

ABSTRAK

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Program Studi : S1 Ilmu-Ilmu Kesehatan Jurusan Ilmu Gizi
Judul : Evaluasi Penggunaan Media Keping PMBA Depkes
Terhadap Pengetahuan Dan Sikap Ibu Tentang Perilaku Pola Makan
Balita Usia 12-23 Bulan Di Wilayah Kerja Puskesmas Sobang
Kabupaten Pandeglang Tahun 2023

V Bab, xiv Romawi, 39 Halaman, 5 Tabel, 7 Lampiran

Latar Belakang : Praktik pemberian makan yang tidak benar (*inappropriate feeding practices*) merupakan penyebab utama awal terjadinya masalah gizi pada bayi dan balita.

Tujuan: untuk mengevaluasi penggunaan media keping PMBA Depkes terhadap pengetahuan dan sikap Ibu tentang perilaku pola makan balita usia 12-23 bulan di Wilayah Kerja Puskesmas Sobang Kabupaten Pandeglang Tahun 2023

Metode : *quasi experiment* dengan pendekatan *two group pretest and posttest design*. Populasi dalam penelitian ini adalah semua ibu yang mempunyai balita usia 12-23 bulan di bulan April tahun 2023 yang berada di Wilayah Kerja Puskesmas Sobang sebanyak 45 orang. Jumlah sampel ditentukan dengan aplikasi *G-Power* didapatkan jumlah sampel sebanyak 42, 21 responden untuk kelompok eksperimen dan 21 responden untuk kelompok kontrol.

Hasil : Berdasarkan hasil uji statistik *Paired sample t-test* didapatkan bahwa adanya pengaruh yang signifikan ($p < 0.05$) Pemberian Edukasi Media Keping PMBA Terhadap Pengetahuan Dan Sikap Ibu Tentang Perilaku Pola Makan Balita Usia 12-23 Bulan Di Wilayah Kerja Puskesmas Sobang Kabupaten Pandeglang Tahun 2023.

Kesimpulan : Adanya Pengaruh Pemberian Edukasi Media Keping PMBA Terhadap Pengetahuan Dan Sikap Ibu Tentang Prilaku Pola Makan Balita Usia 12-23 Bulan Di Wilayah Kerja Puskesmas Sobang. Oleh karenanya, perlu adanya program konseling yang konsisten dalam upaya peningkatan pengetahuan dan sikap ibu terhadap pola makan balita.

Kata Kunci : Gizi, Balita, Edukasi, Media Keping PMBA

Daftar Pustaka : 23 (2015-2022)

ABSTRACT

Name : Tiana Intan Sabrina
Study Program : S1 Health Sciences, Department of Nutrition
Title : Evaluation of the Use of Ministry of Health PMBA Chip Media on Mother's Knowledge and Attitudes Regarding the Dietary Behavior of Toddlers Aged 12-23 Months in the Working Area of the Sobang Health Center, Pandeglang Regency in 2023

V Chapters, Roman xiv, 39 Pages, 5 Tables, 7 Appendices

Background Improper feeding practices (inappropriate feeding practices) are the main cause of early nutritional problems in infants and toddlers.

Objectives : This study aims to evaluate the use of Ministry of Health PMBA chips media on mothers' knowledge and attitudes regarding the dietary behavior of toddlers aged 12-23 months in the Working Area of the Sobang Health Center, Pandeglang Regency in 2023

Methods : . This study used a quasi-experimental method with a two group pretest and posttest design approach. . The population in this study were all mothers who had toddlers aged 12-23 months in April 2023 who were in the Working Area of the Sobang Community Health Center as many as 45 people. The number of samples determined by the G-Power application obtained a total sample of 42, 21 respondents for the experimental group and 21 respondents for the control group..

Results : Based on the results of the Paired sample *t* test statistic, it was found that there was a significant effect ($p < 0.05$) in the knowledge, attitudes, and behavior of Toddlers Aged 12-23 Months in the Working Area of the Sobang Health Center, Pandeglang Regency in 2023 after providing IYCF Chip Media Education.

Conclusion : an effect of giving PMBA chip media education on mothers' knowledge and attitudes about the eating behavior of toddlers aged 12-23 months in the working area of the Sobang Health Center. Therefore, it is necessary to have a consistent counseling program in an effort to increase mothers' knowledge and attitudes towards toddlers' eating patterns.

Keywords: Nutrition, Toddlers, Educatio, PMBA Chip Media

Bibliography : 11 (2010-2022)