

ABSTRAK



UNIVERSITAS ESA UNGGUL
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ADELIA DIAS PERMATA
HUBUNGAN PENDAPATAN ORANG TUA, PENGETAHUAN ANAK DAN PERILAKU JAJAN TERHADAP STATUS GIZI ANAK USIA SEKOLAH DASAR SAAT PANDEMI COVID-19

VI Bab, 95 Halaman, 9 Tabel, 3 Gambar, 15 Lampiran

Latar Belakang : Status gizi merupakan hasil akhir dari keseimbangan antara makanan yang masuk ke dalam tubuh dan kebutuhan tubuh akan zat gizi tersebut. Kebutuhan gizi keluarga sangat berhubungan erat dengan pendapatan orang tua sebagai sumber dana utama untuk membeli makanan utama dan selingan atau jajanan. Konsumsi jajanan dapat dipengaruhi oleh pengetahuan anak dan perilaku jajan.

Tujuan : Menganalisis hubungan antara pendapatan orang tua, pengetahuan anak dan perilaku jajan terhadap status gizi anak usia sekolah dasar

Metode : Desain penelitian ini adalah cross sectional dengan sampel sebanyak 88 responden. Data status gizi menggunakan Indeks Massa Tubuh menurut Umur (IMT/U) sedangkan data pendapatan orang tua, pengetahuan anak dan perilaku jajan menggunakan kuesioner. Analisa data menggunakan uji Chi-Square.

Hasil : Tidak ada hubungan antara pendapatan orang tua ($p = 0.782$), ada hubungan antara pengetahuan anak ($p = 0.015$) dan tidak ada hubungan antara perilaku jajan ($p = 0.232$) terhadap status gizi anak usia sekolah dasar.

Kesimpulan : Tidak ada hubungan antara pendapatan orang tua dan perilaku jajan terhadap status gizi anak usia sekolah tetapi ada hubungan antara pengetahuan anak terhadap status gizi anak usia sekolah dasar.

Kata Kunci : status gizi, pendapatan orang tua, pengetahuan anak, perilaku jajan, anak sekolah dasar

ABSTRACT



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CORRELATION BETWEEN PARENT'S INCOME, CHILDREN'S KNOWLEDGE AND SNACKING BEHAVIOR TO THE NUTRITIONAL STATUS OF PRIMARY SCHOOL CHILDREN DURING THE COVID-19 PANDEMIC

VI Chapter, 95 Pages, 9 Table, 3 Picture, 11 Attachment

Background : *Nutritional status is the end result of the balance between nutrient input and nutrient output. The Family's nutritional needs are closely connected with the income of parents as a primary source of funds to buy main meals and snacks. Snack consumption can be influenced by children's knowledge and snacking behavior.*

Purposes : *To analyze the correlations between parents' income, children's knowledge and snacking behavior to nutritional status of primary school children*

Methods : *The design of this study was cross sectional with a sample of 88 respondents. Data on nutritional status used Body Mass Index according to Age while data on parents' income, children's knowledge and snacking behavior used a questionnaire. Data analysis using Chi-Square test.*

Result : *There was no correlations between parents' income ($p = 0.782$), there was a correlations between children's knowledge ($p = 0.015$) and there was no correlations between snacking behavior ($p = 0.232$) to nutritional status of primary school children.*

Conclusion : *There was no correlations between parents' income and snacking behavior to nutritional status of primary school children but there was a correlations between children's to nutritional status of primary school children.*

Keyword: *Nutritional status, parents' income, children's knowledge, snacking behavior, primary school children*