

ABSTRAK



UNIVERSITAS ESA UNGGUL

FAKULTAS ILMU-ILMU KESEHATAN

PROGRAM STUDI GIZI

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WIWIN ANGGRAINI

Dampak Pelatihan Kader Posyandu Terhadap Pengetahuan Tentang Penyelenggaraan Posyandu dan Ketepatan Pengukuran Antropometri (BB dan TB) di Wilayah Kerja Puskesmas Kalibaru, Kota Bekasi.

Latar Belakang : Posyandu merupakan ujung tombak pelayanan kesehatan berbasis masyarakat dengan pendekatan upaya promotif dan preventif. Peran kader posyandu sangat penting dalam proses pemantauan pertumbuhan balita di posyandu. Kader-kader yang ada harus dibekali pengetahuan dan keterampilan melalui pelatihan untuk meningkatkan kualitas pelayanan kesehatan.

Tujuan : Penelitian ini bertujuan untuk mengetahui dampak pelatihan kader Posyandu terhadap pengetahuan tentang penyelenggaraan Posyandu dan ketepatan pengukuran antropometri (BB dan TB) di wilayah kerja Puskesmas Kalibaru, Kota Bekasi.

Metode Penelitian : Penelitian ini menggunakan desain Pre Eksperimental dan teknik pengambilan sampel menggunakan aplikasi G Power dengan uji beda: *Difference Between Two Dependent Means (Matched Paired)* sehingga didapatkan total sampel sebanyak 62 responden dan menggunakan uji beda *paired simple t-test*.

Hasil : Hasil uji bivariat menunjukkan terdapat perbedaan yang signifikan pada skor rata-rata pengetahuan tentang penyelenggaraan posyandu ($p \leq 0,05$). Demikian juga dengan keterampilan kader ($p \leq 0,05$) serta ketepatan pengukuran antropometri ($p \leq 0,05$).

Kesimpulan : Pelatihan kader posyandu dapat meningkatkan pengetahuan tentang penyelenggaraan posyandu dan ketepatan pengukuran antropometri.

Kata Kunci : Kader Posyandu, Pengetahuan Kader, Pengukuran Antropometri.

ABSTRAC



ESA UNGGUL UNIVERSITY

FACULTY OF HEALTH SCIENCES

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WIWIN ANGGRAINI

The Impact of Posyandu Cadre Training on Knowledge of Posyandu Implementation and Accuracy of Anthropometric Measurements (BB and TB) in the Work Area of the Kalibaru Health Center, Bekasi City.

Background: Posyandu is the spearhead of community-based health services with a promotive and preventive approach. The role of posyandu cadres is very important in the process of monitoring the growth of toddlers in posyandu. Existing cadres must be equipped with knowledge and skills through training to improve the quality of health services.

Objective: This study aims to determine the impact of Posyandu cadre training on knowledge about Posyandu administration and the accuracy of anthropometric measurements (BB and TB) in the working area of the Kalibaru Health Center, Bekasi City.

Research Methods: This study used a pre-experimental design and the sampling technique used the G Power application with a different test: Difference Between Two Dependent Means (Matched Paired) so that a total sample of 62 respondents was obtained and a simple paired t-test was used.

Results: The results of the bivariate test showed that there was a significant difference in the average score of knowledge about Posyandu implementation ($p \leq 0.05$). Likewise with the skills of cadres ($p \leq 0.05$) and the accuracy of anthropometric measurements ($p \leq 0.05$).

Conclusion: Posyandu cadre training can increase knowledge about posyandu management and the accuracy of anthropometric measurements.

Keywords: Posyandu Cadres, Knowledge of Cadres, Anthropometric Measurements.