ABSTRAK

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HUBUNGAN HUBUNGAN SIKAP BELAJAR ONLINE TERHADAP TINGKAT DISABILITAS LOW BACK PAIN MIOGENIK DI SMA NEGERI 5 KAB. TANGERANG

Terdiri dari VI Bab, 94 Halaman, 10 Tabel, 8 Gambar, 11 Lampiran

Tujuan : Untuk mengetahui hubungan sikap belajar online terhadap tingkat disabilitas *low back pain miogenik* di SMA Negeri 5 Kab. Tangerang. **Metode :** Penelitian ini merupakan penelitian analitik korelatif dengan menggunakan desain cross-sectional. Total sampel berjumlah 32 orang dengan rentang usia 16-18 tahun yang merupakan siswa dari SMA Negeri 5 Kab. Tangerang. Data Sikap Belajar Online diukur dengan *Rapid Entire Body Assessement* (REBA) sedangkan hasil pengukuran tingkat disabilitas *low back pain miogenik* diukur menggunakan *Modified Oswestry Disability Index* (MODI). **Hasil :** Uji hipotesis dengan *Chi-Square* menghasilkan nilai p adalah 0.540 (p>α (0,05)). Rata-rata dan standar deviasi sikap belajar online dengan pengukuran *Rapid Entire Body Assessment* sebesar 4,72 ± 1,250 dan tingkat disabilitas *low back pain miogenik* dengan pengkuran *Modified Oswestry Disability Index* sebesar 19,44 ± 10,922 pada siswa SMA Negeri 5 Kab. Tangerang. **Kesimpulan :** Tidak Ada hubungan sikap belajar online terhadap tingkat disabilitas *low back pain miogenik* di SMA Negeri 5 Kab. Tangerang.

Kata kunci : Sikap Belajar Online, Tingkat Disabilitas Low Back Pain Miogenik, Rapid Entire Body Assessment, Modified Oswestry Disability Index.

ABSTRACT

Undergraduate Thesis, September 2022
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THE RELATIONSHIP OF ONLINE LEARNING ATTITUDE TO
LEVEL OF DISABILITY LOW BACK MIOGENIC PAIN IN SMA NEGERI 5 KAB.
TANGERANG
Consists of VI Chapters, 94 Pages, 10 Tables, 8 Figures, 11 Appendices

Objective: *To determine the relationship between online learning attitudes and the level of myogenic low back pain disability in SMA Negeri 5 Kab. Tangerang.* ***Methods:*** *This research is a correlative analytic study using a cross-sectional design. The total sample is 32 people with an age range of 16-18 years who are students from SMA Negeri 5 Kab. Tangerang. Online Learning Attitude data was measured by Rapid Entire Body Assessment (REBA) while the results of measuring the level of myogenic low back pain disability were measured using the Modified Oswestry Disability Index (MODI).* ***Result:*** *Hypothesis testing with Chi-Square resulted in p value of 0.540 (p>α (0.05)). The average and standard deviation of online learning attitudes by measuring the Rapid Entire Body Assessment is 4.72 ± 1.250 and the level of myogenic low back pain disability by measuring the Modified Oswestry Disability Index is 19.44 ± 10.922 in SMA Negeri 5 Kab. Tangerang.* ***Conclusion:*** *There was no relationship between online learning attitudes and the level of myogenic low back pain disability in SMA Negeri 5 Kab. Tangerang.*

Keywords: *Online Learning Attitude, Low Back Pain Myogenic Disabilities, Rapid Entire Body Assessment, Modified Oswestry Disability Index.*