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FACULTY OF HEALTH-SCIENCE
PROFESSIONAL STUDIES OF NURSING PROGRAM

Case Study Report, May 2015

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2014-35-032

xvii + 5 Chapter + 40 Table + 116 pages + picture + Appendix Figure

**"NURSING CARE TO CLIENTS WITH HERNIA NUCLEUS PULPOSUS (HNP)
EKA HOSPITAL IN ACACIA WARD BSD TANGERANG"**

ABSTRACT

Low back pain is a common complaint encountered in everyday life and is one of the reasons to visit a doctor (Ignatavicius & Workman, 2006). Furthermore, Perdani (2010), citing Anderson (1999) that in the United States lower back pain is the most frequent cause of a sequence of activity limitation in people younger than 45 years, the second for a reason to visit the doctor, who are fifth in the treatment rationale hospitals, and the reason most frequent cause for surgery. Objective: This study aimed to make students able to identify, analyze to find new things in providing nursing care to clients with HNP in Acacia Unit Eka Hospital BSD Tangerang in 2015. The method used is the study of literature by taking some of the literature related to the HNP, direct observation in the Acacia Unit Eka Hospital BSD Tangerang which includes assessment, data analysis, nursing diagnosis, planning, implementation and evaluation, and interviews with clients Results: Three of the clients age 56-65 years, male three people. Women two people. Results of assessment of all the clients have the back pain, pain worse if a lot of activity. There are five major nursing problems. Implementation is largely independent nursing actions. Evaluation: five clients show pre op pain, impaired physical mobility and tingling in the extremities is reduced, post-op pain control, there is no infection in the surgical wound. Four people anxious clients is reduced, one person still feel anxious client facing operations.HNP disease is more common in older age, obesity, body position is wrong or because of the activity / fall. This Method better to make fleksibilitas for decrease pain and prevent to

Keywords: HNP (Hernia Nucleus Pulposus).

Bibliography: 14 (2002-2013)