



DATA LAMPIRAN



LAMPIRAN A
SKALA *SELF EFFICACY* DAN
ADVERSITY QUOTIENT
SETELAH UJI COBA

Kuisisioner SE setelah try out

Selamat Pagi/Siang/Sore,

Perkenalkan saya Rini mahasiswi jurusan Psikologi. Saya mengucapkan terima kasih atas kesediaan Bapak/Ibu/Saudara/i untuk membantu saya dalam menyelesaikan tugas akhir. Saya mengharapkan kejujuran Bapak/Ibu/Saudara/i dalam mengisi kuesioner ini sesuai dengan kondisi yang sebenarnya. Peneliti bertanggung jawab untuk data yang telah diberikan dan tidak akan menyebarkan.

Bapak/Ibu/Saudara/i diminta untuk memberikan satu kali tanda silang (X) pada kolom di sebelah kanan pada setiap pernyataan yang sesuai dengan keadaan diri anda dengan keterangan :

SS : Sangat Sesuai

S : Sesuai

TS : Tidak Sesuai

STS : Sangat Tidak Sesuai

Apabila Sangat Sesuai dengan Bapak/Ibu/Saudara/i, maka dapat memberi tanda silang (X) pada kolom SS, seperti gambar dibawah ini:

No	Pernyataan	SS	S	TS	STS
1	Saya mudah menemukan ide untuk mengatasi permasalahan dalam tugas	X			

Identitas Responden:

1. Jenis Kelamin : L/P
2. Usia : tahun
3. Mengikuti Terapi PTRM sejak :
4. Pernah *drop out* : YA/TIDAK

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No	Pernyataan	SS	S	TS	STS
2	Saya mudah terbujuk untuk membolos				
3	Saya selalu bangun pagi untuk terapi				
4	Saya tidak mampu menyelesaikan terapi tepat waktu				
5	Saya mampu membagi waktu antara bekerja dengan terapi				
6	Saya malas mengurus surat pindah layanan terapi				
7	Saya mampu mengikuti aturan terapi dengan baik				
8	Saya tidak mampu datang terapi tepat waktu jika tidak diingatkan				
11	Saya yakin mampu menurunkan dosis metadon				
12	Saya kesulitan untuk mengikuti arahan petugas				
13	Saya tetap datang terapi meski tidak enak badan				
14	Saya kesulitan menolak keinginan untuk kembali menggunakan narkoba suntik				
16	Saya tidak yakin dapat menurunkan dosis metadon				
17	Saya mampu menyelesaikan tugas yang diberikan petugas				
18	Saya tidak mampu menolak ajakan rekan untuk kembali nyuntik				
20	Saya kesulitan untuk hadir terapi sesuai dengan waktu yang telah ditentukan				
22	Suasana terapi yang membosankan membuat saya malas datang terapi				



LAMPIRAN B
UJI VALIDITAS DAN
RELIABILITAS

A. Skala *self efficacy*

- Putaran *try out* ke-1

Case Processing Summary

		N	%
Cases	Valid	30	100.0
	Excluded ^a	0	.0
	Total	30	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
.903	54

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
aitem_1	151.03	305.206	.255	.902
aitem_2	151.30	305.114	.338	.902
aitem_3	151.40	298.524	.495	.900
aitem_4	151.60	297.076	.501	.900
aitem_5	151.67	301.816	.323	.902
aitem_6	152.03	295.689	.536	.899
aitem_7	151.03	304.033	.399	.901
aitem_8	151.50	297.362	.525	.900
aitem_9	151.17	308.626	.127	.904
aitem_10	151.63	309.964	.061	.904
aitem_11	151.27	300.685	.454	.900
aitem_12	151.70	299.183	.430	.901
aitem_13	151.23	296.599	.539	.899
aitem_14	152.17	295.592	.464	.900
aitem_15	151.20	307.683	.240	.902
aitem_16	151.47	289.913	.650	.898
aitem_17	151.37	302.171	.397	.901

aitem_18	151.70	297.666	.459	.900
aitem_19	151.70	303.252	.270	.902
aitem_20	151.97	290.654	.576	.898
aitem_21	151.13	308.326	.167	.903
aitem_22	151.57	301.151	.387	.901
aitem_23	151.23	303.082	.411	.901
aitem_24	152.30	295.734	.388	.901
aitem_25	151.30	294.631	.542	.899
aitem_26	151.83	300.833	.358	.901
aitem_27	151.23	300.047	.438	.901
aitem_28	151.73	300.478	.360	.901
aitem_29	151.30	306.010	.333	.902
aitem_30	152.03	292.999	.574	.899
aitem_31	151.17	300.351	.515	.900
aitem_32	152.00	300.621	.385	.901
aitem_33	151.73	304.478	.205	.903
aitem_34	151.60	297.007	.478	.900
aitem_35	151.33	294.713	.549	.899
aitem_36	151.80	299.200	.396	.901
aitem_37	151.87	317.982	-.244	.907
aitem_38	151.80	300.924	.339	.902
aitem_39	151.37	303.895	.391	.901
aitem_40	151.63	297.964	.488	.900
aitem_41	151.47	300.809	.436	.901
aitem_42	151.87	302.533	.237	.903
aitem_43	151.07	301.030	.461	.900
aitem_44	152.10	302.093	.339	.902
aitem_45	151.20	304.441	.374	.901
aitem_46	152.20	311.752	-.013	.906
aitem_47	151.43	318.530	-.221	.908
aitem_48	151.80	296.234	.674	.899
aitem_49	151.47	300.809	.327	.902
aitem_50	151.73	297.444	.548	.899
aitem_51	151.40	296.938	.524	.900
aitem_52	151.77	296.047	.505	.900
aitem_53	151.30	308.976	.115	.904
aitem_54	152.07	304.271	.182	.904

- Putaran *try out* ke-2

Case Processing Summary

		N	%
Cases	Valid	30	100.0
	Excluded ^a	0	.0
	Total	30	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
.923	41

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
aitem_2	114.00	260.690	.396	.922
aitem_3	114.10	256.300	.467	.921
aitem_4	114.30	253.321	.539	.920
aitem_5	114.37	258.240	.339	.922
aitem_6	114.73	252.409	.559	.920
aitem_7	113.73	261.237	.372	.922
aitem_8	114.20	253.890	.553	.920
aitem_11	113.97	256.447	.509	.921
aitem_12	114.40	255.352	.465	.921
aitem_13	113.93	252.616	.588	.920
aitem_14	114.87	252.809	.467	.921
aitem_16	114.17	249.040	.603	.919
aitem_17	114.07	258.823	.406	.922
aitem_18	114.40	253.766	.499	.921
aitem_20	114.67	247.057	.616	.919
aitem_22	114.27	258.133	.385	.922
aitem_23	113.93	259.582	.426	.921
aitem_24	115.00	253.241	.381	.923
aitem_25	114.00	251.586	.558	.920

aitem_26	114.53	258.533	.330	.922
aitem_27	113.93	257.720	.410	.921
aitem_28	114.43	257.357	.363	.922
aitem_29	114.00	262.276	.352	.922
aitem_30	114.73	249.651	.604	.919
aitem_31	113.87	257.016	.531	.921
aitem_32	114.70	257.321	.394	.922
aitem_34	114.30	252.700	.535	.920
aitem_35	114.03	252.033	.552	.920
aitem_36	114.50	256.879	.374	.922
aitem_38	114.50	258.190	.327	.923
aitem_39	114.07	260.961	.373	.922
aitem_40	114.33	256.023	.452	.921
aitem_41	114.17	258.626	.397	.922
aitem_43	113.77	257.220	.497	.921
aitem_44	114.80	258.166	.369	.922
aitem_45	113.90	261.334	.363	.922
aitem_48	114.50	253.914	.655	.919
aitem_49	114.17	258.489	.301	.923
aitem_50	114.43	254.944	.536	.920
aitem_51	114.10	254.852	.497	.921
aitem_52	114.47	252.740	.527	.920



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LAMPIRAN C
UJI PENGARUH



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A. Pengaruh *Self Efficacy* terhadap *Adversity Quotient*

Case Processing Summary

	Cases					
	Valid		Missing		Total	
	N	Percent	N	Percent	N	Percent
Kategori_SE * KategoriAI	120	100.0%	0	0.0%	120	100.0%

Kategori_SE * KategoriAI Crosstabulation

		KategoriAI			Total	
		Climber	Camper	Quiter		
Kategori_SE	Rendah	Count	17	21	27	65
		Expected Count	20.6	23.8	20.6	65.0
		% of Total	14.2%	17.5%	22.5%	54.2%
	Tinggi	Count	21	23	11	55
		Expected Count	17.4	20.2	17.4	55.0
		% of Total	17.5%	19.2%	9.2%	45.8%
Total		Count	38	44	38	120
		Expected Count	38.0	44.0	38.0	120.0
		% of Total	31.7%	36.7%	31.7%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)
Pearson Chi-Square	6.460 ^a	2	.040
Likelihood Ratio	6.630	2	.036
N of Valid Cases	120		

a. 0 cells (.0%) have expected count less than 5. The minimum expected count is 17.42.



LAMPIRAN D
FREKUENSI GAMBARAN UMUM
PASIEN PTRM

1. Usia

Statistics

Usia

N	Valid	120
	Missing	0
Mean		1.09
Std. Deviation		.290
Minimum		1
Maximum		2

Usia

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid DA	109	90.8	90.8	90.8
DT	11	9.2	9.2	100.0
Total	120	100.0	100.0	

2. Jenis Kelamin

Statistics

JK

N	Valid	120
	Missing	0
Mean		1.17
Std. Deviation		.374
Minimum		1
Maximum		2

JK

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Laki-laki	100	83.3	83.3	83.3
Perempuan	20	16.7	16.7	100.0
Total	120	100.0	100.0	

3. Pengalaman *drop out*

Statistics

Dropout

N	Valid	120
	Missing	0
Mean		1.39
Std. Deviation		.490
Minimum		1
Maximum		2

Dropout

	Frequency	Percent	Valid Percent	Cumulative Percent
T	73	60.8	60.8	60.8
Valid Y	47	39.2	39.2	100.0
Total	120	100.0	100.0	

4. Lama Terapi

Statistics

Lama_Terapi

N	Valid	120
	Missing	0
Mean		6.14
Std. Deviation		3.144
Minimum		1
Maximum		15

Lama_Terapi

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid 1	3	2.5	2.5	2.5
2	24	20.0	20.0	22.5
3	4	3.3	3.3	25.8
4	6	5.0	5.0	30.8
5	19	15.8	15.8	46.7
6	3	2.5	2.5	49.2
7	17	14.2	14.2	63.3
8	12	10.0	10.0	73.3

9	11	9.2	9.2	82.5
10	14	11.7	11.7	94.2
11	4	3.3	3.3	97.5
12	2	1.7	1.7	99.2
15	1	.8	.8	100.0
Total	120	100.0	100.0	

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LAMPIRAN E
KATEGORISASI



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1. Self Efficacy

Statistics

Self_Efficacy

N	Valid	120
	Missing	0
Mean		117.87
Std. Deviation		13.456
Minimum		95
Maximum		158

KategoriSE

	Frequency	Percent	Valid Percent	Cumulative Percent
Rendah	65	54.2	54.2	54.2
Valid Tinggi	55	45.8	45.8	100.0
Total	120	100.0	100.0	

1	120	Tinggi
2	110	Rendah
3	135	Tinggi
4	110	Rendah
5	128	Tinggi
6	127	Tinggi
7	132	Tinggi
8	117	Rendah
9	115	Rendah
10	143	Tinggi
11	111	Rendah
12	130	Tinggi
13	109	Rendah
14	114	Rendah
15	98	Rendah
16	118	Tinggi

17	128	Tinggi
18	129	Tinggi
19	138	Tinggi
20	108	Rendah
21	126	Tinggi
22	101	Rendah
23	116	Rendah
24	104	Rendah
25	116	Rendah
26	137	Tinggi
27	120	Tinggi
28	119	Tinggi
29	108	Rendah
30	108	Rendah
31	117	Rendah
32	97	Rendah
33	101	Rendah
34	106	Rendah
35	120	Tinggi
36	129	Tinggi
37	127	Tinggi
38	122	Tinggi
39	125	Tinggi
40	139	Tinggi
41	124	Tinggi
42	114	Rendah
43	122	Tinggi
44	114	Rendah
45	102	Rendah
46	106	Rendah

47	119	Tinggi
48	107	Rendah
49	121	Tinggi
50	129	Tinggi
51	107	Rendah
52	97	Rendah
53	110	Rendah
54	131	Tinggi
55	119	Tinggi
56	138	Tinggi
57	114	Rendah
58	125	Tinggi
59	137	Tinggi
60	102	Rendah
61	114	Rendah
62	97	Rendah
63	125	Tinggi
64	115	Rendah
65	114	Rendah
66	146	Tinggi
67	109	Rendah
68	114	Rendah
69	100	Rendah
70	152	Tinggi
71	95	Rendah
72	113	Rendah
73	131	Tinggi
74	115	Rendah
75	96	Rendah
76	114	Rendah

77	103	Rendah
78	127	Tinggi
79	128	Tinggi
80	143	Tinggi
81	98	Rendah
82	108	Rendah
83	119	Tinggi
84	108	Rendah
85	120	Tinggi
86	105	Rendah
87	106	Rendah
88	106	Rendah
89	114	Rendah
90	102	Rendah
91	110	Rendah
92	119	Tinggi
93	117	Rendah
94	157	Tinggi
95	127	Tinggi
96	146	Tinggi
97	108	Rendah
98	158	Tinggi
99	114	Rendah
100	132	Tinggi
101	124	Tinggi
102	127	Tinggi
103	139	Tinggi
104	137	Tinggi
105	106	Rendah
106	108	Rendah

107	127	Tinggi
108	124	Tinggi
109	109	Rendah
110	106	Rendah
111	110	Rendah
112	106	Rendah
113	104	Rendah
114	109	Rendah
115	105	Rendah
116	108	Rendah
117	122	Tinggi
118	120	Tinggi
119	127	Tinggi
120	105	Rendah

2. Adversity Quotient

Statistics

Adversity_Quotient

N	Valid	120
	Missing	0
Mean		116.27
Std. Deviation		17.831
Minimum		58
Maximum		157

Hasil Hitung Manual

$$(\mu + 0,5\sigma) \leq X$$

$$(116,27 + 0,5(17,83)) \leq X$$

$$(116,27 + 8,91) \leq X$$

$$125,18 \leq X \text{ (climber)}$$

$$(\mu - 0,5\sigma) \leq X < (\mu + 0,5\sigma)$$

$$(116,27 - 0,5(17,83)) \leq X < (116,27 + 0,5(17,83))$$

$$(116,27 - 8,91) \leq X < (116,27 + 8,91)$$

$$107,36 \leq X < 125,18 \text{ (camper)}$$

$$X < (\mu - 0,5\sigma)$$

$$X < (116,27 - 0,5(17,83))$$

$$X < (116,27 - 8,91)$$

$$X < 107,36 \text{ (quiter)}$$

KategoriAQ

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Climber	38	31.7	31.7
	Camper	44	36.7	68.3
	Quiter	38	31.7	100.0
	Total	120	100.0	100.0

1	130	Climber
2	94	Quiter
3	118	Camper
4	96	Quiter
5	120	Camper
6	87	Quiter
7	100	Quiter
8	110	Camper
9	113	Camper
10	138	Climber
11	140	Climber
12	100	Quiter
13	87	Quiter
14	96	Quiter

15	112	Camper
16	118	Camper
17	96	Quiter
18	144	Climber
19	109	Camper
20	134	Climber
21	111	Camper
22	103	Quiter
23	101	Quiter
24	128	Climber
25	137	Climber
26	135	Climber
27	124	Camper
28	119	Camper
29	117	Camper
30	100	Quiter
31	87	Quiter
32	127	Climber
33	157	Climber
34	136	Climber
35	131	Climber
36	121	Camper
37	92	Quiter
38	108	Camper
39	123	Camper
40	143	Climber
41	128	Climber
42	109	Camper
43	112	Camper
44	116	Camper

45	139	Climber
46	126	Climber
47	139	Climber
48	137	Climber
49	141	Climber
50	74	Quiter
51	113	Camper
52	122	Camper
53	97	Quiter
54	111	Camper
55	124	Camper
56	144	Climber
57	110	Camper
58	111	Camper
59	100	Quiter
60	106	Quiter
61	117	Camper
62	136	Climber
63	135	Climber
64	102	Quiter
65	93	Quiter
66	151	Climber
67	83	Quiter
68	103	Quiter
69	103	Quiter
70	96	Quiter
71	105	Quiter
72	97	Quiter
73	134	Climber
74	111	Camper

75	134	Climber
76	119	Camper
77	140	Climber
78	138	Climber
79	121	Camper
80	138	Climber
81	112	Camper
82	134	Climber
83	137	Climber
84	100	Quiter
85	128	Climber
86	124	Camper
87	110	Camper
88	104	Quiter
89	93	Quiter
90	106	Quiter
91	113	Camper
92	114	Camper
93	144	Climber
94	123	Camper
95	136	Climber
96	109	Camper
97	124	Camper
98	144	Climber
99	102	Quiter
100	125	Camper
101	58	Quiter
102	68	Quiter
103	127	Climber
104	127	Climber

105	104	Quiter
106	106	Quiter
107	112	Camper
108	120	Camper
109	105	Quiter
110	110	Camper
111	105	Quiter
112	124	Camper
113	125	Camper
114	103	Quiter
115	124	Camper
116	131	Climber
117	103	Quiter
118	121	Camper
119	112	Camper
120	128	Climber



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LAMPIRAN E
TABULASI SILANG



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1. Usia * AQ

Case Processing Summary

	Cases					
	Valid		Missing		Total	
	N	Percent	N	Percent	N	Percent
Usia * KategoriAQ	120	100.0%	0	0.0%	120	100.0%

Usia * KategoriAQ Crosstabulation

Count		KategoriAQ			Total
		Climber	Camper	Quiter	
Usia	DA	32	42	35	109
	DT	6	2	3	11
Total		38	44	38	120

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)
Pearson Chi-Square	3.204 ^a	2	.201
Likelihood Ratio	3.120	2	.210
Linear-by-Linear Association	1.410	1	.235
N of Valid Cases	120		

a. 3 cells (50.0%) have expected count less than 5. The minimum expected count is 3.48.

2. Jenis kelamin* AQ

Case Processing Summary

	Cases					
	Valid		Missing		Total	
	N	Percent	N	Percent	N	Percent
JK * KategoriAQ	120	100.0%	0	0.0%	120	100.0%

JK * KategoriAQ Crosstabulation

Count		KategoriAQ			Total
		Climber	Camper	Quiter	
JK	Laki-laki	31	34	35	100
	Perempuan	7	10	3	20

Total	38	44	38	120
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Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)
Pearson Chi-Square	3.353 ^a	2	.187
Likelihood Ratio	3.673	2	.159
Linear-by-Linear Association	1.503	1	.220
N of Valid Cases	120		

a. 0 cells (.0%) have expected count less than 5. The minimum expected count is 6.33.

3. Pengalaman *Drop out**AQ

Case Processing Summary

	Cases					
	Valid		Missing		Total	
	N	Percent	N	Percent	N	Percent
Dropout * KategoriAQ	120	100.0%	0	0.0%	120	100.0%

Dropout * KategoriAQ Crosstabulation

Count		KategoriAQ			Total
		Climber	Camper	Quiter	
Dropout	T	21	29	23	73
	Y	17	15	15	47
Total		38	44	38	120

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)
Pearson Chi-Square	.972 ^a	2	.615
Likelihood Ratio	.973	2	.615
Linear-by-Linear Association	.219	1	.640
N of Valid Cases	120		

a. 0 cells (.0%) have expected count less than 5. The minimum expected count is 14.88.

4. Lama terapi*AQ

Case Processing Summary

	Cases					
	Valid		Missing		Total	
	N	Percent	N	Percent	N	Percent
Lama_Terapi * KategoriAQ	120	100.0%	0	0.0%	120	100.0%

Lama_Terapi * KategoriAQ Crosstabulation

Count		KategoriAQ			Total
		Climber	Camper	Quiter	
1		3	0	0	3
2		8	9	7	24
3		1	1	2	4
4		1	1	4	6
5		4	7	8	19
6		1	1	1	3
Lama_Terapi	7	6	7	4	17
8		5	5	2	12
9		2	5	4	11
10		7	4	3	14
11		0	1	3	4
12		0	2	0	2
15		0	1	0	1
Total		38	44	38	120

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)
Pearson Chi-Square	25.864 ^a	24	.360
Likelihood Ratio	27.553	24	.279
Linear-by-Linear Association	.012	1	.913
N of Valid Cases	120		

a. 29 cells (74.4%) have expected count less than 5. The minimum expected count is .32.