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**" THE EFEK OF EXTRA VIRGIN OLIVE OIL FOR THE PREVENTION OF
PREASURE ULSER IN PATIENTS AT RISK BY BRADEN SCALE IN THE
YEAR 2014 AT CENGKARENG HOSPITAL “**

xv + 7 Chapter + 8 table + 2 Figures + 5 Attachments

ABSTRACT

Background: pressure ulcers are localized wounds and due to the compression of the soft tissue over the bony prominences for a long time. Based on reports from the control and prevention of infection (CPI) in the incidence of pressure sores Cengkareng Hospital reached 11.6 % from January to April 2013. One of the prevention of pressure sores nursing care is to use the EVOO that pressure sores do not occur.

Objective : This study aimed to determine the effect of using Extra Virgin Olive Oil (EVOO) in preventing pressure sores (pressure ulcers) in patients who are at risk based on the Braden scale Cengkareng Hospital

Methods: The method used is a quasi-experimental pre and post test. The sample used was a patient at risk for pressure sores in the Cengkareng Hospital inpatient in the room papaya and mango as much as 46 respondents were divided into a control group and intervention group respectively - each 23 people with nonprobability sampling techniques and purposive types.

Results: The majority of respondents were aged 60-66 years, 25 female (54.4%), Braden scale risk moderate risk (98.2%), before use EVOO pressure sores did not happen, after being given EVOO in the intervention group as much as 3 respondents (6.6%). The results of the Mann-Whitney test statistic test after EVOO given value $p = 0.010$ ($p < 0.05$)

Conclusion: some effect on the prevention of the use of extra virgin olive oil for pressure ulcers in patients who are at risk based on Braden scale. Recommended to the ministry of health of using EVOO as an ingredient in topical skin care to prevent cuts in affordable prices and access to material.

Keywords : EVOO, Pressure ulcers, Braden Scale
Bibliography : 15 (2001-2013)