

ABSTRAK

Judul : Hubungan tingkat kemandirian perawatan kesehatan dengan status hipertensi pada keluarga binaan puskesmas kecamatan kebon jeruk

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Program Studi : Ilmu Keperawatan

Hipertensi merupakan suatu kondisi ketika tekanan darah terhadap dinding arteri terlalu tinggi, penderita hipertensi perlu mendapatkan pengobatan terhadap kesehatannya, peran keluarga tentu sangat diperlukan terhadap upaya mengontrol penyakit hipertensi, Upaya keluarga dapat dicerminkan dengan tingkat kemandirian perilaku kesehatan yang dimiliki. Penelitian ini bertujuan untuk mengidentifikasi hubungan tingkat kemandirian perawatan kesehatan dengan status hipertensi keluarga wilayah Kecamatan kebon jeruk dengan metode yang digunakan yaitu kuantitatif dengan desain crosssectional berdasarkan uji square. Pada hasil penelitian menunjukkan adanya hubungan yang signifikan antara tingkat kemandirian dan status hipertensi.

Kata kunci : hubungan, tingkat kemandirian, perawatan kesehatan, status hipertensi, keluarga,

ABSTRACT

Title : The relationship between the level of independence in health care and hypertension status in the assisted families of the Kebon Jeruk sub-district health center

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Major : Nursing

Hypertension is a condition when blood pressure against arterial walls is too high, hypertension has attacked 22% of the world's population, Hypertension also has a fairly large prevalence in DKI Jakarta. East, namely 94,807 patients. For Central Jakarta there are 49,879 sufferers, North Jakarta 67,781 sufferers, West Jakarta 62,333 sufferers, South Jakarta 62,294 sufferers, of course hypertension is included in the category of non-communicable diseases that pose a major risk for heart disease, stroke and kidney disease. Of course, hypertension management is very necessary, both independently and doing routine checks. Independence is one of the functions that must be carried out by the family, namely the health care function independently. Independence has 4 levels as a reference to how far a person carries out the function of independence. Therefore, the results of this study are that there is a relationship between the level of independence in health care and hypertension status in the assisted families of the Kebon Jeruk Public Health Center

Keywords: relationship, level of independence, health care, hypertension status, family,