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“RELATIONSHIP BETWEEN NURSES CARING AND THE LEVEL OF ANXIETY IN PREOPERATIVE PATIENTS IN THE OPERATING ROOM AT RUMAH SAKIT CINTA KASIH TZU CHI CENGKARENG 2014”

ABSTRACT

Background: Caring is the moral idea of nursing that produce protection, enhancement, and maintenance of human dignity. Surgery is a difficult experience for almost all patients causing preoperative anxiety. Anxiety is a concern that is not clear and diffuse, associated with feelings of uncertainty and helplessness. Results of preliminary studies that have been done in RSKB Cinta Kasih Tzu Chi on 1 November 2013 that the data obtained from the 30 respondents who will undergo surgery are 80% or 24 patients experienced severe anxiety and there is 20% or 6 patients experienced mild anxiety

Objective: The relationship between nurses caring and the level of anxiety in preoperative patients in the operating room at Rumah Sakit Cinta Kasih Tzu Chi Cengkareng 2014 is known

Research Method: Correlative descriptive cross sectional approach. The sampling technique is purposive sampling, the sample used are 36 respondents of preoperative patient age > 17 years at RSKB Cinta Kasih Tzu Chi. Data collection tool using demographic data questionnaire, caring nurse, patient anxiety levels.

Result Method : The results of the univariate analysis showed the dimensions of caring nurses ie. health education (69.4%), values and beliefs (61.1%), sympathy (55.6%), empathy (69.4%), interpersonal communication (66.7%), problem solving (69.4%), make patients independent (58.3%), a conducive environment (66.7%), the fulfillment of the basic needs of the patients (72.2%), and motivator (75.0%). The results of statistical tests (chi-square) shows that there is a significant relationship between the dimensions of caring namely health education, values and beliefs, sympathy, empathy, interpersonal communication, problem solving, make patients independent, conducive environment, the fulfillment of the basic needs of the patient, and motivator, preoperatively in patients in the operating room RSKB Tzu Chi Charity Cengkareng ($P < 0.005$).

Conclusion: The better the nurse caring, anxiety level of preoperative patient is getting lighter. Nurses suggested to improve caring behavior through role-play training organized by section.

Keyword: Caring, anxiety, preoperative

Literature: 29 (2003 – 2013)