ABSTRACT

Gastritis or known by the diseases of ulcer is an inflammation in the mucosa of the stomach that caused by irritation and infections. A symptom of gastritis namely ulu kelurahan heart pain, discomfort, pain in the digestive tract, nausea, vomiting, bloated, the hull feels full and headache. The purpose of this research analyze relations stress by gastritis at adult age. This study using methods of observational analytic descriptive with the design cross sectional. The sampling method of using techniques total of sampling in 57 residents at adult age. Engineering analysis using chi square. The results of research showing that the value of p 0.038 and value of p value is smaller than alpha (0.05) H0 then rejected, it means the level of stress associated with significantly gastritis. It is suggested that health workers continue to motivation by residents in rw 05 Kp. Bantar Panjang village cileles to lighten the burden on psychological and to provide information through extension activities to the community should reduce the stress, Because it could caused gastritis, an effort to reduce stress is not take overtime and see a break.

Keywords : Stress, Gastritis, Age Adults

Literatur : (2006-2015)