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ANALYSIS OF FACTORS CAUSE OF OBESITY ON PRIMARY SCHOOL  
STUDENT AFFAIRS 01 DIKECAMATA N KEMBANGAN YEAR 2014  
Chapter xi +7 +68 +13 Pages Table Picture +2

### ABSTRACT

**Background:** Obesity is an imbalance between the amount of food intake compared to the amount of energy expenditure . Currently the prevalence of obesity in Indonesia increased by 9.2 % . There are eleven provinces have basic medical research done in 2010 , namely : Aceh ( 11.6 ) , North Sumatra ( 10.5 % ) , South Sumatra ( 11.4 % ) , Riau ( 10.9 % ) , Lampung ( 11 , 6 % ) , Riau Islands ( 9.7 % ) , Jakarta ( 12.8 % ) , Central Java ( 10.9 % ) , East Java ( 12.4 % ) , Southeast Seilawesi ( 14.7 % , west Papua ( 14.4 % ) . Increasing overweight and obesity is especially worrisome when this happens due to lack of public awareness in educating children to live healthier ( MoH RI , 2012)

**Objective:** This study aimed to identify the factors that lead to obesity in school-age children at SDN 01 South Kembangan , West Jakarta.

**Research Methods:** descriptive analytic study design is cross-sectional , total sampling technique , the sample in this study were 47 respondents . Statisti test used was Chi – Square.

**Research results :** Respondents in this study mostly suffered Overweight by 28 (59.0 % ) , most of the 27 female ( 57.4 % ) , most overweight patients in class IV 24 ( 51.1 % ) , most have a father / mother chubby 27 ( 57.4 % ) , most have good eating habits by 31 ( 66.0 % ) , most have a good physical activity patterns of 43 ( 91.5 % ) . Statistical test results showed there was no significant correlation between genetic (  $p = 0.673$  ) , eating habits (  $p = 1,812$  ) , physical activity (  $p = 1,792$  ) and the incidence of obesity in children .

**Conclusion :** Socialization healthy eating and physical activity is good for the prevention of obesity in primary school age children .

Keywords : Factor , Affects , Obesity , Overweight , Schools .  
Bibliography : 24 ( 2004-2013 ) .