ABSTRACT

THE EFFECET OF INTERPERSONAL COMMUNICATION ON INTIMACY IN EARLY ADULT DATING INDIVIDUALS

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This research was conducted based on the phenomenon that occurs in early adulthood individuals who develop intimacy into romantic relationships, as a form of achieving their developmental phase. Not a few of the individuals who have difficulty in developing intimacy. So a lot of news published in print or online media that often displays news of failed relationships, violence, and even murders based on lack of intimacy. To get intimacy in a romantic relationship, early adult individuals need to have a well-established interpersonal communication network. The purpose of this study was to determine the effect of interpersonal communication on intimacy. This research design uses a comparative case quantitative study. The sample in this study amounted to 97 respondents with an age range of 20-30 years who were taken by the technique of incidental sampling. The instrument used is a measuring instrument for interpersonal communication with reliability $(\alpha) = 0.921$, totaling 19 valid items and a measuring instrument for intimacy with reliability (α) = 0.891, totaling 12 valid items. The test tool used to see the effect of interpersonal communication on intimacy is a simple linear regression test. From the results of the regression test, it is known that there is an influence of interpersonal communication on intimacy with sig. (p) of 0.003; ((p) < 0.05) which means the hypothesis is accepted. Interpersonal communication affects 10% in intimacy, while the other 90% is influenced by other factors not examined. The results showed that the higher the interpersonal communication possessed by early adults in romantic relationships, the more positive the initiation, conversely, the lower the interpersonal communication possessed by early adults in romantic relationships, the lower the initiation. In this study also found that commitment can affect early adult intimacy in romantic relationships.

Keywords: interpersonal communication, intimacy, early adulthood