

**ABSTRAK****PENGARUH DUKUNGAN SOSIAL TERHADAP HARGA DIRI PADA  
HOMOSEKSUAL YANG TELAH *COMING OUT* DI JABODETABEK**

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Keberadaan kaum homoseksual belum terbuka jelas di Indonesia, namun beberapa individu mulai lebih berani membuka identitas mereka kepada masyarakat. Individu homoseksual yang memutuskan untuk *coming out* akan berhadapan dengan berbagai pengalaman negatif dalam hidupnya. Untuk meminimalisir perilaku negatif yang dilakukan individu homoseksual akibat penolakan masyarakat, dukungan sosial menjadi hal penting untuk diberikan (Semiu, 2006). Tujuan penelitian ini untuk mengetahui pengaruh dukungan sosial terhadap harga diri pada homoseksual yang telah *coming out* di Jabodetabek. Rancangan penelitian ini adalah penelitian kuantitatif berjenis kausal komparatif dengan teknik *purposive sampling*. Jumlah sampel penelitian sebanyak 115 responden. Skala dukungan sosial memiliki 18 aitem valid dengan nilai ( $\alpha$ ) = 0,876. Skala harga diri memiliki 18 aitem valid dengan nilai ( $\alpha$ ) = 0,844. Hasil uji regresi linear menunjukkan terdapat pengaruh positif signifikan dukungan sosial terhadap harga diri pada homoseksual yang telah *coming out* dengan sig (p) = 0,000 ( $p < 0.05$ ) dengan persamaan linier  $Y = 9,219 + 0,694X$  menunjukkan bahwa pengaruh dukungan sosial terhadap harga diri dalam penelitian ini bersifat positif. Berdasarkan nilai  $R^2 = 0,514$  menunjukkan bahwa pengaruh dukungan sosial memberikan kontribusi sebesar (51,4%) terhadap harga diri pada homoseksual yang telah *coming out* di Jabodetabek. Individu merasakan dukungan sosial tinggi sebanyak 56 responden atau (51,3%) dan memiliki harga diri tinggi sebanyak 54 orang atau (47%). Berdasarkan hasil penelitian yang diperoleh, dapat disimpulkan bahwa hipotesis diterima, yaitu terdapat pengaruh positif signifikan antara dukungan sosial terhadap harga diri pada individu homoseksual yang telah *coming out*.

Kata kunci : Dukungan sosial, harga diri, homoseksual, *Coming out*

**ABSTRACT***Effect of Social Support on Self Esteem in Homosexuals Who Have Come Out in Jabodetabek*

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The existence of homosexuals has not been clearly opened in Indonesia, but some individuals have begun to be more courageous in opening their identities to society. Homosexual individuals who decide to *come out* will be faced with various negative experiences in their lives. To minimize the negative behavior of homosexual individuals due to societal rejection, social support is important to provide (Semiun, 2006). The purpose of this study is to determine the effect of social support on self-esteem in homosexuals who have *come out* in Jabodetabek. The design of this study is a quantitative study of comparative causal type with *purposive sampling* technique. A sample of 115 respondents was studied. The social support scale has 18 valid items with a value ( $\alpha$ ) = 0.876. The self-esteem scale has 18 valid items with a value ( $\alpha$ ) = 0.844. The results of the linear regression test showed that there was a significant positive influence of social support on self-esteem in homosexuals who had *come out* with sig ( $p$ ) = 0.000 ( $p < 0.05$ ) with the linear equation  $Y = 9.219 + 0.694X$  indicating that the influence of social support on self-esteem in this study was positive. Based on the value of  $R^2 = 0.514$ , it shows that the influence of social support contributes (51.4%) to self-esteem in homosexuals who have *come out* in Jabodetabek. Individuals felt high social support across 56 respondents or (51.3%) and had high self-esteem in 54 people or (47%). Based on the results of the research obtained, it was concluded that the hypothesis is accepted, that is, there is a significant positive influence between social support on self-esteem in homosexual individuals who have come out.

*Keywords : Social support, self-esteem, homosexual, Coming out*