

ABSTRACT

Selvia Andri, 2015. Psychology Dynamic Of Self Efficacy On A Difabel Mountain Climber. (Supervisor II, Yeny Duriana Wijaya, M. Psi., Psi and Supervisor 1, Yuli Azmi Rozali, M. Psi., Psi)

Mountain climbing is not an easy and light sport, so a difabel climbers need a big self efficacy so he/she can make it to the top of mountain. Self efficacy is the confidence of someone on his ability to do one particular task. The purpose of this research is to understand the dynamics of the psychology of self efficacy on a difabel climber.

This research is a descriptive qualitative research. The subject of difabel climber is 1 person. The subject is at the stage of the development of early adult. A technique used is the snowball sampling. The data are obtained through in depth interviews and observations.

The results of this study are, first the experiences of success than achieved by the subject can bring up his self efficacy. The second, the inspiration from a friend who in the same boat who reinforced feeling of the subject matter to be sure his ability that he had. Third, the support of other parties have made the difabel one keep the spirit. To live and finish his college until being a bachelor, adnda writer that inspired many people. The last, with difabel physical is not a obstacle for the subject to do productive activities.

Key words: Self Efficacy, Difabel Mountain Climber