

## DAFTAR PUSTAKA

- Alricsson M, Werner S. *Young Elite Cross-Country Skiers and Low Back Pain A 5-year Study*. *Physical Therapy in Sport* 7 2007: 181-184
- Beldon P, Epsom. *Sitting Safely to Prevent Pressure Damage*. *Wound Essentials* 2007; Vol 2: 102-104
- Briggs AM, Dieën JHV, Wrigley TV, Greig AM, Phillips B, Lo SK, Bennell KL. *Thoracic Kyphosis Affects Spinal Loads and Trunk Muscle Force*. *American Physical Therapy Association* 2007;87(5):595-605
- Cael, Christy. 2010. *Functional Anatomy*. Philadelphia: Lippincott Williams & Wilkins
- Chaitow, Leon. 2004. *Maintaining Body Balance Flexibility and Stability*. Philadelphia: Churchill Livingstone
- Chaitow, Leon. 2001. *Muscle Energy Techniques*. Second Edition. Philadelphia: Churchill Livingstone
- Chaitow, Leon. 2006. *Muscle Energy Techniques Advance Soft Tissue Techniques Third Edition*. Philadelphia: Churchill Livingstone
- Dalton, Eric. *The Puzzle of Perfect Posture*. *Massage and Bodywork* sept/oct 2006:99-104
- Departement Kesehatan RI. *Rencana Pembangunan Jangka Panjang Bidang Kesehatan 2005-2025*. Jakarta, 2009
- Dingsor, Bryan. *Protocol :Rib/Postural Exercises*. *Phases Rehab* 2003:1
- Dingsor, Bryan. *Protocol :Fit and Functional*. *Phases Rehab* 2003:1
- Dorlan. 2010. *Kamus Kedokteran Dorlan edisi 31*. Jakarta: EGC
- Dutton, Mark. 2002. *Manual Therapy of the Spine: An Integrated Approach*. USA: McGraw-Hill Companies
- El, Aad VANDE. 2010. *Orthopaedic Manual Therapy Diagnosis Spine and Temporomandibular Joint*. Canada : Jones and Bartlett Publishers

- FA Teixeira, GA Carvalho. *Realibility and Vadility of Thoracic Kyphosis Measurements Using the Flexicurve Method*. Revista Brasileira de Fisioterapia 2007;11(3): 173-177
- Fryer, Gary. *Muscle Energy Technique: An Evidence-Informed Approach*. International Journal Osteopath Medicine 2011;14(1):3-9
- Fryer, Gary. *Muscle Energy Concepts: A Need for Change*. Journal of Osteopathic Medicine 2000;3(2):54-59
- Gibbons, John. *Muscle Energy Techniques*. International Therapist 2011:26-28
- Grant, Ruth. 2002. *Physichal Therapy Of The Cervical and Thorax Third Edition*. Philadelphia: Churchill Livingstone
- Gross JM, Fetto J, Rosen E. 2002. *Musculoskeletal Examination*. USA: Blackwell Science, Inc
- Grubb ER, Hagedorn EM, Inoue N, Leake MJ, Lounsberry NL, Love SD, et al. *Muscle Energy*. University of Kentucky 2010: 1-10
- Heller, Marc. *The Upper Thoracic Spine and Posterior Ribs*. Dynamic Chiropractic 2002 Sept 24; Vol. 20: 1-4
- Hendri, Wendy. 2009. *A self-help Guide to Good Posture in Sitting*. UK: IMS
- Hertling D, Kessler RM. 2006. *Manajement of Musculoskeletal Disorders: Physichal Therapy Principles and Methods Fourth Edition*. USA: Churchill Livingstone
- Hinman, MR. *Comparison of Thoracic Kyphosis and Postural Stiffness in Younger and Older Women*. The Spine Journal 4 2004:413-417
- Kado Deborah M, Prenovost Katherine, Crandall Carolyn. *Narrative Review: Hyperkyphosis in Older Persons*. Ann Intern Med. 2007;147:330-338
- Kendall FP, Kendall E, Florance P, Rodgers MM, Romani WA. 2005. *Testing and Function with Posture and Pain Fifth Edition*. Philadelphia: Lippincott Williams & Wilkins
- Keputusan Menteri Kesehatan Republik Indonesia Nomor 376/MENKES/SK/III/2007 tentang Standar Profesi Fisioterapi

- Kisner Carolyn, Colby Lynn A. 2007. *Therapeutic Exercise Foundations and Techniques Fifth Edition*. Philadelphia : F. A. Davis Company
- Levangie Pamela K, Norkin Cynthia C. 2005. *Joint Structure and Function A Comprehensive Analysis Fourth Edition*. Philadelphia : F. A. Davis Company
- Lestari, Tri N. 2010. *Manfaat Latihan Static Active Stretching dan MC Kenzie Leher pada Sindroma Miofascial Leher Penjahit*. Skripsi tidak diterbitkan. Program Sarjana Universitas Muhammadiyah Surakarta
- López-Miñarro PA, Muyor JM, Alacid F. *Sagittal Spinal Curvatures and Pelvic Tilt in Elite Young Kayakers*. *Medicina Dello Sport* 63 2010: 509-519
- López-Miñarro PA, Alacid F. *Influence of Hamstring Muscle Extensibility on Spinal Curvatures in Young Athletes*. *Science & Sports* 25 2010: 88-93
- Macagno Angel E, O'Brien Michael F. *Thoracic and Thoracolumbar Kyphosis in Adults*. *Spine* 2006 Volume 31, Number 19 Suppl, pp S161–S170
- Maige, Robert. 2006 *Diagnosis and Treatment of Pain of Vertebral Origin Second Edition*. Philadelphia: F.A. Davis Company
- Muyor JM, Lopez Minarro PA, Alacid F. *Spinal Posture of Thoracic and Lumbar Spine and Pelvic Tilt in Highly Trained Cyclists*. *Journal of Sports Science and Medicine* 2011;10:353-361
- O'Sullivan P, Grahamslaw KM, Kendell M, Lapenskie SC, Mo'ller NE, Richards KV. *The Effect of Different Standing and Sitting Postures on Trunk Muscle Activity in a Pain-Free Population*. *Spine* 2002; Vol.27; 11;1238–1244
- Page Phil, Frank Clare, Lardner Robert. 2010. *Assessment and treatment of muscle imbalance : the Janda approach*. United States of America: Benchmark Physical Therapy Inc
- Pajabi R., Doherty P, Goodarzi M, Hemayattalab R. *Comparison of Thoracic Kyphosis in Two Groups of Elite Greco-Roman and Free Style Wrestlers and A Group of Non-athletic Subjects*. *British Journal of Sports Medicine* 42 2008:229-232
- Park, Steven. 2008. *Sleep, Interrupted*. New York: Jodev Press
- Patel, Kesh. 2005. *Corrective Exercise A Practical Approach*. London: Hodder Arnold

- Paterson, Jane. 2009. *Postural Faults, Illness, and Injury*. Philadelphia: Elsevier's Health Sciences Rights Department
- Pratiwi, Ica D. 2009. *Efek Penambahan Mobilisasi Segmental Posisi Ekstensi Torakal pada Intervensi MWD (Microwave Diathermy) dan Gapping Manipulasi terhadap Penurunan Nyeri pada Thoracic Hypomobility Syndrome Kasus Rounback*. Skripsi tidak diterbitkan. Program Sarjana Universitas Esa Unggul Jakarta
- Pita, Marisa. *Thoracic Kyphosis Treated With Global Postural Reeducation*. Ciênc. Saúde Unipar 4(2): 159-154, 2000.
- Romano M, Negrini S, Parzini S, Atanasio S, Fusco C, Zaina F and Negrini S. *Efficacy of specific SEAS exercises for hyperkyphosis: end-growth results of a controlled prospective study*. Biomed Central 2009
- S. Goh, R. I. Price, P. J. Leedman, K. P. Singer. *A comparison of Three Methods for Measuring Thoracic Kyphosis: Implications for Clinical Studies*. Rheumatology 2000;39:310–315
- Solberg, Gill. 2008. *Postural Disorders and Musculoskeletal Dysfunction*. Philadelphia: Churchill Livingstone
- Undang-Undang Republik Indonesia Nomor 36 Tahun 2009 Tentang Kesehatan Pasal 1 ayat 1
- Webster, Gill. *The Physiology and Application of Muscle Energy Techniques*. Spine 2001;45:311-316
- Weiss Hans R, Alzeyer, Turnbull Deborah. *Physichal and Technical Rehabilitation of Patients With Scheuermann's Disease and Kyphosis*. International Encyclopedia of Rehabilitation 2010:1-10