations*. *RECOUP Neuromusculoskeletal Rehabilitation Centre, Bangalore, India*.
- Dewantari, L. P. A., & Adiputra, I. N. *HUBUNGAN BERAT TAS PUNGGUNG DENGAN KELUHAN NYERI PUNGGUNG BAWAH, NYERI BAHU DAN NYERI LEHER PADA SISWA SD DI KECAMATAN KUTA, BADUNG*. *E-Jurnal Medika Udayana*,
- Fathoni, F. D. 2013. *Hubungan pemakaian Backpack dengan terjadinya nyeri muskuloskeletal pada anak usia 8 - 12 tahun di SDN 2 Bener Sragen*. *Fakultas Ilmu Kesehatan Universitas Muhammadiyah Surakarta*. Jawa Tengah.
- Gerber NL, Sikdar S, Hammond J, Shah J. 2011. *A brief overview and update of myofascial pain syndrome and myofascial trigger points*. *J Spinal Res Foundation*.

- Gulati A, Loh J. *Assesment of pain: complete patient evaluation*. In: Vadivelu N, Urman RD, Hines RL. 2011. *Essentials of pain management*. New York.
- Haselgrove C, Straker L, Smith A, O'Sullivan P, Perry M, Sloan N. 2008. *Pervceived school bag load, duration of carriage, and method of transport to school are associated with spinal pain in adolescents: an observational study*. Aust J Physiother.
- Kim, MH, Yi, CH, Kwon, OY, Cho, SH, & Yoo, WG 2008. *Perubahan elektromiografi otot leher dan postur kepala ke depan anak saat membawa tas sekolah*. Ergonomi.
- Klimek, L., Bergmann, K. C., Biedermann, T., Bousquet, J., Hellings, P., Jung, K. & Ring, J. 2017. *Visual analogue scales (VAS): Measuring instruments for the documentation of symptoms and therapy monitoring in cases of allergic rhinitis in everyday health care*. Allergo journal international, 26(1), 16-24. (Definisi VAS, diakses 23 maret 2019).
- Ladapurab, M. B. 2012. *Penelitian Pendahuluan: Pengurangan Nyeri Miofasial Otot Rhomboideus*. Majalah Kedokteran FK UKI 2012, 28(1): 10-19
- Legiran, L., Suciati, T., & Pratiwi, M. R. 2018. *Hubungan antara penggunaan tas sekolah dan keluhan muskuloskeletal pada siswa sekolah dasar*. Jurnal Kedokteran Kesehatan: Publikasi Ilmiah Fakultas Kedokteran Universitas Sriwijaya, Palembang.
- Legiran, Trisuciati, Meirisa Rahma Pratiwi, 2018, *Hubungan Antara Penggunaan Tas Sekolah Dan Keluhan Musculoskeletal Pada Siswa Sekolah Dasar*, Palembang.
- Luh Pradya Ayu Dewantari, dan Nyoman Adiputra, 2017, *Hubungan Berat Tas Punggung dengan Keluhan nyeri punggung bawah , Nyeri Bahu dan Nyeri Leher pada siswa SD di kecamatan Kuta Bandung*. Bali.
- Matlabi, H., Behtash, H.H., Rasouli, A., Osmani, N. 2014. *Carrying heavy backpacks and handbags amongst elementary students: causes and solutions*. Science Journal of Public Health, 10(2), pp. 305-308. (Diakses 18 Januari 2018).
- McCaffery, M., Beebe, A., et al. 1989. *Pain: Clinical manual for nursing practice*, Mosby St. Louis, MO.
- Montanes-Aguilera, F.J., Valtuena Gimeno N., Chamon-Sanchez-DeLos-Silos R., Martinez-Sanchis J., Barrios-Pitarque C., Bosch-Morell F. 2011. *Short-term Efficacy of Richelli's Painreliever TM on Upper Trapezius Myofascial Trigger Point in a Patient with Neck pain- A Case Report*. Journal of Physical Therapy. Valencia: Vol 3: 61-65.
- Muhamad Alfa Septiano Yunus, 2015, *hubungan antara beban berat tas Punggung Dengan Non Specific Neck Paint Pada Mahasiswa PSPD UIN Syarif Hidayatullah Jakarta tahun 2015*. Jakarta.

Murphy S, Buckle P, Stubbs D. 2004 . *Classroom posture and self-reported back and neck pain in schoolchildren*. Appl Ergon.

Perry SE., Houchneberry L, Maternal w. child Nursing Care Elsevier. 2010;2.

Rai, A. and Agarawal, S., 2013. *Back problems due to heavy backpacks in school children*. IOSR Journal Of Humanities And Social Science, 10(6), pp. 22-26. (Diakses 18 maret 2019).

Ramprasad M, Alias J, Raghuvver AK. 2010. *Effect of backpack weight on postural angles in preadolescent children*. Indian Pediatr.

Rodriguez-Oviedo, P., Ravina, A.R., Rios, M.P., Garcia, F.B., Fernandez, D.G., Alonso, A.F., Nunez, I.C., Pacios, P.G., Turiso, J., 2012. *School children's backpacks, back pain and back pathologies*. Arch Dis Child, 97, pp. 730-732.

Sharan, D., Ajeesh, P. S., Jose, J. A., Debnath, S., & Manjula, M. 2012. *Back pack injuries in Indian school children: risk factors and clinical presentations*. Work, 41(Supplement 1), 929-932.

Song Q, Yu B, Zhang C, Sun W, Mao D. 2014. *Effects of backpack weight on posture, gait patterns and ground reaction forces of male children with obesity during stair descent*. Res Sports Med.

Stepien J. 2013. *Trigger point dry needling*. J Spinal Res Foundation.

Tansumri, Anas. 2007. *Konsep dan Penatalaksanaan Nyeri*. Jakarta: EG.

Ulrich Mansmann, PhD, and Florian Heinen, MD. 2009 . *Therapeutic Option Myofascial Trigger Points in Children With Tension-Type Headache: A New Diagnostic and Therapeutic Option*. Journal of Child Neurology 24:406-409.

Welchek CM, Mastrangelo L, Sinatra RS, Martinez R. 2009. *Qualitative and quantitative assessment of pain*. In: Sinatra RS, Casasola OA, Ginsberg B, Vincusi ER, McQuay H. *Acute pain management*. New York: Cambridge University.

Williamson, A. dan Hoggar, B. 2005. *Pain: a review of three commonly used pain rating scales*. J Clin Nurs.