ABSTRAK

Perbedaan *Academic Adjustment* Ditinjau dari *Adversity Intelligence* Pada Mahasiswa yang Sedang Menyusun Skripsi di Universitas Esa Unggul.

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Skripsi adalah syarat bagi mahasiswa yang harus diselesaikan untuk mendapatkan gelar sarjana. Tidak sedikit mahasiswa mengalami hambatan dalam menyesuaikan dirinya dalam menghadapi kesulitan dan tuntutan selama mengerjakan skripsinya yang disebut dengan *academic adjustment*. Salah satu faktor yang mempengaruhi *academic adjustment* adalah *adversity intelligence*. Tujuan penelitian ini adalah untuk mengetahui perbedaan *academic adjustment* ditinjau dari *adversity intelligence* pada mahasiswa yang sedang menyusun skripsi di Universitas Esa Unggul per-tahun (2022/2023). Rancangan penelitian ini adalah studi kuantitatif dengan jenis kausal komparatif menggunakan teknik *simple random sampling* dengan jumlah sampel sebanyak 362 mahasiswa yang sedang menyusun skripsi di Universitas Esa Unggul. Alat ukur yang digunakan adalah skala *academic adjustment* berdasarkan teorinya Schneiders (1960), dengan reliabilitas (α) = 0,953, dengan 49 aitem valid dan skala *adversity intelligence* berdasarkan teorinya Stoltz (2018) dengan reliabilitas (α) = 0,936 dengan 34 aitem valid, maka kedua alat ukur tersebut telah dinyatakan valid dan reliabel. Hasil uji *One Way Anova* diketahui nilai signifikansi ((p) = 0,048; (p) < 0,05), dengan nilai *mean* (μ) pada uji *post hoc* sebesar (6,567*), artinya hipotesis diterima, terdapat perbedaan *academic adjustment* ditinjau dari *adversity intelligence* pada mahasiswa yang sedang menyusun skripsi di Universitas Esa Unggul. Dari hasil uji *post hoc* ditemukan bahwa, *adversity intelligence climbers* memiliki peluang lebih besar dalam membentuk *academic adjustment* yang baik yang diikuti oleh *campers* dan *quitters*. Pada penelitian ini ditemukan juga bahwa, mahasiswa yang sedang menyusun skripsi di Universitas Esa Unggul didominasi dengan mahasiswa yang memiliki *adversity intelligence quitters* dan memiliki *academic adjustment* yang buruk.

Kata kunci: *Adversity intelligence, academic adjustment*, mahasiswa skripsi

ABSTRACT

Differences in Academic Adjustment in View of Adversity Intelligence in Students who are Working on Their Thesis at Esa Unggul University

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Thesis is a requirement for students to complete to get a bachelor's degree. Not a few students experience obstacles in adjusting themselves in the face of difficulties and demands while working on their thesis which is called academic adjustment. One of the factors that influence academic adjustment is adversity intelligence. The purpose of this research is to find out the differences in academic adjustment in terms of adversity intelligence in students who are preparing their thesis at Esa Unggul University per year (2022/2023). The design of this research is a quantitative causal comparative study using a simple random sampling technique with a total sample of 362 students who are currently preparing their thesis at Esa Unggul University. The measuring instrument used is the academic adjustment scale based on the theory of Schneiders (1960), with reliability $(\alpha) = 0.953$, with 49 valid items and the adversity intelligence scale based on the theory of Stoltz (2018) with reliability $(\alpha) = 0.936$ with 34 valid items, so Both measuring instruments have been declared valid and reliable. The results of the One Way Anova test show a significance value $((p) = 0.048; (p) <0.05)$, with a mean value (μ) in the post hoc test of (6.567^*), meaning that the hypothesis is accepted, there is a difference in academic adjustments in terms of adversity intelligence in students who are preparing their thesis at Esa Unggul University. From the results of the post hoc test it was found that adversity intelligence climbers have a greater chance of forming a good academic adjustment followed by campers and quitters. In this study it was also found that students who were preparing their thesis at Esa Unggul University were dominated by students who had adversity intelligence quitters and had bad academic adjustments.

Keywords: Adversity intelligence, academic adjustment, thesis student