ESA UNGGUL UNIVERSITY FACULTY OF HEALTH SCIENCE PROFESSIONAL STUDY PROGRAM NURSES Final Report, July 2016

SEPTI ANGGRAINI 2015-35-010

"NURSING CLIENT DISEASE CHRONIC KIDNEY (CKD) USING GARGLE WITH MOUTHWASH TASTE MINT FLAVOR THIRSTY OF CHANGES IN THE TREATMENT GENERAL HOSPITAL FLOOR 6 PRESIDENTIAL JAKARTA GATOT SOEBROTO ARMY HOSPITAL."

xiv+ 5 Chapter + 137 Pages + 51 Tables + 2 pictures + 2attachments

ABSTRACT

CKD is a state of the occurrence of kidney damage or glomerular filtration rate < 60 mL / min within 3 months or more. Various clinical manifestations can be experienced by patients with CKD due to increased levels of urea in the blood, one of which is excess fluid volume. The purpose of this case study is to identify nursing care for each patient with CKD in the General Care Floor 6 RSPAD Gatot Subroto Jakarta 2015. Characteristics of patients who responded to the case study CKD disease an average age of 51-60 years. The majority of client classification Chronic Kidney Diesase is at stage V and already undergoing hemodialysis. Obtained nursing problems on the client CKD is excess fluid volume, changes in breathing patterns, nutritional imbalance is less than the body needs, ineffective peripheral tissue perfusion, activity intolerance, the risk of disruption of gas exchange, risk of infection and impaired skin integrity. From the results of the case study authors found was a patient of Chronic Kidney Disease undergoing hemodialysis therapy generally complain of thirst and dry mouth. The state of dry mouth and thirst because the reduced salivary secretion is estimated to occur in 70-90% of patients on hemodialysis. Gargle with mouthwash mint flavor is one that can be given to the treatment of hemodialysis patients who feel thirsty. The results showed that there is influence gargling with mouthwash to changes thirst in patients with Chronic Kidney Disease with hemodialysis. It is suggested to Gatot Subroto Army Hospital to restriction in the use of liquid by means of rinsing using mouthwash mint in patients with hemodialysis.

Keywords: CKD patients, nursing care innovation