LAMPIRAN 5

OUTPUT DATA

A. Analisis Univariat

1. Umur

kat_umur

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	48-57	15	40.5	40.5	40.5
	58-67	15	40.5	40.5	81.1
	68-77	7	18.9	18.9	100.0
	Total	37	100.0	100.0	

2. Jenis Kelamin

Jenis Kelamin

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Laki-Laki	6	16.2	16.2	16.2
	Perempuan	31	83.8	83.8	100.0
	Total	37	100.0	100.0	

3. Asupan Lemak

Kategori Asupan Lemak

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	kurang	19	51.4	51.4	51.4
	baik	18	48.6	48.6	100.0
	Total	37	100.0	100.0	

4. Asupan Karbohidrat

Kategori Asupan Karbohidrat

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	kurang	24	64.9	64.9	64.9
	baik	13	35.1	35.1	100.0
	Total	37	100.0	100.0	

5. Kebiasaan Senam

Kebiasaan Senam

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Aktif	28	75.7	75.7	75.7
	Tidak Aktif	9	24.3	24.3	100.0
	Total	37	100.0	100.0	

6. Kolestrol

Kategori Kolestrol

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Normal	19	51.4	51.4	51.4
	Tidak Normal	18	48.6	48.6	100.0
	Total	37	100.0	100.0	

7. LDL

Kategori LDL

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Normal	18	48.6	48.6	48.6
	Tidak Normal	19	51.4	51.4	100.0
	Total	37	100.0	100.0	

8. HDL

Kategori HDL

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Normal	16	43.2	43.2	43.2
	Tidak Normal	21	56.8	56.8	100.0
	Total	37	100.0	100.0	

9. Trigliserida

Kategori Trigliserida

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Normal	17	45.9	45.9	45.9
	Tidak Normal	20	54.1	54.1	100.0
	Total	37	100.0	100.0	

B. ANALISIS BIVARIAT

1. Hubungan Asupan Lemak dengan Kolestrol

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)	Point Probability
Pearson Chi-Square	33.208[a]	1	.000	.000	.000	
Continuity Correction[b]	29.524	1	.000			
Likelihood Ratio	43.431	1	.000	.000	.000	
Fisher's Exact Test				.000	.000	
Linear-by-Linear Association	32.310[c]	1	.000	.000	.000	.000
N of Valid Cases	37					

a. 0 cells (,0%) have expected count less than 5. The minimum expected count is 8,76.

b. Computed only for a 2x2 table

c. The standardized statistic is -5,684.

2. Hubungan Asupan Lemak dengan LDL

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)	Point Probability
Pearson Chi-Square	37.000[a]	1	.000	.000	.000	
Continuity Correction[b]	33.105	1	.000			
Likelihood Ratio	51.266	1	.000	.000	.000	
Fisher's Exact Test				.000	.000	
Linear-by-Linear Association	36.000[c]	1	.000	.000	.000	.000
N of Valid Cases	37					

a. 0 cells (,0%) have expected count less than 5. The minimum expected count is 8,76.

b. Computed only for a 2x2 table

c. The standardized statistic is -6,000.

3. Hubungan Asupan Lemak dengan HDL

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)	Point Probability
Pearson Chi-Square	17.033[a]	1	.000	.000	.000	
Continuity Correction[b]	14.403	1	.000			
Likelihood Ratio	18.759	1	.000	.000	.000	
Fisher's Exact Test				.000	.000	
Linear-by-Linear Association	16.573[c]	1	.000	.000	.000	.000
N of Valid Cases	37					

a. 0 cells (,0%) have expected count less than 5. The minimum expected count is 7,78.

b. Computed only for a 2x2 table

c. The standardized statistic is -4,071.

4. Hubungan Asupan Lemak dengan Trigliserida.

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)	Point Probability
Pearson Chi-Square	14.301[a]	1	.000	.000	.000	
Continuity Correction[b]	11.914	1	.001			
Likelihood Ratio	15.406	1	.000	.000	.000	
Fisher's Exact Test				.000	.000	
Linear-by-Linear Association	13.915[c]	1	.000	.000	.000	.000
N of Valid Cases	37					

a. 0 cells (,0%) have expected count less than 5. The minimum expected count is 8,27.

b. Computed only for a 2x2 table

c. The standardized statistic is -3,730.

5. Asupan Karbohidrat dengan Kolestrol

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)	Point Probability
Pearson Chi-Square	.217[a]	1	.642	.737	.452	
Continuity Correction[b]	.015	1	.904			
Likelihood Ratio	.217	1	.641	.737	.452	
Fisher's Exact Test				.737	.452	
Linear-by-Linear Association	.211[c]	1	.646	.737	.452	.242
N of Valid Cases	37					

a. 0 cells (,0%) have expected count less than 5. The minimum expected count is 6,32.

b. Computed only for a 2x2 table

c. The standardized statistic is ,459.

6. Asupan Karbohidrat dengan LDL

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)	Point Probability
Pearson Chi-Square	.452[a]	1	.501	.731	.373	
Continuity Correction[b]	.107	1	.744			
Likelihood Ratio	.455	1	.500	.731	.373	
Fisher's Exact Test				.731	.373	
Linear-by-Linear Association	.440[c]	1	.507	.731	.373	.219
N of Valid Cases	37					

a. 0 cells (,0%) have expected count less than 5. The minimum expected count is 5,97.

b. Computed only for a 2x2 table

c. The standardized statistic is ,663.

7. Asupan Karbohidrat dengan HDL

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)	Point Probability
Pearson Chi-Square	1.271[a]	1	.260	.315	.219	
Continuity Correction[b]	.608	1	.436			
Likelihood Ratio	1.296	1	.255	.315	.219	
Fisher's Exact Test				.315	.219	
Linear-by-Linear Association	1.236[c]	1	.266	.315	.219	.150
N of Valid Cases	37					

a. 0 cells (,0%) have expected count less than 5. The minimum expected count is 5,62.

b. Computed only for a 2x2 table

c. The standardized statistic is 1,112.

8. Asupan Karbohidrat dengan Trigliserida

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)	Point Probability
Pearson Chi-Square	.452[a]	1	.501	.731	.373	
Continuity Correction[b]	.107	1	.744			
Likelihood Ratio	.455	1	.500	.731	.373	
Fisher's Exact Test				.731	.373	
Linear-by-Linear Association	.440[c]	1	.507	.731	.373	.219
N of Valid Cases	37					

a. 0 cells (,0%) have expected count less than 5. The minimum expected count is 5,97.

b. Computed only for a 2x2 table

c. The standardized statistic is ,663.

9. Kebiasaan Senam dengan Kolestrol

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)	Point Probability
Pearson Chi-Square	.227[a]	1	.634	.714	.462	
Continuity Correction[b]	.009	1	.926			
Likelihood Ratio	.227	1	.634	.714	.462	
Fisher's Exact Test				.714	.462	
Linear-by-Linear Association	.221[c]	1	.638	.714	.462	.267
N of Valid Cases	37					

a. 2 cells (50,0%) have expected count less than 5. The minimum expected count is 4,38.

b. Computed only for a 2x2 table

c. The standardized statistic is ,470.

10. Kebiasaan Senam dengan LDL

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)	Point Probability
Pearson Chi-Square	.762[a]	1	.383	.462	.315	
Continuity Correction[b]	.238	1	.625			
Likelihood Ratio	.776	1	.378	.462	.315	
Fisher's Exact Test				.462	.315	
Linear-by-Linear Association	.741[c]	1	.389	.462	.315	.212
N of Valid Cases	37					

a. 2 cells (50,0%) have expected count less than 5. The minimum expected count is 4,14.

b. Computed only for a 2x2 table

c. The standardized statistic is ,861.

11. Kebiasaan Senam dengan HDL

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)	Point Probability
Pearson Chi-Square	.476[a]	1	.490	.702	.385	
Continuity Correction[b]	.092	1	.762			
Likelihood Ratio	.485	1	.486	.702	.385	
Fisher's Exact Test				.702	.385	
Linear-by-Linear Association	.463[c]	1	.496	.702	.385	.244
N of Valid Cases	37					

a. 1 cells (25,0%) have expected count less than 5. The minimum expected count is 3,89.

b. Computed only for a 2x2 table

c. The standardized statistic is ,680.

12. Kebiasaan Senam dengan Trigliserida

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)	Point Probability
Pearson Chi-Square	.762[a]	1	.383	.462	.315	
Continuity Correction[b]	.238	1	.625			
Likelihood Ratio	.776	1	.378	.462	.315	
Fisher's Exact Test				.462	.315	
Linear-by-Linear Association	.741[c]	1	.389	.462	.315	.212
N of Valid Cases	37					

a. 2 cells (50,0%) have expected count less than 5. The minimum expected count is 4,14.

b. Computed only for a 2x2 table

c. The standardized statistic is ,861.