

ABSTRAK

PENGARUH KECERDASAN EMOSIONAL TERHADAP PERILAKU
PROSOSIAL PADA SISWA DI SMP ISLAMIC VILLAGE TANGERANG

Nita Juniati

Program Studi Psikologi

Perilaku Prososial adalah tindakan memberikan manfaat positif bagi penerimanya tanpa mengharapkan imbalan bagi yang menolong. Salah satu faktor yang mempengaruhi perilaku prososial adalah kecerdasan emosional. Penelitian ini bertujuan untuk mengetahui pengaruh kecerdasan emosional terhadap perilaku prososial pada siswa di SMP *Islamic Village* Tangerang. Rancangan penelitian menggunakan kausal komparatif dengan teknik analisis regresi linier sederhana. Teknik pengambilan sampel *probability sampling* dengan jenis *proportionate stratified random sampling*, sampel penelitian sebanyak 113 siswa. Alat ukur kecerdasan emosional diadaptasi dan dimodifikasi dari alat ukur Wijaya et al. (2021) dengan koefisien reliabilitas 0,856 dan 18 aitem valid, sedangkan alat ukur perilaku prososial di adaptasi dan di modifikasi dari alat ukur Febriyani et al., (2022) dengan koefisien reliabilitas 0,851 dan 18 aitem valid. Hasil uji regresi didapatkan sig (p) sebesar 0,000 ($>0,05$) artinya ada pengaruh signifikan antara kecerdasan emosional terhadap perilaku prososial. Persamaan regresi $Y=18,803+0,707X$ menunjukkan koefisien regresi +0,707 artinya ada pengaruh positif kecerdasan emosional terhadap perilaku prososial maka hipotesis diterima. Kontribusi kecerdasan emosional terhadap perilaku prososial sebesar 31,5% dan sisanya sebesar 68,5% dipengaruhi oleh variabel atau faktor lain. Berdasarkan hasil kategorisasi, siswa di SMP *Islamic Village* Tangerang memiliki kecerdasan emosional tinggi dan perilaku prososial rendah. Subjek dengan jenis kelamin laki-laki, tinggal bersama di asrama dan memiliki sahabat lebih dari 2-3 orang lebih banyak yang berperilaku prososial rendah.

Kata kunci : kecerdasan emosional, perilaku prososial, siswa di SMP *Islamic Village* Tangerang.

ABSTRACT

*THE EFFECT OF EMOTIONAL INTELLIGENCE ON PROSOCIAL BEHAVIOR
TO STUDENTS AT SMP ISLAMIC VILLAGE TANGERANG*

Nita Juniati
Psychology Study Program

Prosocial behavior is an act of providing positive benefits to recipients without expecting anything in return for those who help. One of the factors that influence prosocial behavior is emotional intelligence. This study aims to determine the effect of emotional intelligence on prosocial behavior in junior high school students Islamic Village Tangerang. The research design uses comparative causation with simple linear regression analysis techniques. Sampling technique probability sampling with type proportionate stratified random sampling, the research sample was 113 students. The emotional intelligence measuring instrument was adapted and modified from the Wijaya et al. (2021) with a reliability coefficient of 0.856 and 18 valid items, while the prosocial behavior measuring instrument was adapted and modified from the Febriyani et al., (2022) measurement tool with a reliability coefficient of 0.851 and 18 valid items. The regression test results obtained sig (p) of 0.000 (> 0.05) meaning that there is a significant influence between emotional intelligence on prosocial behavior. The regression equation $Y = 18.803 + 0.707X$ shows a regression coefficient +0.707 meaning that there is a positive influence of emotional intelligence on prosocial behavior, so the hypothesis is accepted. The contribution of emotional intelligence to prosocial behavior is 31.5% and the remaining 68.5% is influenced by other variables or factors. Based on the results of the categorization, students in SMP Islamic Village Tangerang has high emotional intelligence and low prosocial behavior. Subjects with male gender, live together in a dormitory and have more than 2-3 friends with low prosocial behavior.

Keywords: *emotional intelligence, prosocial behavior, junior high school students Islamic Village Tangerang.*