## PENGARUH MEDIA BUKU SAKU TERHADAP PENGETAHUAN DAN SIKAPPASIEN TUBERKULOSIS DI RUMAHSAKIT KARTIKA CIBADAK

The Influence of Pocket Book Media on Knowledge and Attitude of Tuberculosis

Patientsat Kartika Cibadak Hospital

Fitria Nurul Hakim<sup>1</sup>, Khairizka Citra Palupi<sup>2</sup>, Putri Ronitawati<sup>3</sup>

1,2,3 Program Studi Ilmu Gizi, Fakultas Ilmu-Ilmu Kesehatan, Universitas Esa Unggul JI. Arjuna Utara No.9, Duri Kepa, Kec. Kb. Jeruk, Kota Jakarta Barat, Daerah Khusus Ibukota Jakarta 11510

## Abstract

A pocket book is a small book that can be put in a pocket and easy to carry anywhere. So, in general a pocket book is a book that emphasizes its small size which can be put in a pocket so that it is easy to carry anywhere and we can read it at any time. The purpose of this study was to determine the effect of pocket book media on knowledge, attitudes and food waste of tuberculosis patients at Kartika Cibadak Hospital. This research is a type of quasy experimental research. The research design was the pretest and post test design which aimed to determine the effect of the pocket book media on increasing the knowledge and attitudes of tuberculosis patients by comparing the average scores of knowledge and attitudes before getting the pocket book and after getting the pocket book. The conclusionsof this study were tested statistically with the Wilcoxon test and the results obtained were sigPvalue 0.0001 (PValue ≤0.05),which means that there is an influence of nutrition pocket book media on the knowledge, attitudes and leftovers of tuberculosis patients.

Keywords: Pocket book, Tuberculosis patient, Knowledge, Attitude, Food Waste



