

ABSTRAK

Judul Skripsi : Evaluasi Pola Peresepan Pasien Hipertensi Dengan Atau Tanpa Komorbid Di Instalasi Rawat Jalan RSPAD Gatot Soebroto Periode Juli-Desember 2021
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Hipertensi merupakan penyakit tidak menular menjadi penyebab utama kematian secara global. Hipertensi sering muncul tanpa gejala dan sering disebut sebagai *The Silent Killer*. Penelitian ini bertujuan untuk mengetahui evaluasi pola peresepan pasien hipertensi dengan atau tanpa komorbid di instalasi rawat jalan RSPAD Gatot Soebroto periode Juli-Desember 2021. Jenis penelitian *non eksperimental* dengan desain observasional deskriptif kuantitatif. Pengambilan data dikumpulkan secara retrospektif dilakukan penelusuran melalui lembar rekam medis pasien hipertensi dengan atau tanpa komorbid. Analisis dilakukan untuk mengetahui karakteristik pasien dengan mengevaluasi pola peresepan pasien hipertensi dengan atau tanpa komorbid berdasarkan ketepatan obat, ketepatan interval waktu pemberian, dan ketepatan dosis yang disesuaikan dengan pedoman. Hasil yang diperoleh sebanyak 222 pasien. Karakteristik berdasarkan jenis kelamin pada pasien hipertensi tanpa komorbid berjumlah 84 pasien tertinggi pada perempuan sebanyak 52 pasien hipertensi tanpa komorbid berjumlah 84 pasien tertinggi pada perempuan sebanyak 52 pasien (62,90%) sedangkan pada laki-laki sebanyak 32 pasien (38,10%). Pada pasien hipertensi dengan komorbid terbanyak yaitu terdapat pada hipertensi dengan komorbid diabetes berjumlah 84 pasien yang didominasi pada perempuan sebanyak 62 pasien (70,45%). Karakteristik berdasarkan usia pasien hipertensi dengan atau tanpa komorbid yang tertinggi berada pada usia 56-65 tahun (masa lansia akhir) (38,29%). Hasil evaluasi pola peresepan pada pasien hipertensi dengan komorbid di instalasi rawat jalan RSPAD Gatot Soebroto periode Juli-September 2021 didapatkan yaitu dengan evaluasi berdasarkan ketepatan obat sebanyak 97,75%, evaluasi berdasarkan ketepatan interval waktu pemberian sebanyak 98,20%, dan evaluasi berdasarkan ketepatan dosis sebanyak 98,65%.

Kata kunci:

Hipertensi, antihipertensi, evaluasi, RSPAD Gatot Soebroto

ABSTRACT

Thesis Title : Evaluation of Prescribing Patterns for Hypertension Patients With or Without Comorbidities at the Gatot Soebroto RSPAD Outpatient Installation for the Period July-December 2021
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Hypertension is a non-communicable disease that is the main cause of death globally. Hypertension often appears without symptoms and is often referred to as The Silent Killer. This study aims to evaluate the prescribing patterns of hypertensive patients with or without comorbidities at the Gatot Soebroto RSPAD outpatient installation for the period July-December 2021. This type of research is non-experimental with a quantitative descriptive observational design. Data were collected retrospectively and searched through the medical record sheets of hypertensive patients with or without comorbidities. Analysis was carried out to determine patient characteristics by evaluating the prescribing patterns of hypertensive patients with or without comorbidities based on the appropriateness of the drug, the appropriate time interval for administration, and the appropriateness of the dose according to the guidelines. The results obtained were 222 patients. Characteristics based on gender in hypertensive patients without comorbidities were 84 patients, the highest in women were 52 patients, hypertensive patients without comorbidities were 84 patients, the highest in women were 52 patients (62.90%) while in men there were 32 patients (38.10%). In hypertensive patients with the most comorbidities, there were hypertension with comorbid diabetes, totaling 84 patients, dominated by women, 62 patients (70.45%). Characteristics based on age of hypertensive patients with or without comorbidities were highest at the age of 56-65 years (late elderly) (38.29%). The results of the evaluation of prescribing patterns in hypertensive patients with comorbidities at the Gatot Soebroto RSPAD outpatient installation for the July-September 2021 period were obtained, namely an evaluation based on drug accuracy of 97.75%, an evaluation based on the accuracy of the administration time interval of 98.20%, and an evaluation based on accuracy. dose as much as 98.65%.

Key words:

Hypertension, antihypertension, evaluation, Gatot Soebroto Army Hospital