

SURAT PERSETUJUAN MENJADI SAMPEL PENELITIAN

Saya yang bertanda tangan dibawah ini :

Nama :

Jenis kelamin : L/P

Umur :

Alamat :

Dengan ini menyatakan bahwa saya telah diberikan penjelasan oleh peneliti tentang tujuan dan tindakan yang saya dapatkan selama proses penelitian ini. Maka dengan ini saya bersedia dan setuju untuk menjadi sampel penelitiandan mengikuti proses penelitian sesuai dengan penjelasan yang diberikan oleh peneliti dalam penelitian yang berjudul “**Perbedaan intervensi *Ankle Strategic Exercise* dengan penambahan *Core Stability Exercise* untuk memperbaiki *Dinamik Balance* pada pasien pasca *Stroke*”.**

Demikian surat pernyataan ini saya setujui untuk dapat digunakan sebagai mana mestinya.

Jakarta, 19 maret 2016

Yang membuat pernyataan

DAFTAR HADIR TERAPI PROGRAM PENELITIAN

“Perbedaan intervensi *Ankle Strategic Exercise* dengan penambahan *Core Stability Exercise* untuk memperbaiki *Dinamik Balance* pada pasien pasca Stroke

Nama :

Umur :

Jadwal exercise.

I	II	III	IV
V	VI	VII	VIII
IX	X	XI	XII

TABEL HASIL PENGUKURAN

Kelompok kontrol Perlakuan I: *Core Stability Exercise*

No	Nama	Umur	TB	BB	FRT		Selisih	Tug test		Selisih
					Pre	Post		Pre	Post	
1	Tn.feri	59	170	68	19,5	21	1,5	65	61	4
2	Ny.Tien	65	152	57	14,3	17,5	3,2	37	34	4
3	Ny.Dame	66	150	49	17	21	4	43	39	4
4	Tn.Endi	61	164	58	11,7	14,3	2,6	30	28	2
5	Ny.mulyani	59	154	65	8,3	11,5	3,2	33	30	3
6	Ny.sugeng	69	155	62	14,5	17	2,5	57	54	3
7	Tn.Abdul	65	166	68	12	14,7	2,7	47	45	2
8	Tn.Indira	56	157	61	15,8	18,5	2,7	28	25	3
Mean					14,1375	16,9375	2,8000	42,5000	39,500	3,0000

Kelompok perlakuan II: penambahan *Ankle strategy exercise* pada pemberian *core stability exercise*

No	Nama	Umur	TB	BB	FRT		Selisih	Tug test		Selisih
					Pre	Post		Pre	Post	
1	Ny.Gondo	64	158	62	12	16	4	45	40	5
2	Ny.Natalia	52	154	59	17,8	20,5	2,7	35	31	4
3	Ny.Rintik	54	152	48	14,5	18,7	4,2	66	62	4
4	Ny.Kartini	56	156	49	15,2	18,7	3,5	29	27	2
5	Ny.Srihari	62	153	60	19,7	29,5	3,8	50	45	5
6	Ny.Saskia	57	160	61	10,2	13,8	3,6	48	45	3
7	Tn.Koko	67	162	74	10,7	13,5	2,8	32	29	3
8	Tn.Kasmi	66	159	62	13,7	16,2	2,5	29	25	4
Mean					14,1375	16,9375	2,8000	42,5000	39,500	3,0000

1. Normalitas TUG Test

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
SB1	,161	8	,200*	,929	8	,506
SD1	,165	8	,200*	,929	8	,509
SL1	,250	8	,150	,849	8	,093
SB2	,199	8	,200*	,896	8	,265
SD2	,212	8	,200*	,897	8	,274
SL2	,220	8	,200*	,917	8	,408

a. Lilliefors Significance Correction

*. This is a lower bound of the true significance.

2. Homogenitas TUG Test

Independent Samples Test

	Levene's Test for Equality of Variances		t-test for Equality of Means						
	F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
								Lower	Upper
SB Equal variances assumed	,000	1,000	,115	14	,910	,75000	6,54040	-13,27776	14,77776
SB Equal variances not assumed			,115	13,993	,910	,75000	6,54040	-13,27839	14,77839

3. Hipotesis 1 TUG Test

Paired Samples Test

	Paired Differences					t	df	Sig. (2-tailed)
	Mean	Std. Deviation	Std. Error Mean	95% Confidence Interval of the Difference				
				Lower	Upper			
Pair 1 SB1 - SD1	3,00000	,75593	,26726	2,36803	3,63197	11,225	7	,000

4. Hipotesis 2 TUG Test

Paired Samples Test

	Paired Differences					t	df	Sig. (2-tailed)
	Mean	Std. Deviation	Std. Error Mean	95% Confidence Interval of the Difference				
				Lower	Upper			
Pair 1 SB2 - SD2	3,75000	1,03510	,36596	2,88464	4,61536	10,247	7	,000

5. Hipotesis 3 TUG Test

Independent Samples Test

	Levene's Test for Equality of Variances		t-test for Equality of Means						
	F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
								Lower	Upper
SB	,000	1,000	,115	14	,910	,75000	6,54040	-13,27776	14,77776
			,115	13,993	,910	,75000	6,54040	-13,27839	14,77839
SD	,013	,911	,236	14	,817	1,50000	6,35835	-12,13730	15,13730
			,236	13,987	,817	1,50000	6,35835	-12,13845	15,13845
SL	1,296	,274	-1,655	14	,120	-,75000	,45316	-1,72194	,22194
			-1,655	12,813	,122	-,75000	,45316	-1,73045	,23045

Statistik TUG Test

Statistics

		SB1	SD1	SL1	SB2	SD2	SL2
N	Valid	8	8	8	8	8	8
	Missing	8	8	8	8	8	8
Mean		42,5000	39,5000	3,0000	41,7500	38,0000	3,7500
Median		40,0000	36,5000	3,0000	40,0000	35,5000	4,0000
Std. Deviation		13,22336	12,90626	,75593	12,93666	12,52426	1,03510
Minimum		28,00	25,00	2,00	29,00	25,00	2,00
Maximum		65,00	61,00	4,00	66,00	62,00	5,00

1. Normalitas FRT Test

Tests of Normality						
	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
SB 1	,144	8	,200 [*]	,987	8	,989
SD 1	,139	8	,200 [*]	,948	8	,692
SL 1	,213	8	,200 [*]	,940	8	,607
SB 2	,135	8	,200 [*]	,953	8	,737
SD 2	,161	8	,200 [*]	,948	8	,689
SL 2	,196	8	,200 [*]	,915	8	,394

a. Lilliefors Significance Correction

*. This is a lower bound of the true significance.

2. Homogenitas FRT Test

Independent Samples Test										
		Levene's Test for Equality of Variances		t-test for Equality of Means						
		F	Sig.	T	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
SB	Equal variances assumed	,001	,978	-,051	14	,960	-,08750	1,70133	-3,73649	3,56149
	Equal variances not assumed			-,051	13,975	,960	-,08750	1,70133	-3,73710	3,56210

3. Hipotesis 1 FRT Test

Paired Samples Test

	Paired Differences					t	df	Sig. (2-tailed)
	Mean	Std. Deviation	Std. Error Mean	95% Confidence Interval of the Difference				
				Lower	Upper			
Pair 1 SB1 - SD1	-2,80000	,71714	,25355	-3,39954	-2,20046	-11,043	7	,000

4. Hipotesis 2 FRT Test

Paired Samples Test

	Paired Differences					t	df	Sig. (2-tailed)
	Mean	Std. Deviation	Std. Error Mean	95% Confidence Interval of the Difference				
				Lower	Upper			
Pair 1 SB2 - SD2	-3,38750	,64017	,22634	-3,92270	-2,85230	-14,967	7	,000

5. Hipotesis 3 FRT Test

Independent Samples Test

		Levene's Test for Equality of Variances		t-test for Equality of Means						
		F	Sig.	T	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
SB	Equal variances assumed	,001	,978	-,051	14	,960	-,08750	1,70133	-3,73649	3,56149
	Equal variances not assumed			-,051	13,975	,960	-,08750	1,70133	-3,73710	3,56210
SD	Equal variances assumed	,420	,528	-,660	14	,520	-1,42500	2,15828	-6,05405	3,20405
	Equal variances not assumed			-,660	12,008	,522	-1,42500	2,15828	-6,12716	3,27716
SL	Equal variances assumed	,043	,838	-1,729	14	,106	-,58750	,33987	-1,31645	,14145
	Equal variances not assumed			-1,729	13,823	,106	-,58750	,33987	-1,31733	,14233

Statistik FRT Test

Statistics

		SB1	SD1	SL1	SB2	SD2	SL2
N	Valid	8	8	8	8	8	8
	Missing	8	8	8	8	8	8
Mean		14,1375	16,9375	2,8000	14,2250	17,6125	3,3875
Median		14,4000	17,2500	2,7000	14,1000	17,4500	3,5500
Std. Deviation		3,47355	3,32305	,71714	3,33027	3,41025	,64017
Minimum		8,30	11,50	1,50	10,20	13,50	2,50
Maximum		19,50	21,00	4,00	19,70	23,50	4,20