

UNIVERSITAS ESA UNGGUL
FAKULTAS ILMU-ILMU KESEHATAN
PROGRAM STUDI NERS

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“ASUHAN KEPERAWATAN GANGGUAN SISTEM PERKEMIHAN: *CHRONIC KIDNEY DISEASE on HEMODIALYSIS* (CKD on HD) DI INSTALASI GAWAT DARURAT RUMAH SAKIT UMUM DAERAH KABUPATEN TANGERANG (RSUD)”

Xiv + 5 Bab + 99 halaman + 17 Tabel + 6 Gambar

ABSTRAK

Gagal ginjal (CKD) merupakan salah satu masalah kesehatan yang sering ditemui dalam kehidupan modern saat ini. Di Igd RSUD tangerang Diagnosa CKD menempati urutan ketiga penyakit terbanyak. Pada tahun 2015 di temukan dari data online RSUD tangerang jumlah pasien yang berkunjung ke IGD sebanyak 334 orang, dan tahun 2017 sebanyak 258 orang pasien CKD on HD yang datang berkunjung. Tujuan penulisan tugas akhir ini adalah memperoleh pengalaman. nyata tentang klien dan menerapkan ilmu dengan menerapkan metode posisi semi fowler dalam mencegah sesak nafas akibat gagal di ruang Igd RSUD tangerang, yang dilaksanakan pada tanggal 02-03 Januari 2018. Metode penulisan yang digunakan adalah metode deskriptif, menggunakan studi kasus. Adapun data dari 5 orang klien yang memiliki beberapa kesamaan dan perbedaan keluhan sebagai diagnose awal. Diantaranya mengeluh sesak, pucat, mual muntah, lemas, mudah lelah, edema, kulit kering, dan nyeri epigastrium. Diagnosa keperawatan yang muncul adalah Diagnosa Inefektif pola nafas berhubungan dengan hiperventilasi paru, kelebihan volume cairan berhubungan dengan penurunan haluaran urine dan retensi cairan dan natrium, dan diagnosa cemas. Sedangkan tindakan keperawatan yang dilakukan sesuai dengan rencana yang telah disusun. Evaluasi mencegah adanya sesak nafas pada pasien gagal ginjal, selama perawatan ditandai dengan kelima pasien tidak ada peningkatan saturasi oksigen pasien direncanakan rawat inap. Peneliti memberikan terapi non farmakologis untuk mencegah terjadinya sesak nafas dengan memberikan posisi *semi fowler*.

Kata Kunci : Asuhan keperawatan, gagal ginjal, CKD, posisi semi fowler
Daftar Pustaka : 15 (2006-2016)

**UNIVERSITY OF ESA UNGGUL
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STUDY PROGRAM NERS
Case Study, January 2018**

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“NURSING CARE FOR Urinary System Disorders: CHRONIC KIDNEY DISEASE on HEMODIALYSIS (CKD on HD) IN THE EMERGENCY INSTALLATION OF THE TANGERANG REGIONAL GENERAL HOSPITAL (RSUD TANGERANG)”

Xiv + 5 Chapters + 99 pages + 17 Tables + 6 Figures

ABSTRACT

Kidney failure (CKD) is a health problem that is often encountered in modern life today. In the IGD RSUD Tangerang, the diagnosis of CKD is the third most common disease. In 2015, it was found from online data at RSUD Tangerang that the number of patients who visited the emergency room was 334 people, and in 2017 there were 258 CKD on HD patients who came to visit. The purpose of writing this final assignment is to gain experience, real about clients and applying knowledge by applying the semi-fowler position method in preventing shortness of breath due to failure in the Tangerang RSUD IGD room, which was carried out on January 2-3 2018. The writing method used was a descriptive method, using case studies. There is data from 5 clients who have several similarities and differences in complaints as an initial diagnosis. These include complaints of shortness of breath, pallor, nausea, vomiting, weakness, fatigue, edema, dry skin and epigastric pain. The nursing diagnoses that emerged were a diagnosis of ineffective breathing patterns related to lung hyperventilation, excess fluid volume related to decreased urine output and fluid and sodium retention, and a diagnosis of anxiety. Meanwhile, nursing actions are carried out in accordance with the plan that has been prepared. Evaluation of preventing shortness of breath in patients with kidney failure, during treatment it was indicated that in the five patients there was no increase in oxygen saturation, the patient was planned for hospitalization. Researchers provided non-pharmacological therapy to prevent shortness of breath by providing a semi-Fowler position.

Keywords: Nursing care, kidney failure, CKD, semi-Fowler position

Bibliography: 15 (2006-2016)