

DATA LAMPIRAN

LAMPIRAN A
SKALA KEMATANGAN EMOSI DAN PENYESUAIAN AKADEMIK

Selamat Pagi

Saya mahasiswi Fakultas Psikologi yang saat ini sedang melakukan penelitian sebagai tugas akhir guna merampungkan studi Sarjana Psikologi di Universitas Esa Unggul. Sehubungan dengan itu, peneliti meminta kesediaan anda untuk membantu penelitian dengan mengisi kuesioner ini.

Dalam kuesioner ini tidak ada jawaban benar atau salah, tetapi merupakan keadaan anda yang sesuai dengan diri anda yang sesungguhnya.

Cara menjawabnya cukup sederhana, yaitu dengan memberikan tanda silang (**X**) di salah satu pilihan jawaban yang telah disediakan. Mohon agar anda bersedia memberikan pilihan jawaban yang sebenar-benarnya dan lengkap. Demikian saya sampaikan. Atas perhatian dan kesediaan anda saya ucapkan terima kasih.

Hormat Saya

Penyusun

Contoh:

Pernyataan	SS	S	TS	STS
Saya tetap tenang menghadapi masalah apapun		X		

Keterangan pilihan:

SS : Sangat Sesuai

S : Sesuai

TS : Tidak Sesuai

STS : Sangat Tidak Sesuai

Data Diri

Jenis Kelamin : L / P

Agama :

Suku Bangsa :

Nilai rata-rata terakhir di Raport (Semester Genap) :

Kuesioner A

Pernyataan	SS	S	TS	STS
Saya sulit mengambil keputusan secara mandiri				
Saya sulit berperilaku sesuai dengan tata tertib di sekolah				
Saya akan melampirkan kekesalan saya pada orang lain				
Saya mampu bertanggung jawab atas keputusan yang saya ambil				
Saya mampu menyesuaikan diri dengan peraturan yang ada di sekolah				
Saya dapat menerima penjelasan yang teman saya berikan pada saya				
Saya mampu menerima kesalahan yang saya lakukan				
Saya akan memaki orang lain ketika saya sedang kesal				

Kuesioner B

Keterangan pilihan:

SS : Sangat Setuju

S : Setuju

TS : Tidak Setuju

STS : Sangat Tidak Setuju

Pernyataan	SS	S	TS	STS
Saya berani mengajukan pertanyaan jika saya belum jelas mengenai penjelasan dari guru/Pembina				
Saya merasa terbebani menjadi seorang taruna/taruni				
Saya akan mengatur waktu secara tepat untuk belajar				
Banyak dari teman saya tidak mengenal siapa saya				
Saya sulit menerapkan ilmu yang sudah saya dapatkan di sekolah				
Saya sulit mengikuti pelajaran di kelas				
Saya merasa kecewa ketika tidak ada yang mengucapkan selamat kepada saya saat saya berprestasi				

LAMPIRAN B
UJI RELIABILITAS DAN VALIDITAS

A. Kematangan Emosi

a. Sebelum Uji Coba

Reliability Statistics

Cronbach's Alpha	N of Items
.833	52

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
VAR00001	153.9000	178.369	-.153	.838
VAR00002	153.4000	175.766	.006	.835
VAR00003	153.2000	174.303	.117	.833
VAR00004	154.1000	171.472	.179	.833
VAR00005	153.7667	168.116	.296	.830
VAR00006	154.2667	170.754	.383	.829
VAR00007	154.7667	175.082	.006	.838
VAR00008	153.8333	164.006	.452	.826
VAR00009	154.2333	175.840	-.025	.838
VAR00010	153.7667	159.840	.722	.819
VAR00011	153.4667	164.878	.547	.824
VAR00012	153.4333	166.944	.504	.826
VAR00013	153.4333	170.737	.239	.831
VAR00014	153.6667	167.540	.424	.827
VAR00015	153.6000	163.007	.543	.824
VAR00016	153.8667	164.120	.504	.825
VAR00017	153.8333	163.040	.601	.823
VAR00018	153.8333	172.557	.196	.832
VAR00019	154.0000	170.759	.282	.830
VAR00020	153.6333	163.964	.508	.825
VAR00021	153.7000	171.872	.199	.832
VAR00022	153.2667	174.202	.122	.833
VAR00023	153.9000	173.059	.167	.832

VAR00024	153.6667	168.368	.332	.829
VAR00025	153.2000	167.752	.550	.826
VAR00026	154.7667	181.013	-.238	.843
VAR00027	153.9667	167.275	.338	.829
VAR00028	154.5000	166.879	.373	.828
VAR00029	153.4000	162.938	.569	.823
VAR00030	153.7667	163.840	.596	.823
VAR00031	153.3333	172.713	.204	.832
VAR00032	153.8000	166.441	.475	.826
VAR00033	153.3333	172.920	.190	.832
VAR00034	153.5333	178.740	-.209	.838
VAR00035	153.5000	172.672	.145	.833
VAR00036	154.0333	170.792	.155	.834
VAR00037	154.1333	168.395	.272	.831
VAR00038	153.6333	166.999	.414	.827
VAR00039	153.9667	168.171	.300	.830
VAR00040	154.4333	172.185	.125	.834
VAR00041	153.6000	173.352	.132	.833
VAR00042	153.3667	171.482	.288	.830
VAR00043	153.6333	173.689	.152	.833
VAR00044	153.9000	170.783	.222	.832
VAR00045	153.9000	175.334	-.015	.840
VAR00046	154.5333	170.671	.194	.833
VAR00047	153.9333	165.168	.399	.827
VAR00048	153.5667	167.702	.296	.830
VAR00049	153.5333	166.533	.472	.826
VAR00050	153.6667	171.816	.236	.831
VAR00051	154.0000	172.414	.124	.834
VAR00052	153.3333	169.747	.284	.830

b. Setelah Uji Coba

Reliability Statistics

Cronbach's Alpha	N of Items
.882	21

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
VAR00006	61.5333	82.602	.377	.880
VAR00008	61.1000	76.783	.511	.876
VAR00010	61.0333	75.068	.716	.869
VAR00011	60.7333	78.892	.510	.876
VAR00012	60.7000	81.872	.332	.880
VAR00014	60.9333	79.099	.516	.876
VAR00015	60.8667	76.602	.577	.873
VAR00016	61.1333	77.568	.524	.875
VAR00017	61.1000	76.369	.659	.871
VAR00020	60.9000	77.403	.531	.875
VAR00024	60.9333	80.823	.329	.881
VAR00025	60.4667	81.085	.487	.877
VAR00027	61.2333	79.082	.396	.880
VAR00028	61.7667	79.909	.361	.880
VAR00029	60.6667	76.989	.575	.873
VAR00030	61.0333	76.861	.663	.871
VAR00032	61.0667	80.271	.415	.878
VAR00038	60.9000	79.610	.432	.878
VAR00039	61.2333	79.013	.400	.879
VAR00047	61.2000	77.545	.458	.878
VAR00049	60.8000	80.855	.371	.880

B. Penyesuaian Akademik

a. Sebelum Uji Coba

Reliability Statistics

Cronbach's Alpha	N of Items
.880	48

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
VAR00001	138.1333	201.568	-.041	.882
VAR00002	139.1667	200.006	.048	.881
VAR00003	138.1667	202.557	-.088	.884
VAR00004	138.6000	205.421	-.271	.885
VAR00005	138.2333	194.599	.341	.877
VAR00006	139.3667	200.240	-.004	.885
VAR00007	139.4333	197.840	.131	.880
VAR00008	138.9667	193.137	.265	.879
VAR00009	138.1333	188.189	.554	.874
VAR00010	138.6000	199.421	.043	.883
VAR00011	138.4333	187.702	.623	.873
VAR00012	137.8333	192.213	.524	.875
VAR00013	138.5333	196.878	.198	.879
VAR00014	138.5000	188.259	.475	.875
VAR00015	138.4333	194.047	.275	.878
VAR00016	138.9333	188.271	.550	.874
VAR00017	138.5667	185.151	.631	.872
VAR00018	139.1333	187.223	.636	.873
VAR00019	138.5333	188.257	.711	.872
VAR00020	139.0000	200.345	.017	.882
VAR00021	138.4333	199.357	.101	.880
VAR00022	137.8667	193.154	.511	.876
VAR00023	138.2667	195.168	.316	.878

VAR00024	138.1667	194.351	.423	.877
VAR00025	138.2333	199.220	.098	.880
VAR00026	139.0000	189.862	.473	.875
VAR00027	138.8000	192.097	.391	.876
VAR00028	138.7667	193.840	.366	.877
VAR00029	138.7000	185.045	.648	.872
VAR00030	138.9000	189.266	.579	.874
VAR00031	138.5000	196.603	.319	.878
VAR00032	138.4333	189.978	.479	.875
VAR00033	138.5333	196.878	.198	.879
VAR00034	138.1667	193.523	.390	.877
VAR00035	138.2667	198.754	.179	.879
VAR00036	138.8000	189.476	.437	.876
VAR00037	138.8000	191.959	.425	.876
VAR00038	138.6000	191.903	.461	.876
VAR00039	138.9000	196.990	.122	.882
VAR00040	138.7667	183.151	.583	.872
VAR00041	138.7000	189.734	.470	.875
VAR00042	138.0333	193.551	.461	.876
VAR00043	138.1333	192.671	.399	.876
VAR00044	138.2667	195.995	.210	.879
VAR00045	138.8667	193.085	.336	.877
VAR00046	138.7333	183.857	.725	.871
VAR00047	138.7667	190.461	.366	.877
VAR00048	138.9667	192.930	.317	.878

b. Setelah Uji Coba

Reliability Statistics

Cronbach's Alpha	N of Items
.915	30

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
VAR00005	85.9333	148.961	.371	.914
VAR00009	85.8333	143.109	.592	.911
VAR00011	86.1333	143.361	.625	.911
VAR00012	85.5333	146.740	.567	.912
VAR00014	86.2000	144.510	.445	.914
VAR00016	86.6333	142.861	.605	.911
VAR00017	86.2667	140.685	.654	.910
VAR00018	86.8333	142.213	.680	.910
VAR00019	86.2333	143.702	.724	.910
VAR00022	85.5667	148.806	.464	.913
VAR00024	85.8667	150.120	.357	.914
VAR00026	86.7000	145.183	.478	.913
VAR00027	86.5000	147.017	.402	.914
VAR00028	86.4667	148.602	.376	.914
VAR00029	86.4000	141.766	.613	.911
VAR00030	86.6000	145.007	.564	.912
VAR00031	86.2000	151.131	.325	.915
VAR00032	86.1333	144.189	.542	.912
VAR00034	85.8667	149.775	.310	.915
VAR00036	86.5000	144.397	.462	.913
VAR00037	86.5000	146.052	.486	.913
VAR00038	86.3000	146.355	.505	.912
VAR00040	86.4667	140.257	.546	.912
VAR00041	86.4000	146.179	.417	.914

VAR00042	85.7333	148.064	.495	.913
VAR00043	85.8333	147.454	.416	.914
VAR00045	86.5667	147.978	.342	.915
VAR00046	86.4333	140.254	.714	.909
VAR00047	86.4667	145.223	.390	.915
VAR00048	86.6667	146.023	.411	.914

LAMPIRAN C
UJI NORMALITAS

A. Uji Normalitas Kematangan Emosi

Descriptive Statistics

	N	Mean	Std. Deviation	Minimum	Maximum
ScoreKE	103	64.61	8.233	44	80

One-Sample Kolmogorov-Smirnov Test

		ScoreKE
N		103
Normal Parameters ^{a,b}	Mean	64.61
	Std. Deviation	8.233
Most Extreme Differences	Absolute	.129
	Positive	.055
	Negative	-.129
Kolmogorov-Smirnov Z		1.306
Asymp. Sig. (2-tailed)		.066

a. Test distribution is Normal.

b. Calculated from data.

B. Uji Normalitas Penyesuaian Akademik

Descriptive Statistics

	N	Mean	Std. Deviation	Minimum	Maximum
ScorePA	103	90.40	11.707	70	117

One-Sample Kolmogorov-Smirnov Test

		ScorePA
N		103
Normal Parameters ^{a,b}	Mean	90.40
	Std. Deviation	11.707
Most Extreme Differences	Absolute	.107
	Positive	.107
	Negative	-.060
Kolmogorov-Smirnov Z		1.083
Asymp. Sig. (2-tailed)		.191

a. Test distribution is Normal.

b. Calculated from data.

LAMPIRAN D
UJI KORELASI

A. Korelasi Kematangan Emosi Dan Penyesuaian Akademik

Descriptive Statistics

	Mean	Std. Deviation	N
ScoreKE	64.61	8.233	103
ScorePA	90.40	11.707	103

Correlations

		ScoreKE	ScorePA
ScoreKE	Pearson Correlation	1	.506**
	Sig. (2-tailed)		.000
	N	103	103
ScorePA	Pearson Correlation	.506**	1
	Sig. (2-tailed)	.000	
	N	103	103

** . Correlation is significant at the 0.01 level (2-tailed).

B. Kontribusi Kematangan Emosi Dan Penyesuaian Akademik

Variables Entered/Removed^a

Model	Variables Entered	Variables Removed	Method
1	ScoreKE ^b	.	Enter

a. Dependent Variable: ScorePA

b. All requested variables entered.

Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.506 ^a	.256	.249	10.146

a. Predictors: (Constant), ScoreKE

ANOVA^a

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	3582.309	1	3582.309	34.802	.000 ^b
	Residual	10396.370	101	102.934		
	Total	13978.680	102			

a. Dependent Variable: ScorePA

b. Predictors: (Constant), ScoreKE

Coefficients^a

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	43.892	7.946		5.523	.000
	ScoreKE	.720	.122	.506	5.899	.000

a. Dependent Variable: ScorePA

LAMPIRAN E
FREKUENSI GAMBARAN UMUM SUBJEK

A. Jenis Kelamin

Statistics

Jenis Kelamin

N	Valid	103
	Missing	0
Mean		1.146
Median		1.000
Mode		1.0
Minimum		1.0
Maximum		2.0

Jenis Kelamin

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Laki-laki	88	85.4	85.4	85.4
Valid Perempuan	15	14.6	14.6	100.0
Total	103	100.0	100.0	

B. Agama

Statistics

Agama

N	Valid	103
	Missing	0
Mean		1.019
Median		1.000
Mode		1.0
Minimum		1.0
Maximum		2.0

Agama

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Islam	101	98.1	98.1	98.1
Valid Kristen	2	1.9	1.9	100.0
Total	103	100.0	100.0	

C. Suku Bangsa

Statistics

Suku Bangsa

N	Valid	103
	Missing	0
Mean		1.515
Median		1.000
Mode		1.0
Minimum		1.0
Maximum		6.0

Suku Bangsa

	Frequency	Percent	Valid Percent	Cumulative Percent
Jawa	74	71.8	71.8	71.8
Sunda	19	18.4	18.4	90.3
Padang	1	1.0	1.0	91.3
Valid Bugis	5	4.9	4.9	96.1
Batak	3	2.9	2.9	99.0
Bali	1	1.0	1.0	100.0
Total	103	100.0	100.0	

D. Nilai Rata-rata Raport

Case Processing Summary

		N	%
Cases	Valid	103	100.0
	Excluded ^a	0	.0
	Total	103	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	Cronbach's Alpha Based on Standardized Items	N of Items
.136	.169	2

Item Statistics

	Mean	Std. Deviation	N
Nilai rata-rata raport	76.57	5.696	103
ScorePA	90.40	11.707	103

Inter-Item Correlation Matrix

	Nilai rata-rata raport	ScorePA
Nilai rata-rata raport	1.000	.092
ScorePA	.092	1.000

Summary Item Statistics

	Mean	Minimum	Maximum	Range	Maximum / Minimum	Variance	N of Items
Item Means	83.482	76.565	90.398	13.833	1.181	95.676	2

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item- Total Correlation	Squared Multiple Correlation	Cronbach's Alpha if Item Deleted
Nilai rata-rata raport	90.40	137.046	.092	.009	.
ScorePA	76.57	32.447	.092	.009	.

Scale Statistics

Mean	Variance	Std. Deviation	N of Items
166.96	181.815	13.484	2

LAMPIRAN F
PENYESUAIAN AKADEMIK DITINJAU DARI DATA PENUNJANG

A. Penyesuaian Akademik Ditinjau Dari Jenis Kelamin

t-Test**Group Statistics**

	Jenis Kelamin	N	Mean	Std. Deviation	Std. Error Mean
PA	Laki-laki	88	89.00	11.373	1.212
	Perempuan	15	98.60	10.500	2.711

Independent Samples Test

	Levene's Test for Equality of Variances	t-test for Equality of Means								
		F	Sig.	t	df	Sig. (2- tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
PA	Equal variances assumed	.533	.467	-3.053	101	.003	-9.600	3.144	-15.838	-3.362
	Equal variances not assumed			-3.232	20.030	.004	-9.600	2.970	-15.795	-3.405

B. Penyesuaian akademik ditinjau dari Agama

t-Test

Group Statistics

	Agama	N	Mean	Std. Deviation	Std. Error Mean
ScorePA	Islam	101	90.30	11.568	1.151
	Kristen	2	95.50	23.335	16.500

Independent Samples Test

	Levene's Test for Equality of Variances	t-test for Equality of Means								
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
PA	Equal variances assumed	2.390	.125	-.621	101	.536	-5.203	8.385	-21.836	11.430
	Equal variances not assumed			-.315	1.010	.806	-5.203	16.540	-210.627	200.221

C. Penyesuaian akademik ditinjau dari suku bangsa

Oneway**ANOVA**

ScorePA

	Sum of Squares	df	Mean Square	F	Sig.
Between Groups	899.183	5	179.837	1.334	.256
Within Groups	13079.496	97	134.840		
Total	13978.680	102			

D. Penyesuaian akademik ditinjau dari nilai rata-rata raport

Reliability**Case Processing Summary**

		N	%
Cases	Valid	103	100.0
	Excluded ^a	0	.0
	Total	103	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	Cronbach's Alpha Based on Standardized Items	N of Items
.136	.169	2

Item Statistics

	Mean	Std. Deviation	N
Nilai rata-rata raport	76.57	5.696	103
ScorePA	90.40	11.707	103

Inter-Item Correlation Matrix

	Nilai rata-rata raport	ScorePA
Nilai rata-rata raport	1.000	.092
ScorePA	.092	1.000

Summary Item Statistics

	Mean	Minimum	Maximum	Range	Maximum / Minimum	Variance	N of Items
Item Means	83.482	76.565	90.398	13.833	1.181	95.676	2

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Squared Multiple Correlation	Cronbach' s Alpha if Item Deleted
Nilai rata-rata raport	90.40	137.046	.092	.009	.
ScorePA	76.57	32.447	.092	.009	.

Scale Statistics

Mean	Variance	Std. Deviation	N of Items
166.96	181.815	13.484	2