

## ABSTRAK

Judul : Analisis Asuhan Keperawatan Pada Ny. N Dengan Diangosa Medis *Cerebro Vasculer Disease* Melalui Penerapan Oral Hygiene Dengan Menggunakan *Coconut Oil* Di Ruangan *High Care Unit (Hcu/Iw)* Rsud Tarakan

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**Latar belakang** : Pasien dengan CVD dapat mengalami kelemahan fisik yang mengakibatkan pasien tidak dapat melakukan aktivitas perawatan diri dengan baik. Salah satu perawatan diri yang tidak dapat dilakukan adalah kebersihan mulut dan gigi. Coconut oli sebagai alternatif obat kumur untuk menjaga kesehatan mulut dimana coconut oil ini mengandung Lauric acid yang mampu membasmi bakteri yang ada di mulut **Tujuan** : menganalisis penerapan Oral hygiene degan menggunakan coconut oil pada Ny. N dengan Diagnosa Medis CVD diruangan *High Care Unit (HCU)* RSUD Tarakan. **Metode**: penulisan ini menggunakan desain studi kasus dengan pendekatan proses asuhan keperawatan yang meliputi Pengkajian, Analisis data, Diagnosis, Intervensi, Implementasi dan Evaluasi. **Hasil** :Penerapan Evidence Based Practice (EBP) dilakukan dengan melakukan Oral hygiene dengan menggunakan coconut oil pada Ny. N dengan Diagnosa Medis CVD diruangan *High Care Unit (HCU)* RSUD Tarakan. Teknik pengumpulan data menggunakan observasi. **Kesimpulan** : penerapan EBP tidak efektif dikarenakan dilakukan hanya 3 hari, ditandai dengan data obyektif yang menunjukan mukaso bibir lembab, flak pada gigi tampak masih ada, sariawan tampak masih ada.

Kata Kunci : CVD, *High Care Unit*, *oral hygiene*, *coconut oil*.

## **ABSTRACT**

**Title:** Analysis of Nursing Care for Mrs. N With Medical Treatment of Cerebro Vascular Disease Through the Application of Oral Hygiene Using Coconut Oil in the High Care Unit Room (Hcu/Iw) Tarakan Hospital

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**Background:** CVD patients can experience physical weakness which results in patients being unable to carry out self-care activities properly. One thing about self-care that cannot be done is oral and dental hygiene. Coconut oil as an alternative mouthwash to maintain oral health where Coconut Oil contains Lauric Acid which is able to eradicate bacteria in the mouth. **Objective:** to analyze the application of Oral Hygiene by using Coconut Oil on Mrs. N with a Medical Diagnosis of CVD in the High Care Unit (HCU) Tarakan Regional Hospital. **Method:** This writing uses a case study design with a nursing process approach which includes assessment, data analysis, diagnosis, intervention, implementation and evaluation. The implementation of Evidence Based Practice (EBP) was carried out by carrying out Oral Hygiene using coconut oil on Mrs. N with a Medical Diagnosis of CVD in the High Care Unit (HCU) Tarakan Regional Hospital. **Data collection techniques** using observation. **Conclusion :** the application of EBP was not effective because it was carried out for only 3 days, indicated by objective data showing that the lips were moist, flakes on the teeth still appeared, mouth ulcers still appeared.

**Keywords:** CVD, High Care Unit, oral hygiene, coconut oil.

