



ABSTRACT

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**DIFFERENCES EATING STREET FOOD BEHAVIOR, STREET FOOD
INTAKE AND NUTRITIONAL STATUS BASED ON THE TYPE OF
SCHOOL**

VI Chapter, 113 Pages, 20 Tables, 2 Pictures, 8 Graphic

Adolescents have a habit of eating street foods at school and outside of school. Street foods have an important role in providing energy and nutrient intake during school because the habit of eating snacks can form the nutritional status of adolescents if they have a good habit of eating snacks. This study aimed to determine differences in habit of eating street foods, snack intake and nutritional status based on the type of school. The study was conducted at MTs 1 South Tangerang City and MTs Islamiyah Ciputat. The design used the data analytic with cross sectional study design. Sample of this study are 161 people. Statistical test using independent t-test. The results of the study was no difference in the frequency of dish foods, snacks and drinks by type of school ($p \geq 0,05$). There is no difference in the number types of dish foods by type of school ($p \geq 0,05$). There is significant difference in the number types of snacks and drinks by type of school ($p < 0,05$). There is no difference in the average intake of energy, fat and carbohydrates by the type of school ($p \geq 0,05$). There is the significant difference in the average intake of protein by the type of school ($p < 0,05$). There are no difference nutritional status by the type of school ($p \geq 0,05$). The study concluded that need to allow healthy cafeteria that provides a healthy and nutritious food and drinks.

Keywords: Snacking habits, Snack Intake, Nutritional Status, Adolescents, Students.

Reading list: 86 (2000-2015)