Lampiran 4
HASIL ANALISIS STATISTIK

Analisa Univariat

JK

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Laki-laki	30	43.5	43.5	43.5
	Perempuan	39	56.5	56.5	100.0
	Total	69	100.0	100.0	

Statistics

Usia		
N	Valid	69
	Missing	0
Mean		44.4058
Median		44.0000
Std. Deviation		5.57125
Minimum		35.00
Maximum		55.00

Pekerjaan

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Adm TU	13	18.8	18.8	18.8
	Adm Keuangan	6	8.7	8.7	27.5
	Teknisi Optik	12	17.4	17.4	44.9
	Perawat	22	31.9	31.9	76.8
	Teknisi Alat	4	5.8	5.8	82.6
	Tenaga pemasak	4	5.8	5.8	88.4
	Akuntansi	3	4.3	4.3	92.8
	Adm Gizi	1	1.4	1.4	94.2
	Laundry	2	2.9	2.9	97.1
	Adm farmasi	1	1.4	1.4	98.6
	Humas	1	1.4	1.4	100.0
	Total	69	100.0	100.0	

Statistics

		Total_sikap	Persen_sikap	Skor_ pengetahuan	Persen_ pengetahuan	Skor_pola_ makan	Persen_pola_ makan
N	Valid	69	69	69	69	69	69
	Missing	0	0	0	0	0	0
Mean		40.36	65.1005	13.96	82.0972	107.67	71.7778
Median		40.00	64.5161	14.00	82.3529	109.00	72.6667
Std. Deviation		4.725	7.62046	1.719	10.11006	12.485	8.32326
Minimum		31	50.00	10	58.82	62	41.33
Maximum		49	79.03	16	94.12	135	90.00

Sikap_kat

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Positif	38	55.1	55.1	55.1
	Negatif	31	44.9	44.9	100.0
	Total	69	100.0	100.0	

Pengetahuan_kat

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Baik	41	59.4	59.4	59.4
	Kurang	28	40.6	40.6	100.0
	Total	69	100.0	100.0	

Pola_makan_kat

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Baik	34	49.3	49.3	49.3
	Kurang	35	50.7	50.7	100.0
	Total	69	100.0	100.0	

Cholesterol_kat

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Normal	36	52.2	52.2	52.2
	Abnormal	33	47.8	47.8	100.0
	Total	69	100.0	100.0	

TAG_kat

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Normal	46	66.7	66.7	66.7
	Abnormal	23	33.3	33.3	100.0
	Total	69	100.0	100.0	

HDL_kat

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Normal	65	94.2	94.2	94.2
	Abnormal	4	5.8	5.8	100.0
	Total	69	100.0	100.0	

LDL_kat

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Normal	58	84.1	84.1	84.1
	Abnormal	11	15.9	15.9	100.0
	Total	69	100.0	100.0	

Statistics

		Cholesterol	Trigliserida	HDL	LDL
N	Valid	69	69	69	69
	Missing	0	0	0	0
Mean		207.277	141.207	57.259	119.939
Median		199.000	105.000	58.000	117.000
Std. Deviation		47.8930	80.9420	9.4405	41.2555
Minimum		109.0	64.0	33.0	38.0
Maximum		312.0	547.0	86.7	223.0

Analisa Bivariat
Crosstabs

Pengetahuan_kat * Sikap_kat Crosstabulation

			Sikap_kat		Total
			Positif	Negatif	
Pengetahuan_kat	Baik	Count	31	10	41
		% within Pengetahuan_kat	75.6%	24.4%	100.0%
	Kurang	Count	7	21	28
		% within Pengetahuan_kat	25.0%	75.0%	100.0%
Total		Count	38	31	69
		% within Pengetahuan_kat	55.1%	44.9%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	17.223[b]	1	.000		
Continuity Correction[a]	15.239	1	.000		
Likelihood Ratio	17.898	1	.000		
Fisher's Exact Test				.000	.000
Linear-by-Linear Association	16.974	1	.000		
N of Valid Cases	69				

a. Computed only for a 2x2 table

b. 0 cells (.0%) have expected count less than 5. The minimum expected count is 12.58.

Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Pengetahuan_kat (Baik / Kurang)	9.300	3.054	28.317
For cohort Sikap_kat = Positif	3.024	1.556	5.879
For cohort Sikap_kat = Negatif	.325	.182	.581
N of Valid Cases	69		

Crosstabs

Pengetahuan_kat * Pola_makan_kat Crosstabulation

			Pola_makan_kat		Total
			Baik	Kurang	
Pengetahuan_kat	Baik	Count	26	15	41
		% within Pengetahuan_kat	63.4%	36.6%	100.0%
	Kurang	Count	8	20	28
		% within Pengetahuan_kat	28.6%	71.4%	100.0%
Total		Count	34	35	69
		% within Pengetahuan_kat	49.3%	50.7%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	8.081[b]	1	.004		
Continuity Correction[a]	6.747	1	.009		
Likelihood Ratio	8.286	1	.004		
Fisher's Exact Test				.007	.004
Linear-by-Linear Association	7.964	1	.005		
N of Valid Cases	69				

a. Computed only for a 2x2 table

b. 0 cells (.0%) have expected count less than 5. The minimum expected count is 13.80.

Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Pengetahuan_kat (Baik / Kurang)	4.333	1.536	12.228
For cohort Pola_makan_kat = Baik	2.220	1.182	4.168
For cohort Pola_makan_kat = Kurang	.512	.321	.816
N of Valid Cases	69		

Crosstabs

Sikap_kat * Pola_makan_kat Crosstabulation

			Pola_makan_kat		Total
			Baik	Kurang	
Sikap_kat	Positif	Count	29	9	38
		% within Sikap_kat	76.3%	23.7%	100.0%
	Negatif	Count	5	26	31
		% within Sikap_kat	16.1%	83.9%	100.0%
Total		Count	34	35	69
		% within Sikap_kat	49.3%	50.7%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	24.743[b]	1	.000		
Continuity Correction[a]	22.393	1	.000		
Likelihood Ratio	26.645	1	.000		
Fisher's Exact Test				.000	.000
Linear-by-Linear Association	24.384	1	.000		
N of Valid Cases	69				

a. Computed only for a 2x2 table

b. 0 cells (.0%) have expected count less than 5. The minimum expected count is 15.28.

Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Sikap_kat (Positif / Negatif)	16.756	4.973	56.450
For cohort Pola_makan_kat = Baik	4.732	2.080	10.765
For cohort Pola_makan_kat = Kurang	.282	.156	.510
N of Valid Cases	69		

Crosstabs

Pengetahuan_kat * Cholesterol_kat

Crosstab

			Cholesterol_kat		Total
			Normal	Abnormal	
Pengetahuan_kat	Baik	Count	24	17	41
		% within Pengetahuan_kat	58.5%	41.5%	100.0%
	Kurang	Count	12	16	28
		% within Pengetahuan_kat	42.9%	57.1%	100.0%
Total		Count	36	33	69
		% within Pengetahuan_kat	52.2%	47.8%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	1.639[b]	1	.200		
Continuity Correction[a]	1.071	1	.301		
Likelihood Ratio	1.644	1	.200		
Fisher's Exact Test				.228	.150
Linear-by-Linear Association	1.615	1	.204		
N of Valid Cases	69				

a. Computed only for a 2x2 table

b. 0 cells (.0%) have expected count less than 5. The minimum expected count is 13.39.

Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Pengetahuan_kat (Baik / Kurang)	1.882	.712	4.979
For cohort Cholesterol_kat = Normal	1.366	.829	2.250
For cohort Cholesterol_kat = Abnormal	.726	.447	1.178
N of Valid Cases	69		

Sikap_kat * Cholesterol_kat

Crosstab

			Cholesterol_kat		
			Normal	Abnormal	Total
Sikap_kat	Positif	Count	25	13	38
		% within Sikap_kat	65.8%	34.2%	100.0%
	Negatif	Count	11	20	31
		% within Sikap_kat	35.5%	64.5%	100.0%
Total		Count	36	33	69
		% within Sikap_kat	52.2%	47.8%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	6.284[b]	1	.012		
Continuity Correction[a]	5.128	1	.024		
Likelihood Ratio	6.376	1	.012		
Fisher's Exact Test				.016	.011
Linear-by-Linear Association	6.193	1	.013		
N of Valid Cases	69				

a. Computed only for a 2x2 table

b. 0 cells (.0%) have expected count less than 5. The minimum expected count is 14.83.

Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Sikap_kat (Positif / Negatif)	3.497	1.292	9.459
For cohort Cholesterol_kat = Normal	1.854	1.094	3.141
For cohort Cholesterol_kat = Abnormal	.530	.318	.885
N of Valid Cases	69		

Pola_makan_kat * Cholesterol_kat

Crosstab

			Cholesterol_kat		Total
			Normal	Abnormal	
Pola_makan_kat	Baik	Count	20	14	34
		% within Pola_makan_kat	58.8%	41.2%	100.0%
	Kurang	Count	16	19	35
		% within Pola_makan_kat	45.7%	54.3%	100.0%
Total		Count	36	33	69
		% within Pola_makan_kat	52.2%	47.8%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	1.188[b]	1	.276		
Continuity Correction[a]	.721	1	.396		
Likelihood Ratio	1.191	1	.275		
Fisher's Exact Test				.338	.198
Linear-by-Linear Association	1.171	1	.279		
N of Valid Cases	69				

a. Computed only for a 2x2 table

b. 0 cells (.0%) have expected count less than 5. The minimum expected count is 16.26.

Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Pola_makan_kat (Baik / Kurang)	1.696	.654	4.401
For cohort Cholesterol_kat = Normal	1.287	.814	2.034
For cohort Cholesterol_kat = Abnormal	.759	.458	1.255
N of Valid Cases	69		

Pengetahuan_kat * TAG_kat

Crosstab

			TAG_kat		Total
			Normal	Abnormal	
Pengetahuan_kat	Baik	Count	32	9	41
		% within Pengetahuan_kat	78.0%	22.0%	100.0%
	Kurang	Count	14	14	28
		% within Pengetahuan_kat	50.0%	50.0%	100.0%
Total		Count	46	23	69
		% within Pengetahuan_kat	66.7%	33.3%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	5.890[b]	1	.015		
Continuity Correction[a]	4.696	1	.030		
Likelihood Ratio	5.867	1	.015		
Fisher's Exact Test				.020	.015
Linear-by-Linear Association	5.805	1	.016		
N of Valid Cases	69				

a. Computed only for a 2x2 table

b. 0 cells (.0%) have expected count less than 5. The minimum expected count is 9.33.

Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Pengetahuan_kat (Baik / Kurang)	3.556	1.248	10.127
For cohort TAG_kat = Normal	1.561	1.042	2.339
For cohort TAG_kat = Abnormal	.439	.221	.872
N of Valid Cases	69		

Sikap_kat * TAG_kat

Crosstab

			TAG_kat		
			Normal	Abnormal	Total
Sikap_kat	Positif	Count	30	8	38
		% within Sikap_kat	78.9%	21.1%	100.0%
	Negatif	Count	16	15	31
		% within Sikap_kat	51.6%	48.4%	100.0%
Total		Count	46	23	69
		% within Sikap_kat	66.7%	33.3%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	5.740[b]	1	.017		
Continuity Correction[a]	4.576	1	.032		
Likelihood Ratio	5.782	1	.016		
Fisher's Exact Test				.022	.016
Linear-by-Linear Association	5.657	1	.017		
N of Valid Cases	69				

a. Computed only for a 2x2 table

b. 0 cells (.0%) have expected count less than 5. The minimum expected count is 10.33.

Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Sikap_kat (Positif / Negatif)	3.516	1.229	10.056
For cohort TAG_kat = Normal	1.530	1.048	2.233
For cohort TAG_kat = Abnormal	.435	.213	.889
N of Valid Cases	69		

Pola_makan_kat * TAG_kat

Crosstab

			TAG_kat		Total
			Normal	Abnormal	
Pola_makan_kat	Baik	Count	28	6	34
		% within Pola_makan_kat	82.4%	17.6%	100.0%
	Kurang	Count	18	17	35
		% within Pola_makan_kat	51.4%	48.6%	100.0%
Total		Count	46	23	69
		% within Pola_makan_kat	66.7%	33.3%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	7.422[b]	1	.006		
Continuity Correction[a]	6.095	1	.014		
Likelihood Ratio	7.659	1	.006		
Fisher's Exact Test				.010	.006
Linear-by-Linear Association	7.314	1	.007		
N of Valid Cases	69				

a. Computed only for a 2x2 table

b. 0 cells (.0%) have expected count less than 5. The minimum expected count is 11.33.

Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Pola_makan_kat (Baik / Kurang)	4.407	1.463	13.282
For cohort TAG_kat = Normal	1.601	1.120	2.290
For cohort TAG_kat = Abnormal	.363	.163	.810
N of Valid Cases	69		

Pengetahuan_kat * HDL_kat

Crosstab

			HDL_kat		Total
			Normal	Abnormal	
Pengetahuan_kat	Baik	Count	38	3	41
		% within Pengetahuan_kat	92.7%	7.3%	100.0%
	Kurang	Count	27	1	28
		% within Pengetahuan_kat	96.4%	3.6%	100.0%
Total		Count	65	4	69
		% within Pengetahuan_kat	94.2%	5.8%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	.427[b]	1	.513		
Continuity Correction[a]	.017	1	.897		
Likelihood Ratio	.453	1	.501		
Fisher's Exact Test				.641	.462
Linear-by-Linear Association	.421	1	.516		
N of Valid Cases	69				

a. Computed only for a 2x2 table

b. 2 cells (50.0%) have expected count less than 5. The minimum expected count is 1.62.

Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Pengetahuan_kat (Baik / Kurang)	.469	.046	4.756
For cohort HDL_kat = Normal	.961	.860	1.075
For cohort HDL_kat = Abnormal	2.049	.224	18.706
N of Valid Cases	69		

Crosstabs

Sikap_kat * HDL_kat Crosstabulation

			HDL_kat		Total
			Normal	Abnormal	
Sikap_kat	Positif	Count	35	3	38
		% within Sikap_kat	92.1%	7.9%	100.0%
	Negatif	Count	30	1	31
		% within Sikap_kat	96.8%	3.2%	100.0%
Total		Count	65	4	69
		% within Sikap_kat	94.2%	5.8%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	.681[b]	1	.409		
Continuity Correction[a]	.095	1	.758		
Likelihood Ratio	.720	1	.396		
Fisher's Exact Test				.622	.388
Linear-by-Linear Association	.672	1	.412		
N of Valid Cases	69				

a. Computed only for a 2x2 table

b. 2 cells (50.0%) have expected count less than 5. The minimum expected count is 1.80.

Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Sikap_kat (Positif / Negatif)	.389	.038	3.938
For cohort HDL_kat = Normal	.952	.850	1.066
For cohort HDL_kat = Abnormal	2.447	.268	22.374
N of Valid Cases	69		

Pola_makan_kat * HDL_kat

Crosstab

			HDL_kat		Total
			Normal	Abnormal	
Pola_makan_kat	Baik	Count	32	2	34
		% within Pola_makan_kat	94.1%	5.9%	100.0%
	Kurang	Count	33	2	35
		% within Pola_makan_kat	94.3%	5.7%	100.0%
Total		Count	65	4	69
		% within Pola_makan_kat	94.2%	5.8%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	.001[b]	1	.976		
Continuity Correction[a]	.000	1	1.000		
Likelihood Ratio	.001	1	.976		
Fisher's Exact Test				1.000	.682
Linear-by-Linear Association	.001	1	.976		
N of Valid Cases	69				

a. Computed only for a 2x2 table

b. 2 cells (50.0%) have expected count less than 5. The minimum expected count is 1.97.

Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Pola_makan_kat (Baik / Kurang)	.970	.129	7.305
For cohort HDL_kat = Normal	.998	.888	1.122
For cohort HDL_kat = Abnormal	1.029	.154	6.898
N of Valid Cases	69		

Pengetahuan_kat * LDL_kat

Crosstab

			LDL_kat		Total
			Normal	Abnormal	
Pengetahuan_kat	Baik	Count	36	5	41
		% within Pengetahuan_kat	87.8%	12.2%	100.0%
	Kurang	Count	22	6	28
		% within Pengetahuan_kat	78.6%	21.4%	100.0%
Total		Count	58	11	69
		% within Pengetahuan_kat	84.1%	15.9%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	1.059[b]	1	.304		
Continuity Correction[a]	.482	1	.488		
Likelihood Ratio	1.040	1	.308		
Fisher's Exact Test				.334	.242
Linear-by-Linear Association	1.043	1	.307		
N of Valid Cases	69				

a. Computed only for a 2x2 table

b. 1 cells (25.0%) have expected count less than 5. The minimum expected count is 4.46.

Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Pengetahuan_kat (Baik / Kurang)	1.964	.535	7.205
For cohort LDL_kat = Normal	1.118	.893	1.399
For cohort LDL_kat = Abnormal	.569	.192	1.685
N of Valid Cases	69		

Sikap_kat * LDL_kat

Crosstab

			LDL_kat		Total
			Normal	Abnormal	
Sikap_kat	Positif	Count	36	2	38
		% within Sikap_kat	94.7%	5.3%	100.0%
	Negatif	Count	22	9	31
		% within Sikap_kat	71.0%	29.0%	100.0%
Total		Count	58	11	69
		% within Sikap_kat	84.1%	15.9%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	7.198[b]	1	.007		
Continuity Correction[a]	5.533	1	.019		
Likelihood Ratio	7.520	1	.006		
Fisher's Exact Test				.009	.009
Linear-by-Linear Association	7.093	1	.008		
N of Valid Cases	69				

a. Computed only for a 2x2 table

b. 1 cells (25.0%) have expected count less than 5. The minimum expected count is 4.94.

Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Sikap_kat (Positif / Negatif)	7.364	1.455	37.261
For cohort LDL_kat = Normal	1.335	1.053	1.692
For cohort LDL_kat = Abnormal	.181	.042	.778
N of Valid Cases	69		

Pola_makan_kat * LDL_kat

Crosstab

			LDL_kat		Total
			Normal	Abnormal	
Pola_makan_kat	Baik	Count	31	3	34
		% within Pola_makan_kat	91.2%	8.8%	100.0%
	Kurang	Count	27	8	35
		% within Pola_makan_kat	77.1%	22.9%	100.0%
Total		Count	58	11	69
		% within Pola_makan_kat	84.1%	15.9%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	2.535[b]	1	.111		
Continuity Correction[a]	1.596	1	.207		
Likelihood Ratio	2.620	1	.106		
Fisher's Exact Test				.188	.103
Linear-by-Linear Association	2.498	1	.114		
N of Valid Cases	69				

a. Computed only for a 2x2 table

b. 0 cells (.0%) have expected count less than 5. The minimum expected count is 5.42.

Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Pola_makan_kat (Baik / Kurang)	3.062	.737	12.713
For cohort LDL_kat = Normal	1.182	.960	1.456
For cohort LDL_kat = Abnormal	.386	.112	1.334
N of Valid Cases	69		

Logistic Regression Cholesterol

Block 1: Method = Backward Stepwise (Conditional)

Omnibus Tests of Model Coefficients

		Chi-square	df	Sig.
Step 1	Step	6.677	3	.083
	Block	6.677	3	.083
	Model	6.677	3	.083
Step 2[a]	Step	-.005	1	.946
	Block	6.673	2	.036
	Model	6.673	2	.036
Step 3[a]	Step	-.297	1	.586
	Block	6.376	1	.012
	Model	6.376	1	.012

a. A negative Chi-squares value indicates that the Chi-squares value has decreased from the previous step.

Model Summary

Step	-2 Log likelihood	Cox & Snell R Square	Nagelkerke R Square
1	88.846[a]	.092	.123
2	88.851[a]	.092	.123
3	89.148[a]	.088	.118

a. Estimation terminated at iteration number 3 because parameter estimates changed by less than .001.

Classification Table[a]

			Predicted		
			Cholesterol_kat		Percentage Correct
	Observed		Normal	Abnormal	
Step 1	Cholesterol_kat	Normal	25	11	69.4
		Abnormal	13	20	60.6
	Overall Percentage				65.2
Step 2	Cholesterol_kat	Normal	25	11	69.4
		Abnormal	13	20	60.6
	Overall Percentage				65.2
Step 3	Cholesterol_kat	Normal	25	11	69.4
		Abnormal	13	20	60.6
	Overall Percentage				65.2

a. The cut value is .500

Variables in the Equation

		B	S.E.	Wald	df	Sig.	Exp(B)	95.0% C.I.for EXP(B) Lower	Upper
Step 1[a]	Pengetahuan_kat	.040	.596	.005	1	.946	1.041	.323	3.349
	Sikap_kat	1.453	.712	4.163	1	.041	4.275	1.059	17.259
	Pola_makan_kat	-.356	.659	.292	1	.589	.701	.193	2.547
	Constant	-1.718	.952	3.258	1	.071	.179		
Step 2[a]	Sikap_kat	1.471	.660	4.965	1	.026	4.353	1.194	15.871
	Pola_makan_kat	-.353	.657	.289	1	.591	.702	.194	2.547
	Constant	-1.692	.868	3.795	1	.051	.184		
Step 3[a]	Sikap_kat	1.252	.508	6.077	1	.014	3.497	1.292	9.459
	Constant	-1.906	.780	5.967	1	.015	.149		

a. Variable(s) entered on step 1: Pengetahuan_kat, Sikap_kat, Pola_makan_kat.

Model if Term Removed[a]

Variable		Model Log Likelihood	Change in -2 Log Likelihood	df	Sig. of the Change
Step 1	Pengetahuan_kat	-44.425	.005	1	.946
	Sikap_kat	-46.698	4.550	1	.033
	Pola_makan_kat	-44.574	.301	1	.583
Step 2	Sikap_kat	-47.172	5.493	1	.019
	Pola_makan_kat	-44.574	.298	1	.585
Step 3	Sikap_kat	-47.762	6.376	1	.012

a. Based on conditional parameter estimates

Variables not in the Equation

			Score	df	Sig.
Step 2[a]	Variables	Pengetahuan_kat	.005	1	.946
	Overall Statistics		.005	1	.946
Step 3[b]	Variables	Pengetahuan_kat	.001	1	.973
		Pola_makan_kat	.290	1	.590
	Overall Statistics		.295	2	.863

a. Variable(s) removed on step 2: Pengetahuan_kat.

b. Variable(s) removed on step 3: Pola_makan_kat.

Logistic Regression TAG

Block 1: Method = Backward Stepwise (Conditional)

Omnibus Tests of Model Coefficients

		Chi-square	df	Sig.
Step 1	Step	10.497	3	.015
	Block	10.497	3	.015
	Model	10.497	3	.015
Step 2[a]	Step	-.163	1	.686
	Block	10.334	2	.006
	Model	10.334	2	.006
Step 3[a]	Step	-2.674	1	.102
	Block	7.659	1	.006
	Model	7.659	1	.006

a. A negative Chi-squares value indicates that the Chi-squares value has decreased from the previous step.

Model Summary

Step	-2 Log likelihood	Cox & Snell R Square	Nagelkerke R Square
1	77.342[a]	.141	.196
2	77.505[a]	.139	.193
3	80.180[a]	.105	.146

a. Estimation terminated at iteration number 4 because parameter estimates changed by less than .001.

Classification Table[a]

			Predicted		
			TAG_kat		Percentage Correct
	Observed		Normal	Abnormal	
Step 1	TAG_kat	Normal	36	10	78.3
		Abnormal	13	10	43.5
	Overall Percentage				66.7
Step 2	TAG_kat	Normal	36	10	78.3
		Abnormal	13	10	43.5
	Overall Percentage				66.7
Step 3	TAG_kat	Normal	46	0	100.0
		Abnormal	23	0	.0
	Overall Percentage				66.7

a. The cut value is .500

Variables in the Equation

		B	S.E.	Wald	df	Sig.	Exp(B)	95.0% C.I.for EXP(B) Lower	Upper
Step 1[a]	Pengetahuan_kat	.837	.610	1.884	1	.170	2.308	.699	7.623
	Sikap_kat	.283	.700	.164	1	.686	1.327	.337	5.230
	Pola_makan_kat	1.085	.673	2.600	1	.107	2.960	.792	11.066
	Constant	-4.041	1.187	11.585	1	.001	.018		
Step 2[a]	Pengetahuan_kat	.927	.568	2.664	1	.103	2.527	.830	7.694
	Pola_makan_kat	1.217	.589	4.263	1	.039	3.377	1.064	10.724
	Constant	-3.954	1.161	11.601	1	.001	.019		
Step 3[a]	Pola_makan_kat	1.483	.563	6.946	1	.008	4.407	1.463	13.282
	Constant	-3.024	.961	9.896	1	.002	.049		

a. Variable(s) entered on step 1: Pengetahuan_kat, Sikap_kat, Pola_makan_kat.

Model if Term Removed[a]

Variable		Model Log Likelihood	Change in -2 Log Likelihood	df	Sig. of the Change
Step 1	Pengetahuan_kat	-39.617	1.891	1	.169
	Sikap_kat	-38.753	.163	1	.686
	Pola_makan_kat	-40.005	2.668	1	.102
Step 2	Pengetahuan_kat	-40.097	2.688	1	.101
	Pola_makan_kat	-41.021	4.536	1	.033
Step 3	Pola_makan_kat	-43.998	7.815	1	.005

a. Based on conditional parameter estimates

Variables not in the Equation

			Score	df	Sig.
Step 2[a]	Variables	Sikap_kat	.164	1	.685
	Overall Statistics		.164	1	.685
Step 3[b]	Variables	Pengetahuan_kat	2.726	1	.099
		Sikap_kat	.968	1	.325
	Overall Statistics		2.902	2	.234

a. Variable(s) removed on step 2: Sikap_kat.

b. Variable(s) removed on step 3: Pengetahuan_kat.

Logistic Regression HDL

Block 1: Method = Backward Stepwise (Conditional)

Omnibus Tests of Model Coefficients

		Chi-square	df	Sig.
Step 1	Step	1.167	3	.761
	Block	1.167	3	.761
	Model	1.167	3	.761
Step 2[a]	Step	-.138	1	.710
	Block	1.028	2	.598
	Model	1.028	2	.598
Step 3[a]	Step	-.308	1	.579
	Block	.720	1	.396
	Model	.720	1	.396
Step 4[a]	Step	-.720	1	.396

a. A negative Chi-squares value indicates that the Chi-squares value has decreased from the previous step.

Model Summary

Step	-2 Log likelihood	Cox & Snell R Square	Nagelkerke R Square
1	29.379[a]	.017	.047
2	29.518[a]	.015	.041
3	29.826[a]	.010	.029
4	30.546[b]	.000	.000

a. Estimation terminated at iteration number 6 because parameter estimates changed by less than .001.

b. Estimation terminated at iteration number 5 because parameter estimates changed by less than .001.

Classification Table[a]

Observed			Predicted HDL_kat Normal	Predicted HDL_kat Abnormal	Percentage Correct
Step 1	HDL_kat	Normal	65	0	100.0
		Abnormal	4	0	.0
	Overall Percentage				94.2
Step 2	HDL_kat	Normal	65	0	100.0
		Abnormal	4	0	.0
	Overall Percentage				94.2
Step 3	HDL_kat	Normal	65	0	100.0
		Abnormal	4	0	.0
	Overall Percentage				94.2
Step 4	HDL_kat	Normal	65	0	100.0
		Abnormal	4	0	.0
	Overall Percentage				94.2

a. The cut value is .500

Variables in the Equation

		B	S.E.	Wald	df	Sig.	Exp(B)	95.0% C.I.for EXP(B) Lower	95.0% C.I.for EXP(B) Upper
Step 1[a]	Pengetahuan_kat	-.480	1.318	.133	1	.716	.619	.047	8.188
	Sikap_kat	-1.165	1.441	.654	1	.419	.312	.019	5.254
	Pola_makan_kat	.740	1.215	.371	1	.543	2.095	.194	22.646
	Constant	-1.686	2.019	.697	1	.404	.185		
Step 2[a]	Sikap_kat	-1.337	1.357	.970	1	.325	.263	.018	3.754
	Pola_makan_kat	.672	1.191	.318	1	.573	1.957	.189	20.219
	Constant	-1.987	1.839	1.168	1	.280	.137		
Step 3[a]	Sikap_kat	-.944	1.181	.639	1	.424	.389	.038	3.938
	Constant	-1.512	1.575	.922	1	.337	.220		
Step 4[a]	Constant	-2.788	.515	29.291	1	.000	.062		

a. Variable(s) entered on step 1: Pengetahuan_kat, Sikap_kat, Pola_makan_kat.

Model if Term Removed[a]

Variable		Model Log Likelihood	Change in -2 Log Likelihood	df	Sig. of the Change
Step 1	Pengetahuan_kat	-14.759	.140	1	.709
	Sikap_kat	-15.043	.706	1	.401
	Pola_makan_kat	-14.873	.366	1	.545
Step 2	Sikap_kat	-15.309	1.101	1	.294
	Pola_makan_kat	-14.915	.313	1	.576
Step 3	Sikap_kat	-15.287	.749	1	.387

a. Based on conditional parameter estimates

Variables not in the Equation

			Score	df	Sig.
Step 2[a]	Variables	Pengetahuan_kat	.134	1	.715
	Overall Statistics		.134	1	.715
Step 3[b]	Variables	Pengetahuan_kat	.084	1	.771
		Pola_makan_kat	.322	1	.570
	Overall Statistics		.455	2	.796
Step 4[c]	Variables	Pengetahuan_kat	.427	1	.513
		Sikap_kat	.681	1	.409
		Pola_makan_kat	.001	1	.976
	Overall Statistics		1.117	3	.773

a. Variable(s) removed on step 2: Pengetahuan_kat.

b. Variable(s) removed on step 3: Pola_makan_kat.

c. Variable(s) removed on step 4: Sikap_kat.

Logistic Regression LDL

Block 1: Method = Backward Stepwise (Conditional)

Omnibus Tests of Model Coefficients

		Chi-square	df	Sig.
Step 1	Step	7.650	3	.054
	Block	7.650	3	.054
	Model	7.650	3	.054
Step 2[a]	Step	-.001	1	.970
	Block	7.648	2	.022
	Model	7.648	2	.022
Step 3[a]	Step	-.129	1	.720
	Block	7.520	1	.006
	Model	7.520	1	.006

a. A negative Chi-squares value indicates that the Chi-squares value has decreased from the previous step.

Model Summary

Step	-2 Log likelihood	Cox & Snell R Square	Nagelkerke R Square
1	52.892[a]	.105	.180
2	52.893[a]	.105	.180
3	53.022[a]	.103	.177

a. Estimation terminated at iteration number 6 because parameter estimates changed by less than .001.

Classification Table[a]

Observed			Predicted		
			LDL_kat		Percentage Correct
			Normal	Abnormal	
Step 1	LDL_kat	Normal	58	0	100.0
		Abnormal	11	0	.0
	Overall Percentage				84.1
Step 2	LDL_kat	Normal	58	0	100.0
		Abnormal	11	0	.0
	Overall Percentage				84.1
Step 3	LDL_kat	Normal	58	0	100.0
		Abnormal	11	0	.0
	Overall Percentage				84.1

a. The cut value is .500

Variables in the Equation

		B	S.E.	Wald	df	Sig.	Exp(B)	95.0% C.I.for EXP(B)	
								Lower	Upper
Step 1[a]	Pengetahuan_kat	-.278	.772	.129	1	.719	.757	.167	3.441
	Sikap_kat	2.156	1.087	3.937	1	.047	8.637	1.027	72.675
	Pola_makan_kat	-.034	.919	.001	1	.970	.966	.160	5.850
	Constant	-4.680	1.691	7.663	1	.006	.009		
Step 2[a]	Pengetahuan_kat	-.276	.771	.129	1	.720	.759	.167	3.436
	Sikap_kat	2.134	.914	5.452	1	.020	8.451	1.409	50.699
	Constant	-4.702	1.587	8.783	1	.003	.009		
Step 3[a]	Sikap_kat	1.997	.827	5.825	1	.016	7.364	1.455	37.261
	Constant	-4.887	1.506	10.532	1	.001	.008		

a. Variable(s) entered on step 1: Pengetahuan_kat, Sikap_kat, Pola_makan_kat.

Model if Term Removed[a]

Variable		Model Log Likelihood	Change in -2 Log Likelihood	df	Sig. of the Change
Step 1	Pengetahuan_kat	-26.511	.130	1	.719
	Sikap_kat	-29.010	5.127	1	.024
	Pola_makan_kat	-26.447	.001	1	.970
Step 2	Pengetahuan_kat	-26.511	.129	1	.720
	Sikap_kat	-30.146	7.398	1	.007
Step 3	Sikap_kat	-30.753	8.484	1	.004

a. Based on conditional parameter estimates

Variables not in the Equation

			Score	df	Sig.
Step 2[a]	Variables	Pola_makan_kat	.001	1	.970
	Overall Statistics		.001	1	.970
Step 3[b]	Variables	Pengetahuan_kat	.129	1	.720
		Pola_makan_kat	.000	1	.984
	Overall Statistics		.130	2	.937

a. Variable(s) removed on step 2: Pola_makan_kat.

b. Variable(s) removed on step 3: Pengetahuan_kat.

Lampiaran I

KUESIONER PENGETAHUAN GIZI

1. Nama Responden :
2. Kode Responden :
3. Tanggal :

Kuesioner ini bertujuan untuk mengetahui tingkat pengetahuan responden mengenai makanan atau gizi. Kami mohon kesediaan responden untuk dapat menjawab pertanyaan dengan tulus dan benar.

Isilah pernyataan di bawah ini dengan jawaban **benar** atau **salah (B – S)** !

Pernyataan…....

---

1 ☐ Lauk hewani seperti jeroan,daging,kuning telur adalah sumber protein Yang banyak mengandung kolesterol.

2 ☐ Kelebihan kolesterol dalam tubuh akan menyebabkan aterosklerosis (penebalan dan penyumbatan dinding pembuluh darah) yang bahaya bagi jantung

3. ☐ Kebutuhan gizi seimbang dapat diperoleh dari karbohidrat,protein,dan lemak saja.

4. ☐ Serat yang didapat dari sayuran dan buah-buahan tidak penting bagi tubuh

5. ☐ Vitamin berfungsi sebagai zat pengatur tubuh

☐

6. M Minyak kelapa,minyak sawit, margarine adalah lemak jenuh yang bila berlebihan dikonsumsi tidak berpengaruh terhadap tubuh

7. Serat(fiber) dari sayuran,buah, bekatul sangat baik untuk pencegahan penyakit jantung

8. karbohidrat seperti nasi,kentang,roti,gula secara berlebihan akan mengakibatkan kegemukan

9. Membiasakan banyak minum air putih sangat baik bagi kesehatan tubuh

10. Konsumsi tempe selain sebagai sumber protein nabati,juga baik untuk menurun kadar kolesterol

11. Makanan siap saji mengandung tinggi lemak dan rendah serat

Dislipidemia adalah keadaan lemak darah yang tinggi ditandai dengan kolesterol total tinggi,LDL tinggi,trigliserida tinggi

12. Sumber makanan berlemak adalah minyak,margarine,santan,kulit ayam,dan keju

13. Sayuran dan buah sebagai sumber vitamin juga sebagai anti oksidan yang penting bagi tubuh

14. Makan makanan yang beraneka ragam dan seimbang dengan kandungan

karbohidrat,protein,lemak,vitamin dan mineral sangat baik untuk memperoleh status gizi yang optimal.

15. Dislipidemia adalah salah satu penyebab terjadinya arteroskelosis dan penyakit jantung .

16. Makanan gizi seimbang,olah raga teratur dan menghindari rokok dapat mencegah penyakit jantung.

LAMPIRAN 2

KUESIONER SIKAP

1. Nama Responden :
2. Kode Responden :

3. Tanggal :

Petunjuk Pengisian :

1). Mohon lembar ini diisi oleh saudara untuk menjawab seluruh pertanyaan yang ada.

2). Berilah tanda check list (√) pada kolom yang tersedia dan dipilih sesuai dengan keadaan yang sebenarnya.

3). Ada empat (4) alternative jawaban,yaitu :

4 = Sangat Setuju

3 = Setuju

2 = Tidak Setuju

1 = Sangat Tidak Setuju

NO	Pernyataan Variabel sikap terhadap Makanan atau gizi seimbang	Alternatif Jawaban			
		SS	S	TS	STS
1.	Makan beraneka ragam makanan dan seimbang berupa sumber Kabohidrat,lemak,protein,vitamin,mineral dan serat sangat baik bagi kesehatan tubuh				
2.	Saya suka mengkonsumsi makanan gorengan,santan dan sumber lemak lainnya karena tidak menyebabkan kegemukan dan penyakit jantung				
3.	Saya sangat suka sayuran dan buah karena membuat BAB lancar,banyak serat,tidak membuat kegemukan				
4.	Saya lebih senang makan makanan yang aman bagi kesehatan daripada makanan siap saji				
5.	Saya tidak suka susu full cream,tetapi saya suka susu low fat yang mengandung banyak tambahan vitamin bagi kesehatan				
6.	Makanan sumber kolesterol dan lemak seperti jeroan,daging, ayam ,telur ,margarine,keju penting bagi tubuh,jadi boleh dikonsumsi berlebihan.				
7.	Makanan sumber kolesterol dan lemak dapat menyebabkan penyakit jantung koroner				
8.	Buah dan sayur sebagai sumber vitamin sangat penting sebagai zat pengatur tubuh dan pencegah penyakit.				
9.	Makan makanan gizi seimbang disertai olah raga teratur sangat baik untuk kesehatan tubuh				
10.	Saya tidak suka buah dan sayur karena rasanya tidak enak,tidak gurih dan mengunyahnya lama				
11.	Saya suka makan tempe selain murah juga baik untuk menjaga kadar kolesterol darah				
12.	Nafsu makan seseorang tidak dipengaruhi oleh konsumsi				

	rokok yang berlebihan				
13.	Saya suka makanan siap saji dan berlemak karena enak,gurih tanpa peduli mengganggu kesehatan				

LAMPIRAN 3

FOOD FREQUENCY QUETIONER (FFQ)

Nama Responden : Tanggal :

Jenis Kelamin : Nama Enumerator :

Usia :

Berapa sering anda makan makanan ini? ……. Jumlah ?												
	Tidak pernah/< 1 bln	**Bulan**		**Minggu**			**Hari**		**Ukuran Sedang (M)**	**Ukuran**		
		1 X	**2-3 X**	**1 X**	**2 X**	**3-4 X**	**1 X**	**2 +**		**S**	**M**	**L**
Karbohidrat:												
1. Nasi												
2. Mie												
3. Bihun												
4. Roti												
5. Singkong												
6. Ubi Jalar												
7. Talas												
8. Kentang												
9. …….												
Lauk Hewani												
1. Daging sapi												

2. D. ayam												
3. Ikan segar												
4. Telur ayam												
5. Telur bebek												
6. Telur puyuh												
7. Ati ayam												
8. Ati sapi												
9. Sosis sapi												
10. Sosis ayam												
11. Bakso												
12. Jeroan												
Lauk Nabati												
1. Tempe												
2. Tahu												
3. Oncom												
4. Kacang Hijau												

Berapa sering anda makan makanan ini? …….												**Jumlah ?**
	Tidak pernah /< 1 bln	**Bulan**		**Minggu**			**Hari**		**Ukuran Sedang (M)**	**Ukuran**		
		1 X	**2-3 X**	**1 X**	**2 X**	**3-4 X**	**1 X**	**2 +**		**S**	**M**	**L**
Sayuran												
1. Bayam												
2. Kangkung												
3. Wortel												
4. Buncis												
5. Kacang panjang												
6. Labu siam												
7. Sawi putih												
8. Sausin												
9. Daun singkong												
10. Tomat												
11. …….												
Buah-Buahan												
1. Jeruk												
2. Pisang												
3. Apel												
4. Semangka												
5. Melon												
6. Alpukat												
7. Pepaya												
8. Nangka												

9. Mangga												
10. Nenas												
11. Jambu air												
12. Jambu biji												
13. Belimbing												
14. …….												

Berapa sering anda makan makanan ini? …….										**Jumlah ?**		
	Tidak pernah/< 1 bln	**Bulan**		**Minggu**			Hari		**Ukuran Sedang (M)**	Ukuran		
		1 X	**2-3 X**	**1 X**	**2 X**	**3-4 X**	**1 X**	**2 +**		**S**	**M**	**L**
1. Batagor												
2. Cireng												
3. Pisgor												
4. Kerupuk												
5. Bala-bala												
6. Mie bakso												
7. Cake												
8. Molen												
9. ……												
Sumber Lemak												
1. Margarin												
2. Kelapa												
3. Santan												
4. Goreng-gorengan												
5. ……												
Susu & Olahannya												
1. Susu Kental Manis												
2. Susu bubuk full cream												

3. Keju												
4. Susu Cair												
5. …….												

Lampiran 4.
HASIL ANALISIS STATISTIK

Analisa Univariat

JK

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Laki-laki	30	43.5	43.5	43.5
	Perempuan	39	56.5	56.5	100.0
	Total	69	100.0	100.0	

Statistics

Usia		
N	Valid	69
	Missing	0
Mean		44.4058
Median		44.0000
Std. Deviation		5.57125
Minimum		35.00
Maximum		55.00

Pekerjaan

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Adm TU	13	18.8	18.8	18.8
	Adm Keuangan	6	8.7	8.7	27.5
	Teknisi Optik	12	17.4	17.4	44.9
	Perawat	22	31.9	31.9	76.8
	Teknisi Alat	4	5.8	5.8	82.6
	Tenaga pemasak	4	5.8	5.8	88.4
	Akuntansi	3	4.3	4.3	92.8
	Adm Gizi	1	1.4	1.4	94.2
	Laundry	2	2.9	2.9	97.1
	Adm farmasi	1	1.4	1.4	98.6
	Humas	1	1.4	1.4	100.0
	Total	69	100.0	100.0	

Statistics

		Total_sikap	Persen_sikap	Skor_ pengetahuan	Persen_ pengetahuan	Skor_pola_ makan	Persen_pola_ makan
N	Valid	69	69	69	69	69	69
	Missing	0	0	0	0	0	0
Mean		40.36	65.1005	13.96	82.0972	107.67	71.7778
Median		40.00	64.5161	14.00	82.3529	109.00	72.6667
Std. Deviation		4.725	7.62046	1.719	10.11006	12.485	8.32326
Minimum		31	50.00	10	58.82	62	41.33
Maximum		49	79.03	16	94.12	135	90.00

Sikap_kat

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Positif	38	55.1	55.1	55.1
	Negatif	31	44.9	44.9	100.0
	Total	69	100.0	100.0	

Pengetahuan_kat

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Baik	41	59.4	59.4	59.4
	Kurang	28	40.6	40.6	100.0
	Total	69	100.0	100.0	

Pola_makan_kat

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Baik	34	49.3	49.3	49.3
	Kurang	35	50.7	50.7	100.0
	Total	69	100.0	100.0	

Cholesterol_kat

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Normal	36	52.2	52.2	52.2
	Abnormal	33	47.8	47.8	100.0
	Total	69	100.0	100.0	

TAG_kat

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Normal	46	66.7	66.7	66.7
	Abnormal	23	33.3	33.3	100.0
	Total	69	100.0	100.0	

HDL_kat

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Normal	65	94.2	94.2	94.2
	Abnormal	4	5.8	5.8	100.0
	Total	69	100.0	100.0	

LDL_kat

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Normal	58	84.1	84.1	84.1
	Abnormal	11	15.9	15.9	100.0
	Total	69	100.0	100.0	

Statistics

		Cholesterol	Trigliserida	HDL	LDL
N	Valid	69	69	69	69
	Missing	0	0	0	0
Mean		207.277	141.207	57.259	119.939
Median		199.000	105.000	58.000	117.000
Std. Deviation		47.8930	80.9420	9.4405	41.2555
Minimum		109.0	64.0	33.0	38.0
Maximum		312.0	547.0	86.7	223.0

LAMPIRAN 5
REKAPITULASI DATA PENELITIAN

No	Nama	JK	Usia	Pekerjaan	Cholesterol	Cholesterol_kat	Trigliserida	TAG_kat
1	Suwondo	Laki-laki	55,00	Teknisi Alat	179,1	Normal	224,4	Abnormal
2	Tati	Perempuan	39,00	Perawat	221,0	Abnormal	123,9	Normal
3	Sodik	Laki-laki	49,00	Teknisi Optik	212,0	Abnormal	76,0	Normal
4	Heri Hermawan	Laki-laki	45,00	Teknisi Optik	312,0	Abnormal	547,0	Abnormal
5	Tina Juangsih	Perempuan	41,00	Perawat	249,0	Abnormal	99,0	Normal
6	Kesiana Sijabat	Laki-laki	50,00	Adm Keuangan	214,0	Abnormal	132,0	Normal
7	Deni Kusnandar	Laki-laki	42,00	Perawat	229,0	Abnormal	171,0	Abnormal
8	Surnaya	Laki-laki	51,00	Perawat	244,0	Abnormal	156,0	Normal
9	Dadi Abdurahma	Laki-laki	39,00	Laundry	228,0	Abnormal	72,0	Normal
10	Utep Muntaha	Laki-laki	36,00	Perawat	290,0	Abnormal	144,0	Normal
11	Sri Andaryati	Perempuan	43,00	Adm TU	311,0	Abnormal	234,0	Abnormal
12	Suliati	Perempuan	49,00	Tenaga pemasak	189,0	Normal	164,0	Abnormal
13	Entin Supriatin	Perempuan	43,00	Tenaga pemasak	301,0	Abnormal	216,0	Abnormal
14	Pujiono	Laki-laki	40,00	Adm farmasi	234,0	Abnormal	357,0	Abnormal
15	Lutfiati	Perempuan	48,00	Adm Gizi	255,0	Abnormal	162,0	Abnormal
16	Eman Sulaeman	Laki-laki	40,00	Teknisi Optik	245,0	Abnormal	197,0	Abnormal
17	Khumaesah	Perempuan	36,00	Humas	240,0	Abnormal	209,0	Abnormal
18	Jayusman	Laki-laki	44,00	Adm TU	191,0	Normal	270,0	Abnormal
19	Jumakir	Laki-laki	54,00	Adm TU	301,0	Abnormal	72,0	Normal
20	Purwaningsih	Perempuan	40,00	Akuntansi	273,0	Abnormal	257,0	Abnormal
21	M Mujiran	Laki-laki	45,00	Adm Keuangan	243,0	Abnormal	299,0	Abnormal
22	Titi Sumiati	Perempuan	42,00	Adm TU	277,0	Abnormal	105,0	Normal
23	Uswarudin	Laki-laki	45,00	Akuntansi	273,0	Abnormal	228,0	Abnormal
24	Ono Sarya	Laki-laki	52,00	Adm TU	228,0	Abnormal	165,0	Abnormal
25	Sri Murtiati	Perempuan	51,00	Tenaga pemasak	286,0	Abnormal	157,0	Normal
26	Tarmidi	Laki-laki	46,00	Perawat	198,0	Normal	217,0	Abnormal
27	Supangat	Laki-laki	51,00	Teknisi Alat	273,0	Abnormal	64,0	Normal
28	Sulaeman	Laki-laki	46,00	Teknisi Alat	218,0	Abnormal	191,0	Abnormal
29	Dedeh Yanara	Perempuan	46,00	Adm Keuangan	224,0	Abnormal	193,0	Abnormal
30	Siti Nurhayati	Perempuan	42,00	Perawat	182,0	Normal	87,0	Normal
31	Melina Ulfah	Perempuan	35,00	Perawat	162,0	Normal	93,0	Normal
32	Sri Murjiwati	Perempuan	51,00	Perawat	183,0	Normal	88,0	Normal
33	Wahyo	Laki-laki	55,00	Akuntansi	199,0	Normal	74,0	Normal
34	Wanti	Perempuan	46,00	Perawat	199,0	Normal	199,0	Abnormal
35	Rostikawati	Perempuan	48,00	Adm Keuangan	112,0	Normal	73,0	Normal
36	Yuniarti	Perempuan	45,00	Perawat	178,0	Normal	94,0	Normal
37	Dadan sukarna	Laki-laki	43,00	Adm TU	172,0	Normal	163,0	Abnormal
38	Lilis Titawati	Perempuan	44,00	Perawat	198,0	Normal	96,0	Normal
39	N. Sriharti Mukti	Perempuan	42,00	Teknisi Optik	151,0	Normal	99,0	Normal
40	Tiurma Simartan	Perempuan	39,00	Teknisi Optik	176,0	Normal	86,0	Normal
41	Lilis Nurhayati	Perempuan	44,00	Adm TU	139,0	Normal	77,0	Normal
42	Suwangsih	Perempuan	51,00	Adm TU	188,0	Normal	93,0	Normal
43	Hatik Arfati	Perempuan	37,00	Perawat	140,0	Normal	66,0	Normal
44	Rachmi Jumania	Perempuan	49,00	Perawat	164,0	Normal	74,0	Normal
45	Dudi Iriyanto	Laki-laki	55,00	Tenaga pemasak	142,0	Normal	90,0	Normal
46	Dini Subandini	Perempuan	40,00	Perawat	173,0	Normal	80,0	Normal

47	Icih Sukasih	Perempuan	35,00	Teknisi Alat	109,0	Normal	80,0	Normal
48	Teti Larisa	Perempuan	37,00	Perawat	120,0	Normal	81,0	Normal
49	Rohayati	Perempuan	42,00	Perawat	163,0	Normal	79,0	Normal
50	Taufik	Laki-laki	42,00	Teknisi Optik	177,0	Normal	127,0	Normal
51	Dadang Muhidin	Laki-laki	36,00	Adm Keuangan	147,0	Normal	89,0	Normal
52	Enung Suhartini	Perempuan	41,00	Teknisi Optik	198,0	Normal	121,0	Normal
53	Lisa Mulyani	Perempuan	49,00	Teknisi Optik	163,0	Normal	98,0	Normal
54	Susanti Natalya S	Perempuan	46,00	Perawat	194,0	Normal	80,0	Normal
55	Taryati	Perempuan	48,00	Teknisi Optik	190,0	Normal	104,0	Normal
56	M Syarif Hidayat	Laki-laki	53,00	Teknisi Optik	196,0	Normal	199,0	Abnormal
57	Iman Hilman	Laki-laki	46,00	Laundry	197,0	Normal	185,0	Abnormal
58	Cucum Hayati	Laki-laki	50,00	Perawat	185,0	Normal	123,0	Normal
59	Susilawati	Laki-laki	38,00	Teknisi Optik	187,0	Normal	81,0	Normal
60	Mimin Kurnia	Perempuan	40,00	Teknisi Optik	156,0	Normal	84,0	Normal
61	Iis Mulyani	Perempuan	37,00	Adm TU	150,0	Normal	96,0	Normal
62	hj. Rukaman	Perempuan	49,00	Adm TU	215,0	Abnormal	127,0	Normal
63	Wiryanto	Laki-laki	42,00	Adm TU	226,0	Abnormal	96,0	Normal
64	Yayan Suryana	Laki-laki	37,00	Adm Keuangan	219,0	Abnormal	137,0	Normal
65	Rosita	Perempuan	47,00	Adm TU	257,0	Abnormal	84,0	Normal
66	Ida Rosida	Perempuan	48,00	Adm TU	206,0	Abnormal	218,0	Abnormal
67	Siti handayani	Perempuan	36,00	Perawat	213,0	Abnormal	81,0	Normal
68	Icwan	Laki-laki	53,00	Perawat	227,0	Abnormal	138,0	Normal
69	Rifat Sarikaryani	Perempuan	38,00	Perawat	211,0	Abnormal	101,0	Normal

HDL	HDL_kat	LDL	LDL_kat	Sikap1	Sikap2	Sikap3	Sikap4	Sikap5	Sikap6	Sikap7	Sikap8
67,0	Normal	67,2	Normal	S	STS	TS	S	S	S	S	S
86,7	Normal	131,9	Normal	SS	TS	S	S	STS	S	S	S
64,2	Normal	132,6	Normal	S	STS	S	TS	S	TS	TS	TS
71,1	Normal	131,5	Normal	TS	STS	TS	TS	TS	TS	TS	TS
63,6	Normal	165,6	Abnormal	S	STS	SS	S	S	TS	STS	SS
56,4	Normal	131,2	Normal	SS	STS	SS	STS	S	S	STS	S
67,2	Normal	127,6	Normal	SS	STS	TS	SS	TS	SS	SS	TS
62,4	Normal	150,4	Normal	S	TS	TS	SS	S	S	TS	TS
66,9	Normal	146,7	Normal	S	STS	TS	SS	S	S	S	S
65,6	Normal	195,6	Abnormal	S	STS	SS	S	S	TS	STS	TS
59,5	Normal	204,7	Abnormal	SS	STS	SS	STS	S	S	STS	S
68,5	Normal	87,7	Normal	S	TS	S	S	TS	S	SS	S
61,5	Normal	196,3	Abnormal	SS	STS	TS	TS	TS	TS	S	S
57,8	Normal	104,8	Normal	S	STS	TS	TS	TS	TS	SS	S
62,6	Normal	160,0	Normal	TS	TS	SS	S	TS	S	S	TS
61,2	Normal	144,4	Normal	SS	TS	S	S	STS	SS	S	S
64,9	Normal	133,3	Normal	S	TS	S	S	S	S	S	TS
65,4	Normal	71,6	Normal	S	STS	SS	S	S	S	S	S
63,6	Normal	223,0	Abnormal	TS	STS	SS	S	S	SS	STS	SS
59,9	Normal	161,7	Abnormal	SS	STS	SS	STS	S	S	STS	S
66,2	Normal	117,0	Normal	S	STS	SS	SS	S	SS	SS	S
63,6	Normal	192,4	Abnormal	S	STS	SS	SS	S	SS	S	SS
65,6	Normal	161,8	Abnormal	S	STS	SS	SS	S	SS	S	S
64,7	Normal	130,3	Normal	SS	STS	SS	S	S	SS	S	S
66,2	Normal	188,4	Abnormal	S	TS	S	S	SS	S	S	S
34,0	Abnormal	88,3	Normal	S	TS	SS	SS	S	S	S	S
59,7	Normal	200,5	Abnormal	TS	S	S	S	TS	S	S	S
71,0	Normal	108,8	Normal	S	TS	S	S	TS	S	S	STS
64,9	Normal	120,5	Normal	SS	STS	SS	SS	S	SS	S	S
57,0	Normal	108,0	Normal	S	TS	SS	SS	S	S	S	S
59,0	Normal	84,0	Normal	S	TS	SS	SS	S	S	S	S
58,0	Normal	107,0	Normal	S	TS	SS	SS	S	S	S	S
57,0	Normal	127,0	Normal	SS	STS	S	SS	S	SS	SS	SS
59,0	Normal	100,0	Normal	SS	STS	SS	SS	SS	SS	SS	SS
58,0	Normal	39,0	Normal	SS	STS	SS	SS	STS	SS	SS	SS
59,0	Normal	100,0	Normal	SS	STS	SS	SS	SS	SS	SS	SS
58,0	Normal	81,0	Normal	S	TS	S	S	SS	S	S	S
59,0	Normal	120,0	Normal	S	TS	SS	SS	S	S	S	S
58,0	Normal	73,0	Normal	SS	STS	SS	SS	SS	SS	SS	SS
53,0	Normal	106,0	Normal	S	TS	SS	SS	S	S	S	S
40,0	Normal	84,0	Normal	SS	STS	S	SS	S	SS	SS	SS
52,0	Normal	117,0	Normal	SS	STS	SS	SS	SS	SS	SS	SS
57,0	Normal	65,0	Normal	SS	STS	SS	SS	STS	SS	SS	SS
40,0	Normal	105,0	Normal	S	TS	S	S	SS	S	S	S
52,0	Normal	75,0	Normal	S	TS	SS	SS	S	S	S	S
59,0	Normal	98,0	Normal	S	TS	S	S	S	SS	SS	S

55,0	Normal	38,0	Normal	SS	STS	SS	SS	SS	S	S	S
51,0	Normal	48,0	Normal	S	TS	S	S	S	SS	SS	S
56,0	Normal	91,0	Normal	SS	STS	SS	SS	SS	SS	SS	S
52,0	Normal	100,0	Normal	SS	STS	SS	SS	SS	SS	SS	SS
53,0	Normal	76,0	Normal	SS	STS	SS	SS	STS	SS	SS	SS
33,0	Abnormal	128,0	Normal	S	TS	S	S	S	SS	SS	S
55,0	Normal	88,0	Normal	SS	TS	SS	SS	SS	S	SS	SS
40,0	Normal	138,0	Normal	SS	TS	SS	SS	SS	SS	SS	SS
52,0	Normal	117,0	Normal	S	TS	S	S	S	SS	SS	S
58,0	Normal	98,0	Normal	SS	TS	SS	SS	SS	S	S	S
34,0	Abnormal	71,0	Normal	S	TS	S	S	S	SS	SS	S
51,0	Normal	89,0	Normal	SS	TS	SS	SS	SS	S	S	S
59,0	Normal	112,0	Normal	S	TS	S	S	S	SS	SS	SS
56,0	Normal	83,0	Normal	SS	TS	SS	SS	SS	S	S	S
58,0	Normal	73,0	Normal	S	SS	S	S	S	SS	SS	S
54,0	Normal	136,0	Normal	SS	STS	SS	SS	SS	S	S	S
51,0	Normal	156,0	Normal	S	TS	S	S	S	SS	SS	S
52,0	Normal	140,0	Normal	SS	STS	SS	SS	SS	S	S	SS
52,0	Normal	188,0	Abnormal	SS	SS	SS	SS	SS	SS	SS	SS
33,0	Abnormal	113,0	Normal	S	SS	S	S	S	SS	SS	S
55,0	Normal	142,0	Normal	SS	TS	SS	SS	SS	SS	SS	SS
54,0	Normal	145,0	Normal	S	TS	S	S	S	SS	SS	S
50,0	Normal	141,0	Normal	SS	STS	SS	SS	SS	S	S	S

Sikap9	Sikap10	Sikap11	Sikap12	Sikap13	Total_sikap	Persen_sikap	Skor_pengetahuan	Persen_pengetahuan
TS	TS	TS	S	SS	34	54,84	11	64,71
S	TS	S	SS	S	37	59,68	13	76,47
SS	SS	SS	S	STS	34	54,84	14	82,35
S	S	SS	S	S	31	50,00	13	76,47
S	TS	S	TS	SS	35	56,45	13	76,47
STS	SS	S	TS	S	33	53,23	12	70,59
TS	SS	SS	TS	SS	39	62,90	13	76,47
TS	S	STS	TS	SS	33	53,23	13	76,47
SS	SS	S	S	SS	40	64,52	14	82,35
S	TS	S	TS	SS	33	53,23	15	88,24
STS	SS	S	TS	S	33	53,23	14	82,35
SS	S	S	TS	S	38	61,29	11	64,71
S	S	TS	TS	S	32	51,61	12	70,59
S	SS	S	S	SS	36	58,06	12	70,59
SS	S	S	S	S	37	59,68	13	76,47
S	TS	TS	S	S	36	58,06	11	64,71
TS	S	S	S	TS	35	56,45	15	88,24
SS	S	S	S	SS	40	64,52	12	70,59
S	TS	S	TS	SS	36	58,06	15	88,24
STS	SS	S	TS	S	33	53,23	15	88,24
SS	SS	S	S	SS	44	70,97	16	94,12
SS	S	S	STS	S	40	64,52	12	70,59
S	S	S	STS	S	38	61,29	13	76,47
S	S	S	S	S	40	64,52	12	70,59
S	SS	S	TS	S	39	62,90	11	64,71
STS	SS	STS	SS	SS	39	62,90	12	70,59
S	S	S	S	S	37	59,68	12	70,59
S	S	S	TS	S	34	54,84	14	82,35
SS	S	S	STS	SS	41	66,13	12	70,59
STS	SS	STS	SS	SS	39	62,90	13	76,47
STS	SS	STS	SS	SS	39	62,90	13	76,47
STS	SS	STS	SS	SS	39	62,90	11	64,71
SS	SS	SS	S	STS	43	69,35	10	58,82
SS	SS	SS	SS	SS	49	79,03	12	70,59
SS	SS	STS	SS	STS	40	64,52	12	70,59
SS	SS	SS	SS	SS	49	79,03	14	82,35
S	SS	S	TS	S	39	62,90	15	88,24
STS	SS	STS	SS	SS	39	62,90	13	76,47
SS	SS	SS	SS	SS	49	79,03	14	82,35
STS	SS	STS	SS	SS	39	62,90	14	82,35
SS	SS	SS	S	STS	43	69,35	15	88,24
SS	SS	SS	SS	SS	49	79,03	16	94,12
SS	SS	STS	SS	STS	40	64,52	15	88,24
S	SS	S	TS	S	39	62,90	13	76,47
STS	SS	STS	SS	SS	39	62,90	14	82,35
SS	S	S	S	S	41	66,13	16	94,12

SS	S	S	TS	S	41	66,13	14	82,35
SS	S	S	S	S	41	66,13	16	94,12
SS	S	S	TS	S	43	69,35	16	94,12
SS	SS	SS	SS	SS	49	79,03	15	88,24
SS	SS	SS	SS	S	45	72,58	14	82,35
SS	S	SS	S	SS	43	69,35	16	94,12
SS	SS	SS	SS	S	48	77,42	16	94,12
SS	SS	SS	SS	TS	48	77,42	16	94,12
SS	S	S	S	S	41	66,13	16	94,12
SS	S	S	SS	S	44	70,97	15	88,24
SS	SS	S	SS	S	43	69,35	15	88,24
SS	S	SS	TS	S	43	69,35	16	94,12
SS	SS	S	S	S	43	69,35	16	94,12
SS	SS	SS	SS	SS	47	75,81	15	88,24
SS	S	SS	S	SS	45	72,58	16	94,12
SS	S	S	TS	S	41	66,13	16	94,12
SS	SS	SS	SS	S	44	70,97	15	88,24
SS	S	S	TS	S	42	67,74	16	94,12
SS	SS	SS	S	TS	49	79,03	16	94,12
SS	SS	SS	S	S	45	72,58	16	94,12
SS	STS	SS	S	TS	44	70,97	15	88,24
SS	SS	SS	S	S	43	69,35	16	94,12
SS	S	S	TS	S	41	66,13	16	94,12

Karbohidrat	Lauk_hewani	Nabati	Sayuran	Buah_buahan	Skor_pola_makan	Persen_pola_makan	Sikap_kat
15	22	8	19	18	82	54,67	Negatif
23	20	10	20	43	116	77,33	Negatif
23	28	14	20	31	116	77,33	Negatif
20	28	11	30	30	119	79,33	Negatif
19	26	8	18	26	97	64,67	Negatif
14	23	8	24	30	99	66,00	Negatif
17	26	6	19	24	92	61,33	Negatif
16	23	8	24	30	101	67,33	Negatif
16	21	9	22	24	92	61,33	Positif
19	26	8	18	26	97	64,67	Negatif
14	23	8	24	30	99	66,00	Negatif
21	29	12	23	24	109	72,67	Negatif
23	27	13	24	30	117	78,00	Negatif
17	27	8	18	26	96	64,00	Negatif
14	22	8	22	62	128	85,33	Negatif
22	27	11	18	20	98	65,33	Negatif
20	21	10	20	24	95	63,33	Negatif
23	26	11	25	24	109	72,67	Positif
19	26	8	18	26	97	64,67	Negatif
14	23	8	24	30	99	66,00	Negatif
20	30	10	18	26	104	69,33	Positif
15	22	13	30	33	113	75,33	Positif
23	26	11	25	24	109	72,67	Negatif
14	23	8	24	30	99	66,00	Positif
19	26	8	18	26	97	64,67	Negatif
20	30	10	18	26	104	69,33	Negatif
18	22	10	30	18	98	65,33	Negatif
17	31	12	19	27	106	70,67	Negatif
16	21	9	22	24	92	61,33	Positif
14	23	8	24	30	99	66,00	Negatif
17	31	12	19	27	106	70,67	Negatif
20	30	10	18	26	104	69,33	Negatif
13	28	14	25	31	111	74,00	Positif
20	28	11	30	30	119	79,33	Positif
23	29	11	26	25	114	76,00	Positif
20	28	11	30	30	119	79,33	Positif
11	20	12	20	21	84	56,00	Negatif
20	12	13	20	18	83	55,33	Negatif
20	28	11	30	30	119	79,33	Positif
8	12	13	11	18	62	41,33	Negatif
23	28	14	25	31	121	80,67	Positif
20	28	11	30	30	119	79,33	Positif
23	29	11	26	25	114	76,00	Positif
19	20	14	25	27	105	70,00	Negatif
18	25	14	11	30	98	65,33	Negatif
23	29	11	26	25	114	76,00	Positif

21	23	10	25	28	107	71,33	Positif
21	29	12	23	28	113	75,33	Positif
23	27	13	24	30	117	78,00	Positif
20	28	11	30	30	119	79,33	Positif
23	29	11	26	25	114	76,00	Positif
24	28	14	25	31	122	81,33	Positif
23	29	11	26	25	114	76,00	Positif
21	24	10	25	27	107	71,33	Positif
21	29	12	23	30	115	76,67	Positif
23	27	13	24	30	117	78,00	Positif
19	23	14	20	25	101	67,33	Positif
20	20	14	20	30	104	69,33	Positif
20	28	11	30	30	119	79,33	Positif
23	23	14	25	27	112	74,67	Positif
22	29	12	23	30	116	77,33	Positif
23	27	13	24	30	117	78,00	Positif
23	34	10	25	43	135	90,00	Positif
23	27	14	24	30	118	78,67	Positif
24	27	13	25	27	116	77,33	Positif
24	29	12	23	24	112	74,67	Positif
21	25	13	25	27	111	74,00	Positif
23	34	10	25	43	135	90,00	Positif
23	27	13	24	30	117	78,00	Positif

Pengetahuan_kat	Pola_makan_kat
Kurang	Kurang
Kurang	Baik
Baik	Baik
Kurang	Baik
Kurang	Kurang
Kurang	Kurang
Kurang	Kurang
Kurang	Kurang
Baik	Kurang
Baik	Kurang
Baik	Kurang
Kurang	Kurang
Kurang	Baik
Kurang	Kurang
Kurang	Baik
Kurang	Kurang
Baik	Kurang
Kurang	Kurang
Baik	Kurang
Baik	Kurang
Baik	Kurang
Kurang	Baik
Kurang	Kurang
Kurang	Kurang
Kurang	Kurang
Kurang	Kurang
Kurang	Kurang
Baik	Kurang
Kurang	Kurang
Kurang	Kurang
Kurang	Kurang
Kurang	Kurang
Kurang	Baik
Kurang	Baik
Kurang	Baik
Baik	Baik
Baik	Kurang
Kurang	Kurang
Baik	Baik
Baik	Kurang
Baik	Baik
Baik	Baik
Baik	Baik
Kurang	Kurang
Baik	Kurang
Baik	Baik

Baik	Kurang
Baik	Baik
Baik	Baik
Baik	Baik
Baik	Baik
Baik	Baik
Baik	Baik
Baik	Kurang
Baik	Baik
Baik	Baik
Baik	Kurang
Baik	Kurang
Baik	Baik
Baik	Baik
Baik	Baik
Baik	Baik
Baik	Baik
Baik	Baik
Baik	Baik
Baik	Baik
Baik	Baik
Baik	Baik
Baik	Baik
Baik	Baik

HUBUNGAN TINGKAT PENGETAHUAN GIZI , SIKAP DAN POLA MAKAN DENGAN PROFIL LIPID DARAH PADA PEGAWAI RUMAH SAKIT MATA CICENDO BANDUNG

OLEH : SUNARTI

LATAR BELAKANG

- Penyakit Kardiovaskuler meningkat
- PJK di Indonesia (SKRT Nasional) :
  - 1972 ⟹ urutan ke-11
  - 1986 ⟹ urutan ke-3
  - 1992 ⟹ urutan ke-1 (40 th)

  } penyebab kematian
- PJK di Jawa Barat (Profil Kesehatan Jawa Barat) 2001 : PJK yang disertai hiperkolesterolemia 11,8 %
- Penyebab PJK ⟹ dislipidemia
- Dislipidemia di Padang (Sudjanto Kamso,dkk) kolesterol total tinggi (56,1%),LDL tinggi (64,6 %)

- Salah satu penyebab utama dislipidemia adalah pola makan
- Menurut Sediaoetama (2000),tingkat pengetahuan gizi berpengaruh terhadap sikap dan perilaku dalam memilih makanan.
- Pengetahuan gizi yang baik diharapkan mempengaruhi konsumsi makanan yang baik sehingga status gizi juga baik

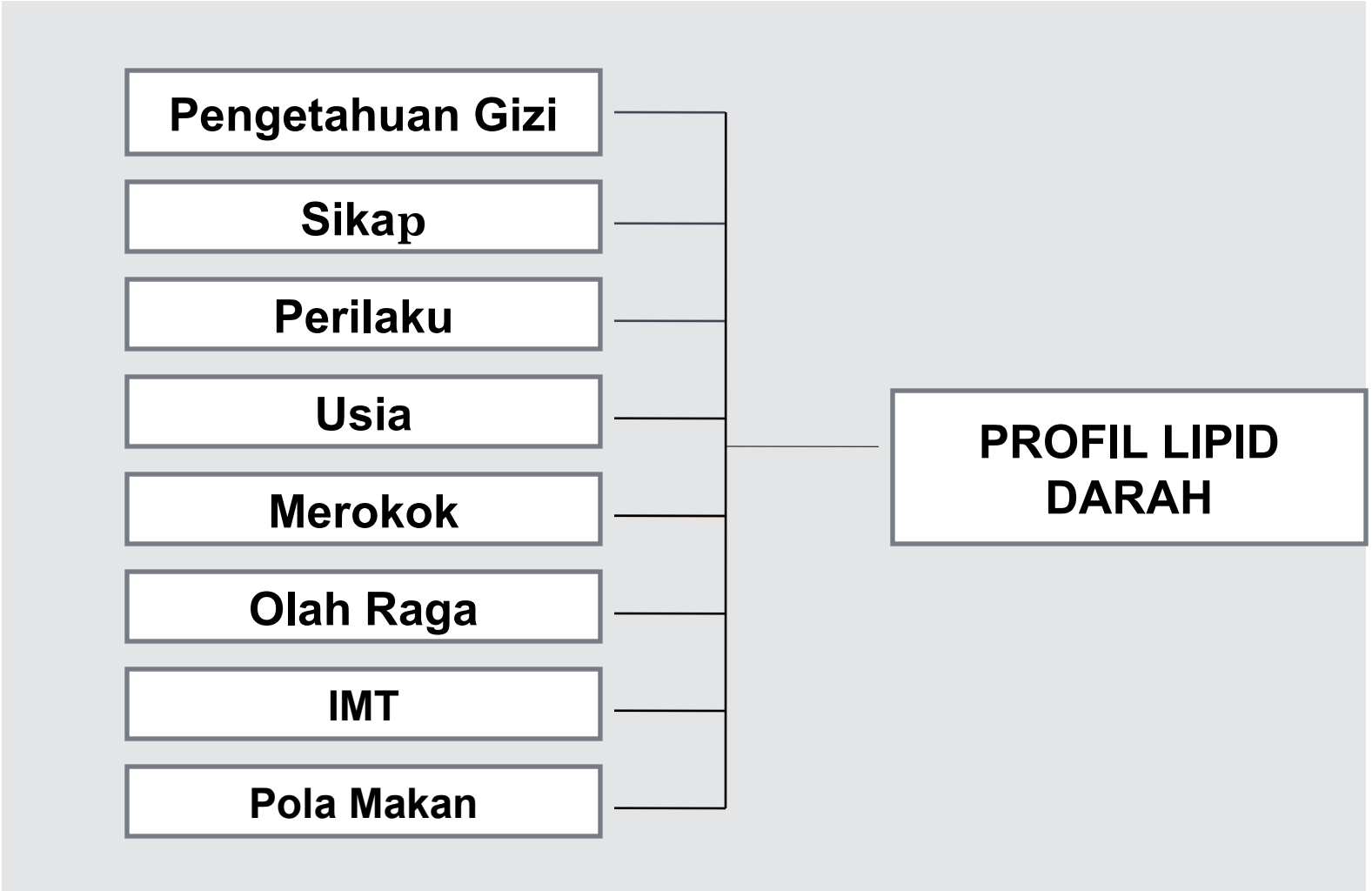
- **TUJUAN UMUM**

  Mengetahui hubungan tingkat pengetahuan gizi,sikap dan pola makan dengan profil lipid darah pegawai Rumah Sakit Mata Cicendo Bandung

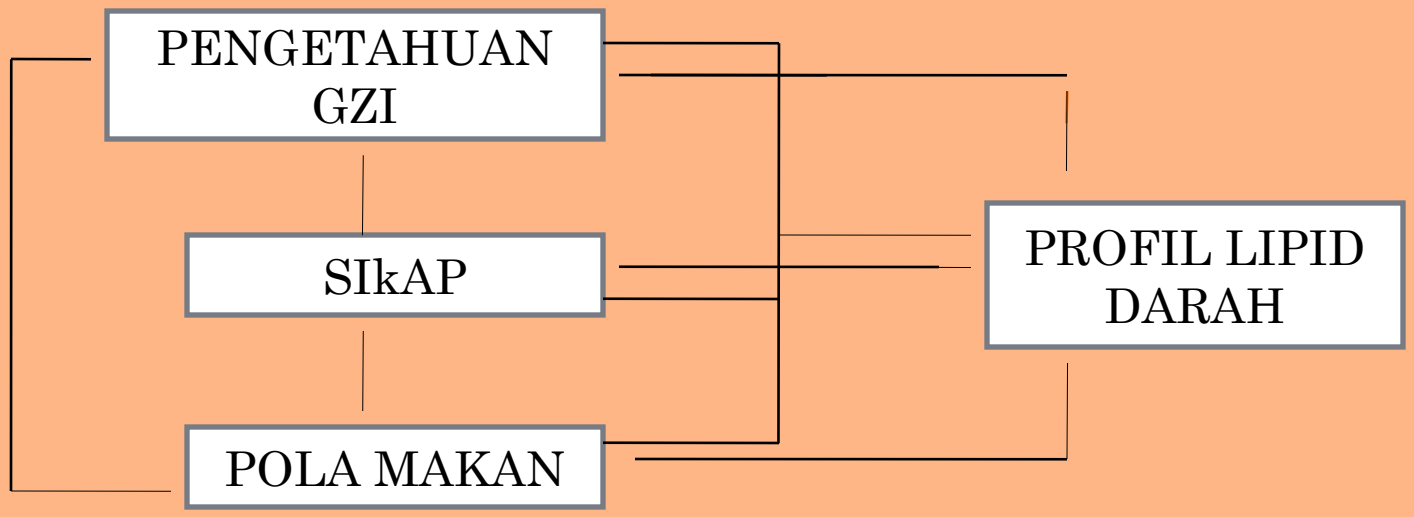
- **MANFAAT PENELITIAN :**

1. Bagi Rumah Sakit
2. Bagi Pegawai
3. Bagi Pendidikan
4. Bagi Peneliti

KERANGKA BERPIKIR



KERANGKA KONSEP



POPULASI DAN SAMPEL

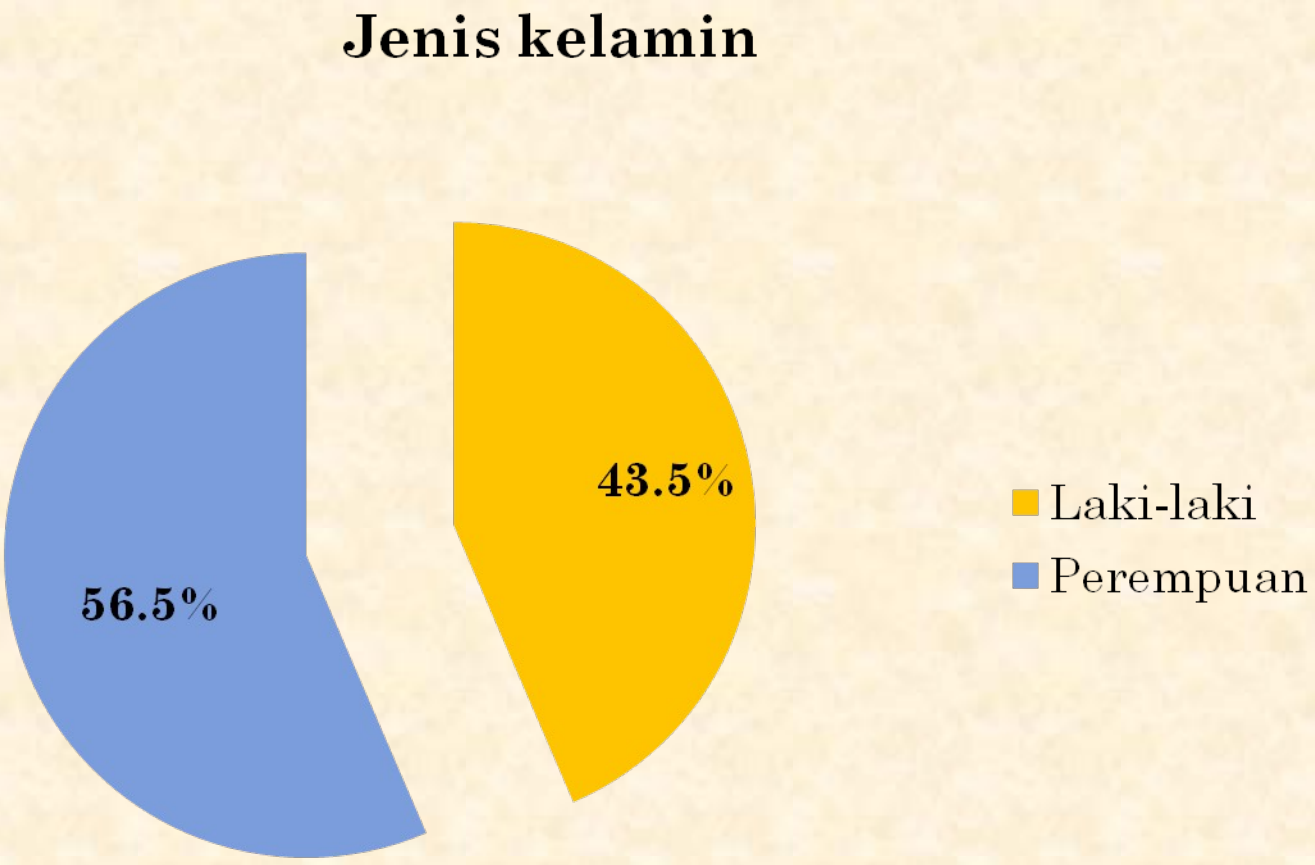
- POPULASI : 222 orang
- SAMPEL : 69 orang

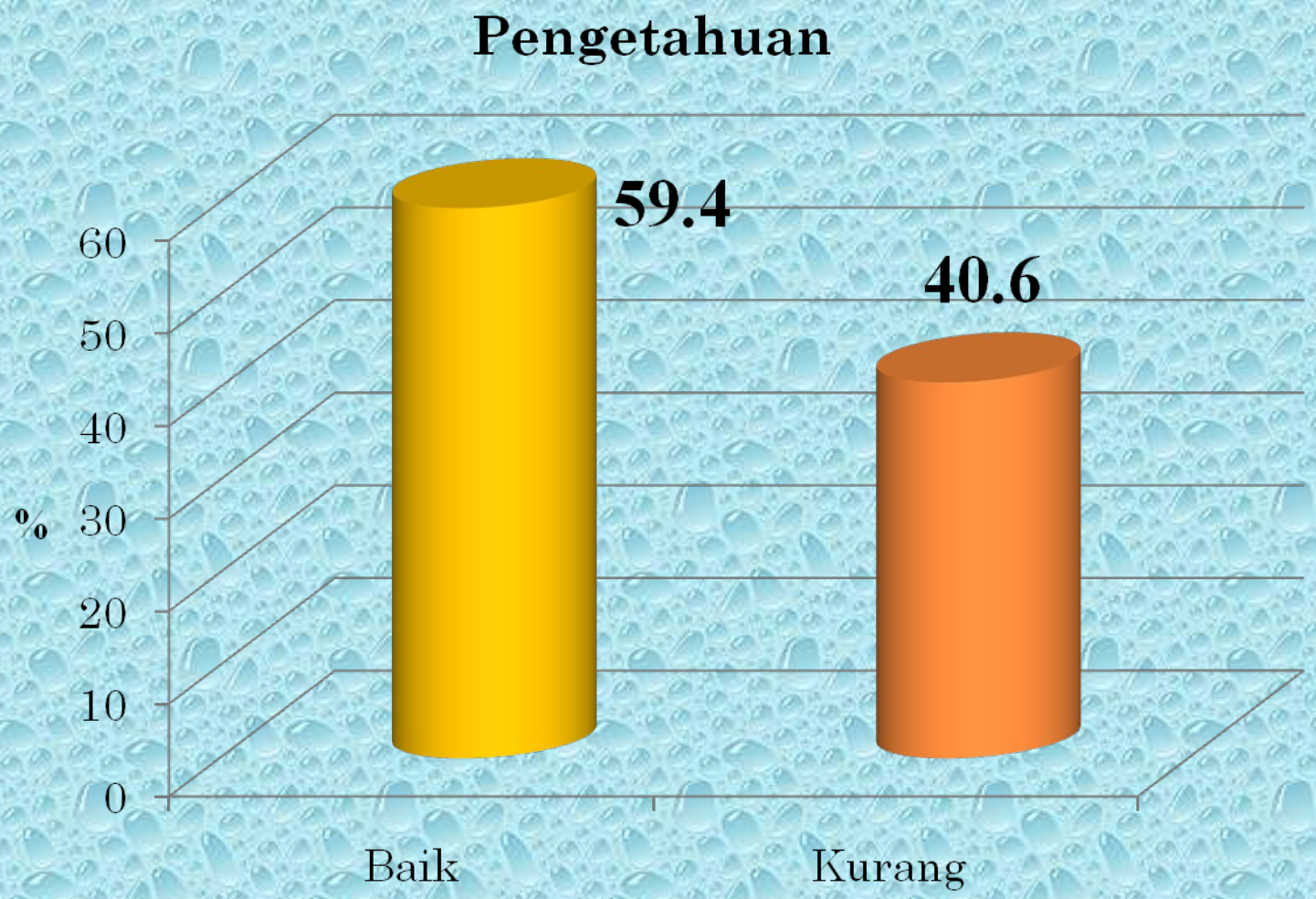
$$n = \frac{N}{1 + N(d^2)}$$

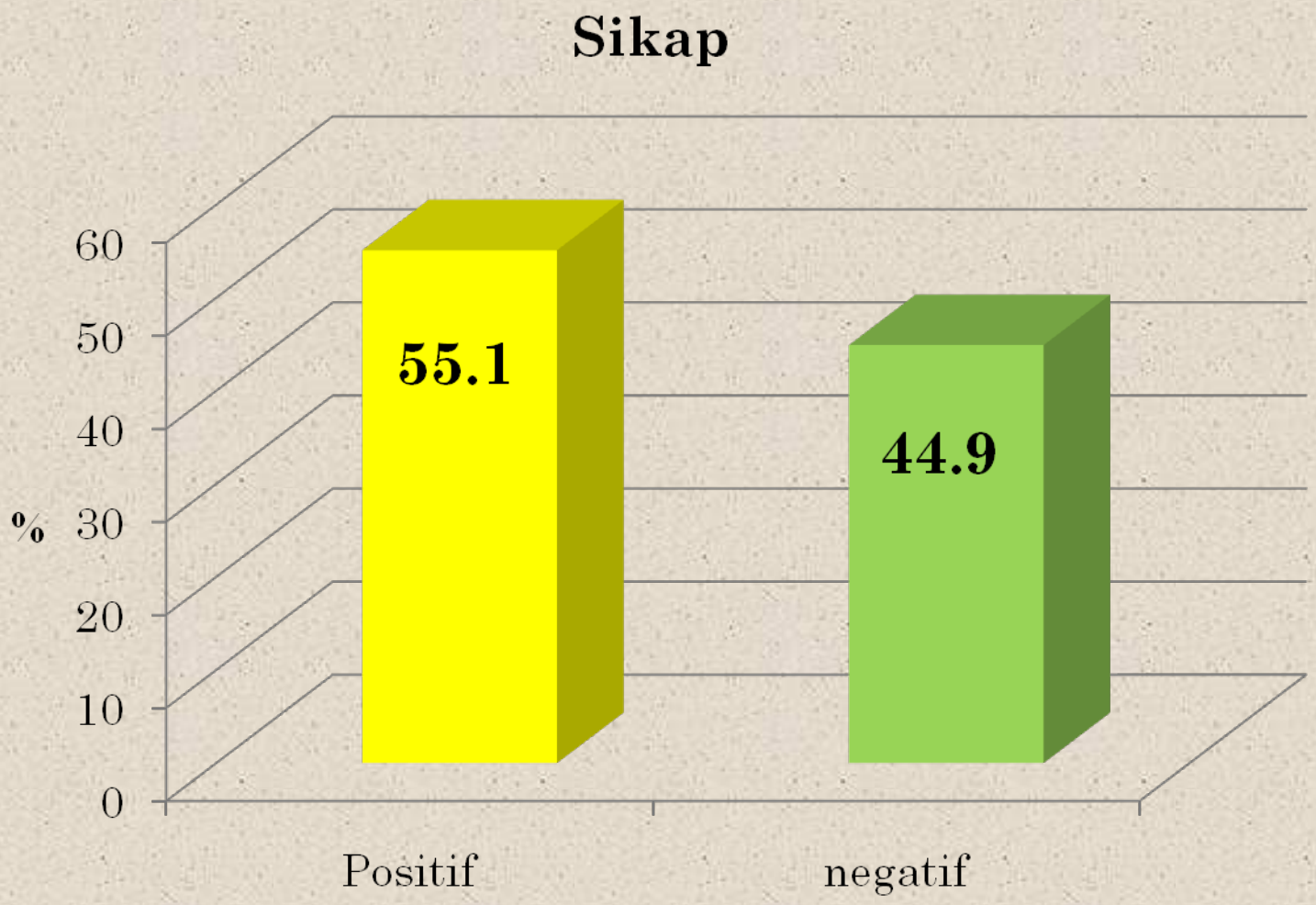
- Tehnik pengambilan sampel : simple random sampling

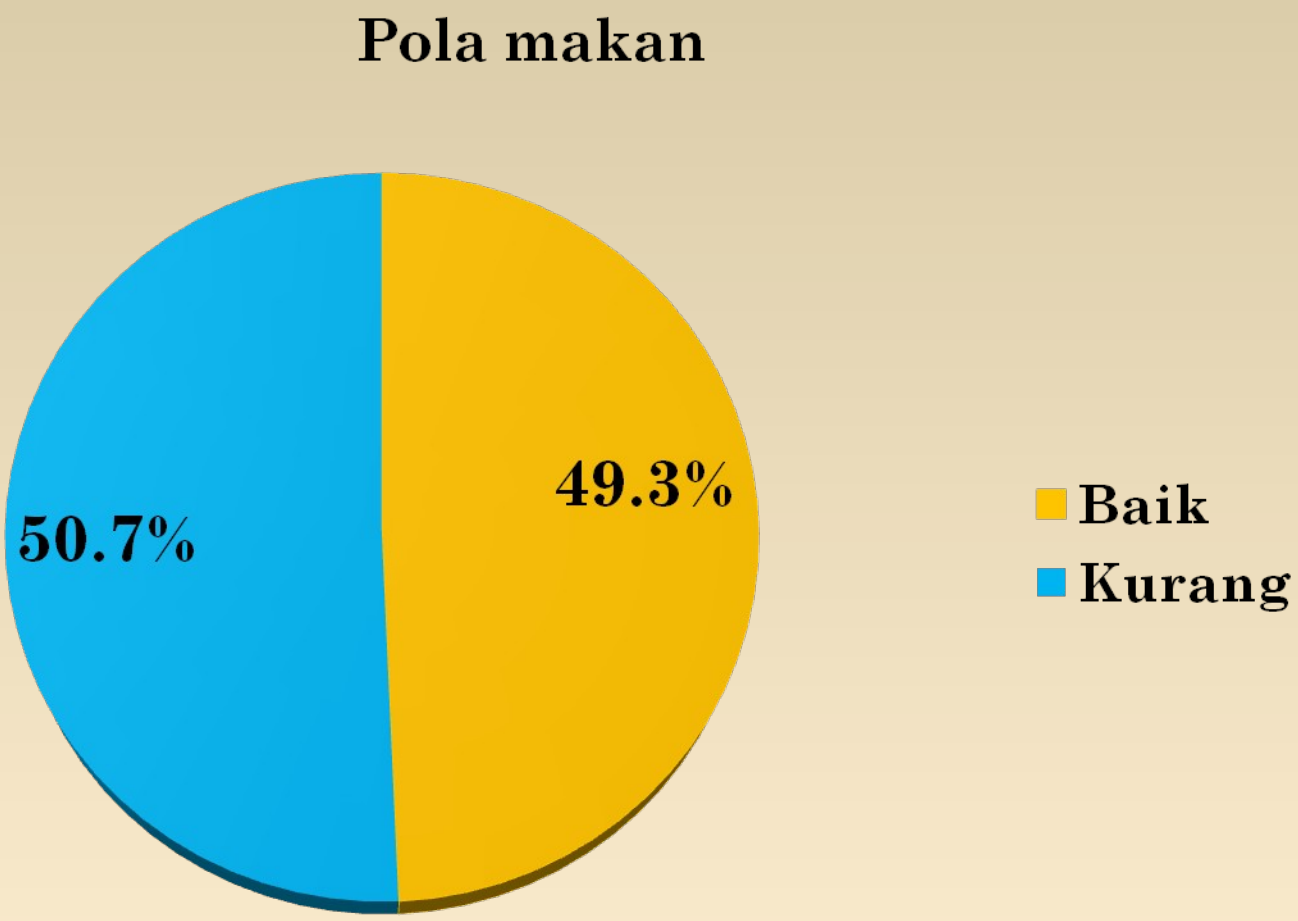
Karakteristik Subjek Penelitian Berdasarkan Umur

Karakteristik	Nilai Statistik (n=69)
Umur (Tahun)	
Rerata (SB)	44,40(5,57)
Median (rentang)	44(35-55)

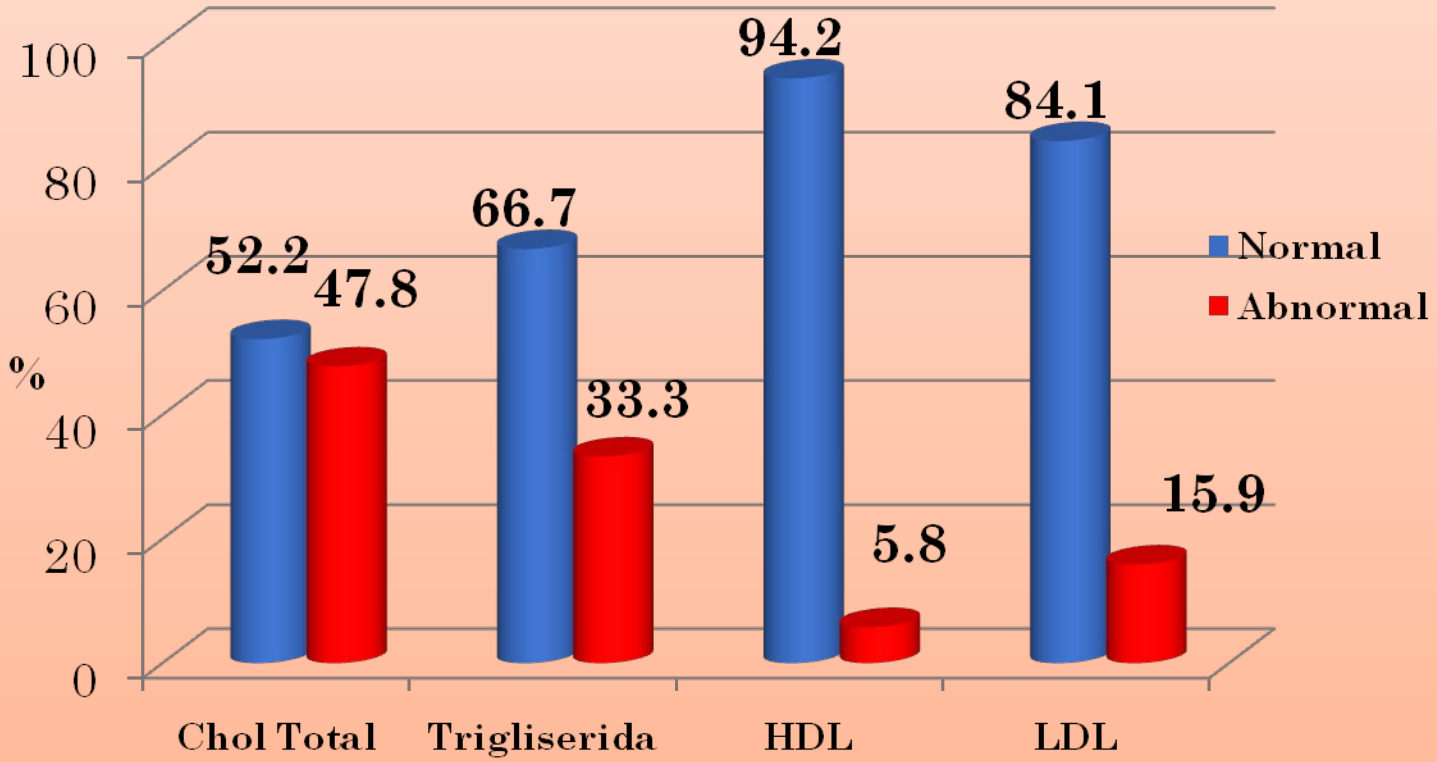

Jenis kelamin
43.5%
56.5%
Laki-laki
Perempuan


Pengetahuan
59.4
40.6
60
50
40
%
30
20
10
0
Baik
Kurang


Sikap
60
50
40
%
30
20
10
0
55.1
44.9
Positif
negatif


Pola makan
49.3%
50.7%
Baik
Kurang

PROFIL LIPID



TABEL 1. Hubungan antara Pengetahuan Gizi dengan Sikap Pegawai Rumah Sakit Mata Cicendo

	Sikap		Total	Nilai p	RP(95%CI)
	Positif	Negatif			
Pengetahuan Gizi				0,001	3,02 (1,55 - 5,87)
Baik	31(75,6%)	10(24,4%)	41(100,0%)		
Kurang	7(25,0%)	21(75,0%)	28(100,0%)		
Total	38 (54,1%)	31(44,9%)	69(100,0%)		

TABEL 2. Hubungan antara Pengetahuan Gizi dengan Pola Makan Pegawai Rumah Sakit Mata Cicendo Bandung

	Pola makan		Total	Nilai p	RP(95%CI)
	Baik	**Kurang**			
Pengetahuan Gizi				0,004	2,22 (1,18- 4,16)
Baik	26 (63,4%)	15(36,6%)	41(100,0%)		
Kurang	8(28,6%)	20(71,4%)	28(100,0%)		
Total	34(49,3%)	35(50,7%)	69(100,0%)		

TABEL 3. Hubungan antara Sikap dengan Pola Makan Pegawai Rumah Sakit Mata Cicendo Bandung

	Pola makan		Total	Nilai p	RP(95%CI)
	Baik	Kurang			
Sikap				<0,001	4,73 (2,08-10,76)
Positif	29(76,3%)	9(23,7%)	38(100,0%)		
Negatif	5(16,1%)	26(83,9%)	31(100,0%)		
Total	34(49,3%)	35(50,7%)	69(100,0%)		

TABEL 4. Hubungan antara Pengetahuan, Sikap dan Pola Makan dengan Profil Kolesterol Total Pegawai Rumah Sakit Mata Cicendo Bandung

	Profil Kolesterol Total		Total	Nilai p	RP(95%CI)
	Baik	Kurang			
Pengetahuan				0,200	1,36 (0,82-2,25)
Baik	24(58,5%)	17(41,5%)	41(100,0%)		
Kurang	12(42,9%)	16(57,1%)	28(100,0%)		
Sikap				0,012	1,85 (1,09-3,14)
Positif	25(65,8%)	13(34,2%)	38(100,0%)		
Negatif	11(35,5%)	20(64,5%)	31(100,0%)		
Pola makan				0,276	1,28 (0,81-2,03)
Baik	20(58,8%)	14(41,2%)	34(100,0%)		
Kurang	16(45,7%)	19(54,3%)	35(100,0%)		

TABEL 5. Hubungan antara Pengetahuan, Sikap, Pola Makan dengan Profil Lipid Trigliserida

	Profil Lipid Trigliserida		Total	Nilai p	RP(95%CI)
		Abnormal			
Pengetahuan				0,015	1,56(1,04-2,33)
Baik	32 (78,0%)	9(22,0%)	41 (100,0%)		
Kurang	14(50,0%)	14(50,0%)	28 (100,0%)		
Sikap				0,017	1,53(1,04-2,23)
Positif	30 (78,9%)	8(21,1%)	38 (0,0%)		
Negatif	16 (51,6%)	15(48,4%)	31 (100,0%)		
Pola makan				0,006	1,60(1,12-2,29)
Baik	28 (82,4%)	6(17,6%)	34 (100,0%)		
Kurang	18 (51,4%)	17(48,6%)	35 (100,0%)		
Total	46 (66,7%)	23(33,3%)	69(100,0%)		

TABEL 6. Hubungan antara Pengetahuan, Sikap, Pola Makan dengan Profil Kolesterol HDL Pegawai Rumah Sakit Mata Cicendo Bandung

	Profil kolesterol HDL		Total	Nilai p	RP(95%CI)
		Abnormal			
Pengetahuan				0,462	0,96(0,86-1,07)
Baik	38 (92,7%)	3(7,3%)	41(100,0%)		
Kurang	27(94,6%)	1(3,6%)	28(100,0%)		
Sikap				0,388	0,95(0,85-1,06)
Positif	35(92,1%)	3(7,9%)	38(100,0%)		
Negatif	30(96,8%)	`1(3,2%)	31(100,0%)		
Pola makan				0,682	0,99(0,88-1,12)
Baik	32(94,1%)	2(5,9%)	34(100,0%)		
Kurang	33(94,3%)	2(5,7%)	35(100,0%)		
Total	65(94,2%)	4(5,8%)	69(100,0%)		

TABEL 7. Hubungan antara Pengetahuan, Sikap , Pola Makan dengan Profil Kolesterol LDL Pegawai Rumah Sakit Mata Cicendo Bandung

	Profil Kolesterol LDL		Total	Nilai p	RP(95%CI)
		Abnormal			
Pengetahuan				0,242	1,11(0,89-1,39)
Baik	36(87,8%)	5(12,2%)	41(100,0%)		
Kurang	22(78,6%)	6(21,4%)	28(100,0%)		
Sikap				0,009	1,33(1,05-1,69)
Positif	36(94,7%)	2(5,3%)	38(100,0%)		
Negatif	22(71,0%)	9(29,0%)	31(100,0%)		
Pola makan				0,111	1,18(0,96-1,45)
Baik	31(91,2%)	3(8,8%)	34(100,0%)		
Kurang	27(77,1%)	8(22,9%)	35(100,0%)		
Total					

TABEL 8. Analisa faktor-faktor yang berhubungan dengan profil lipid darah Pegawai Rumah Sakit Mata Cicendo Bandung

Variabel	Koefisen β	SE	Nilai *p*	RP (95%CI)
Kolesterol Total				
Pengetahuan	0,040	0,596	0,946	1,04(0,32-3,34)
Sikap	1,453	0,712	0,041	4,27(1,06-17,25)
Pola Makan	-0,356	0,659	0,589	0,70(0,19-2,54)
Konstanta	-1,718			
Trigliserida				
Pengetahuan	-0,837	0,610	0,170	2,31(0,69-7,62)
Sikap	0,283	0,700	0,686	1,32(0,33-5,23)
Pola Makan	1,085	0,673	0,107	2,96(0,79-11,06)
Konstanta	-4,041			

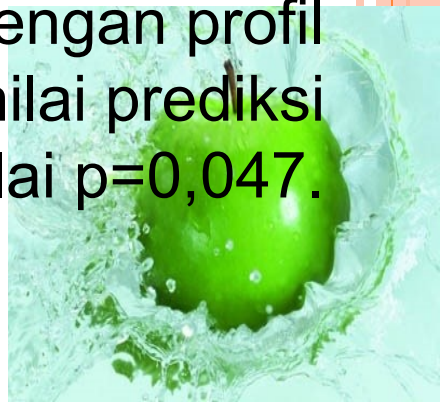
Variabel	Koefisen β	SE	Nilai *p*	RP (95%CI)
Kolesterol HDL				
Pengetahuan	-0,480	1,318	0,716	0,62(0,05-8,18)
Sikap	-1,165	1,441	0,419	0,31(0,02-5,25)
Pola Makan	0,740	1,215	0,543	2,09(0,19-22,64)
Konstanta	-1,686			
Kolesterol LDL				
Pengetahuan	-0,278	0,772	0,719	0,76(0,17-3,44)
Sikap	2,156	1,087	0,047	8,63(1,03-72,67)
Pola Makan	-0,034	0,919	0,970	0,97(0,16-5,85)
Konstanta	-4,680			

Multiple Logistic Regression Test didapatkan hubungan yang paling dominan berhubungan dengan profil lipid Cholesterol adalah sikap dengan nilai prediksi sebesar 1,453 dengan nilai p=0,041

Hubungan yang paling dominan berhubungan dengan profil lipid Trigliserida adalah pola makan dengan nilai prediksi sebesar 1,085 dengan nilai p=0,107

Hubungan yang paling dominan berhubungan dengan profil lipid Cholesterol HDL adalah pola makan dengan nilai prediksi sebesar 0,740 dengan nilai p=0,543

Hubungan yang paling dominan berhubungan dengan profil lipid Cholesterol LDL adalah sikap dengan nilai prediksi sebesar 2,156 dengan nilai p=0,047.



KESIMPULAN

1. Terdapat hubungan yang bermakna antara pengetahuan gizi dengan sikap responden
2. Terdapat hubungan bermakna antara pengetahuan gizi dengan pola makan responden
3. Terdapat hubungan bermakna antara sikap dan pola makan responden
4. Tidak terdapat hubungan bermakna antara pengetahuan dengan profil kolesterol total,HDL dan LDL
5. Terdapat hubungan bermakna antara pengetahuan gizi dengan trigliserida responden
6. Terdapat hubungan bermakna antara sikap dengan profil kolesterol total,trigliserida,dan LDL

7. Tidak terdapat hubungan bermakna antara sikap dengan profil kolesterol HDL
8. Tidak terdapat hubungan bermakna antara pola makan dengan profil kolesterol total,HDL dan LDL
9. Terdapat hubungan bermakna antara pola makan dengan profil lipid trigliserida
10. Dengan *multiple logistic regression test,*didapatkan hubungan yang paling dominan dengan profil lipid darah responden adalah sikap dan pola makan

SARAN

- Pemeriksaan profil lipid darah secara rutin atau berkala
- Edukasi baik dalam bentuk penyuluhan gizi ataupun konseling gizi
- Perlu adanya penelitian lebih lanjut mengenai profil lipid darah terutama terhadap faktor faktor yang tidak diteliti dalam penelitian ini

TERIMA KASIH